## HOUSE BILL 2667

State of Washington 60th Legislature 2008 Regular Session

**By** Representatives Morrell, McCoy, Green, Hunt, Wallace, Cody, Pedersen, and Kenney

Read first time 01/15/08. Referred to Committee on Health Care & Wellness.

AN ACT Relating to delegation of nursing tasks to care for persons with diabetes; amending RCW 18.79.260 and 18.88A.210; and creating a new section.

4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

5 NEW SECTION. Sec. 1. (1) The legislature finds that Washington state has developed a strong community-based long-term care system in 6 an effort to honor the desire of elderly persons and persons with 7 8 disabilities to live in their own home or other home-like settings and to provide long-term care services in a cost-effective manner. 9 The 10 legislature further finds that more than fifteen percent of adults over age sixty-five in Washington state have diabetes. 11 Current nurse 12 delegation statutes limit the ability of elderly and disabled persons with diabetes to remain in their own homes or in other home-like long-13 14 term care settings.

15 (2) It is the intent of the legislature to modify nurse delegation 16 statutes to the extent needed to enable elderly persons and persons 17 with disabilities who have diabetes to continue to reside in their own 18 home or other home-like settings. While blood glucose testing is 1 already a task that can be delegated, the legislature intends to 2 authorize nurse delegation of administration of insulin injections as 3 provided in this act.

4 Sec. 2. RCW 18.79.260 and 2003 c 140 s 2 are each amended to read 5 as follows:

6 (1) A registered nurse under his or her license may perform for 7 compensation nursing care, as that term is usually understood, to 8 individuals with illnesses, injuries, or disabilities.

(2) A registered nurse may, at or under the general direction of a 9 licensed physician and surgeon, dentist, osteopathic physician and 10 11 surgeon, naturopathic physician, podiatric physician and surgeon, physician assistant, osteopathic physician assistant, or advanced 12 registered nurse practitioner acting within the scope of his or her 13 license, administer medications, treatments, tests, and inoculations, 14 15 whether or not the severing or penetrating of tissues is involved and 16 whether or not a degree of independent judgment and skill is required. 17 Such direction must be for acts which are within the scope of 18 registered nursing practice.

19 (3) A registered nurse may delegate tasks of nursing care to other 20 individuals where the registered nurse determines that it is in the 21 best interest of the patient.

22 (a) The delegating nurse shall:

23 (i) Determine the competency of the individual to perform the 24 tasks;

25 (ii) Evaluate the appropriateness of the delegation;

26 (iii) Supervise the actions of the person performing the delegated 27 task; and

28 (iv) Delegate only those tasks that are within the registered 29 nurse's scope of practice.

30 (b) A registered nurse, working for a home health or hospice agency 31 regulated under chapter 70.127 RCW, may delegate the application, 32 instillation, or insertion of medications to a registered or certified 33 nursing assistant under a plan of care.

34 (c) Except as authorized in (b) or (e) of this subsection, a
 35 registered nurse may not delegate the administration of medications.
 36 Except as authorized in (e) of this subsection, a registered nurse may

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1 not delegate acts requiring substantial skill, and may not delegate 2 piercing or severing of tissues. Acts that require nursing judgment 3 shall not be delegated.

4 (d) No person may coerce a nurse into compromising patient safety 5 by requiring the nurse to delegate if the nurse determines that it is 6 inappropriate to do so. Nurses shall not be subject to any employer 7 reprisal or disciplinary action by the nursing care quality assurance 8 commission for refusing to delegate tasks or refusing to provide the 9 required training for delegation if the nurse determines delegation may 10 compromise patient safety.

(e) For delegation in community-based care settings or in-home care settings, a registered nurse may delegate nursing care tasks only to registered or certified nursing assistants. Simple care tasks such as blood pressure monitoring, personal care service, <u>diabetic insulin</u> <u>device set up</u>, <u>verbal verification of insulin dosage for sight-impaired</u> <u>individuals</u>, or other tasks as defined by the nursing care quality assurance commission are exempted from this requirement.

18 "Community-based care settings" (i) includes: Community residential programs for ((the developmentally disabled)) people with 19 developmental disabilities, certified by the department of social and 20 health services under chapter 71A.12 RCW; adult family homes licensed 21 22 under chapter 70.128 RCW; and boarding homes licensed under chapter 18.20 RCW. Community-based care settings do not include acute care or 23 24 skilled nursing facilities.

(ii) "In-home care settings" include an individual's place of temporary or permanent residence, but does not include acute care or skilled nursing facilities, and does not include community-based care settings as defined in (e)(i) of this subsection.

(iii) Delegation of nursing care tasks in community-based care settings and in-home care settings is only allowed for individuals who have a stable and predictable condition. "Stable and predictable condition" means a situation in which the individual's clinical and behavioral status is known and does not require the frequent presence and evaluation of a registered nurse.

35 (iv) The determination of the appropriateness of delegation of a 36 nursing task is at the discretion of the registered nurse. ((However)) 37 Other than delegation of the administration of insulin by injection for

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1 <u>the purpose of caring for individuals with diabetes</u>, the administration 2 of medications by injection, sterile procedures, and central line 3 maintenance may never be delegated.

(v) When delegating insulin injections under this subsection 4 (3)(e), the registered nurse delegator must instruct the individual 5 regarding proper injection procedures and the use of insulin, 6 demonstrate proper injection procedures, and supervise and evaluate the 7 individual performing the delegated task weekly during the first four 8 weeks of delegation of insulin injections. If the registered nurse 9 delegator determines that the individual is competent to perform the 10 injection properly and safely, supervision and evaluation shall occur 11 12 at least every ninety days thereafter.

13 (vi) The registered nurse shall verify that the nursing assistant 14 has completed the required core nurse delegation training required in 15 chapter 18.88A RCW prior to authorizing delegation.

16 ((<del>(vi)</del>)) <u>(vii)</u> The nurse is accountable for his or her own 17 individual actions in the delegation process. Nurses acting within the 18 protocols of their delegation authority are immune from liability for 19 any action performed in the course of their delegation duties.

20 (((vii))) (viii) Nursing task delegation protocols are not intended 21 to regulate the settings in which delegation may occur, but are 22 intended to ensure that nursing care services have a consistent 23 standard of practice upon which the public and the profession may rely, 24 and to safeguard the authority of the nurse to make independent 25 professional decisions regarding the delegation of a task.

26 (f) The nursing care quality assurance commission may adopt rules 27 to implement this section.

(4) Only a person licensed as a registered nurse may instructnurses in technical subjects pertaining to nursing.

30 (5) Only a person licensed as a registered nurse may hold herself 31 or himself out to the public or designate herself or himself as a 32 registered nurse.

33 **Sec. 3.** RCW 18.88A.210 and 2003 c 140 s 5 are each amended to read 34 as follows:

(1) A nursing assistant meeting the requirements of this sectionwho provides care to individuals in community-based care settings or

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1 in-home care settings, as defined in RCW 18.79.260(3), may accept 2 delegation of nursing care tasks by a registered nurse as provided in 3 RCW 18.79.260(3).

4 (2) For the purposes of this section, "nursing assistant" means a
5 nursing assistant-registered or a nursing assistant-certified. Nothing
6 in this section may be construed to affect the authority of nurses to
7 delegate nursing tasks to other persons, including licensed practical
8 nurses, as authorized by law.

(3)(a) Before commencing any specific nursing care tasks authorized 9 under this chapter, the nursing assistant must  $\left(\left(\frac{1}{2}\right)\right)$  (i) provide to 10 11 the delegating nurse a certificate of completion issued by the 12 department of social and health services indicating the completion of 13 basic core nurse delegation training, (((b))) (ii) be regulated by the department of health pursuant to this chapter, subject to the uniform 14 disciplinary act under chapter 18.130 RCW, and  $((\frac{c}{c}))$  <u>(iii)</u> meet any 15 additional training requirements identified by the nursing care quality 16 17 assurance commission. Exceptions to these training requirements must adhere to RCW 18.79.260(3)(e)(((v))) (vi). 18

(b) In addition to meeting the requirements of (a) of this 19 subsection, before commencing the care of individuals with diabetes 20 21 that involves administration of insulin by injection, the nursing assistant must provide to the delegating nurse a certificate of 22 completion issued by the department of social and health services 23 indicating completion of specialized diabetes nurse delegation 24 training. The training must include, but is not limited to, 25 instruction regarding diabetes, insulin, and proper injection 26 27 procedures.

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