

**RCW 74.42.300 Nutritionist—Menus, special diets.** (1) The facility shall have a staff member trained or experienced in food management and nutrition responsible for planning menus that meet the requirements of subsection (2) of this section and supervising meal preparation and service to insure that the menu plan is followed.

(2) The menu plans shall follow the orders of the resident's physician.

(3) The facility shall:

- (a) Meet the nutritional needs of each resident;
- (b) Have menus written in advance;
- (c) Provide a variety of foods at each meal;
- (d) Provide daily and weekly variations in the menus; and
- (e) Adjust the menus for seasonal changes.

(4) If the facility has residents who require medically prescribed special diets, the menus for those residents shall be planned by a professionally qualified dietitian or reviewed and approved by the attending physician. The preparation and serving of meals shall be supervised to insure that the resident accepts the special diet. [1979 ex.s. c 211 § 30.]