S-5167.1

SUBSTITUTE SENATE BILL 6456

State of Washington 60th Legislature 2008 Regular Session

By Senate Health & Long-Term Care (originally sponsored by Senators Keiser, Kohl-Welles, and McAuliffe; by request of Governor Gregoire)

READ FIRST TIME 02/08/08.

Relating to modifying credentialing standards 1 AN ACT for 2 counselors; amending RCW 18.19.020, 18.19.030, 18.19.040, 18.19.050, 18.19.060, 18.19.090, 18.19.100, 18.225.010, 18.225.020, 18.225.150, 3 18.205.020, 18.205.030, and 18.205.040; adding new sections to chapter 4 18.19 RCW; adding a new section to chapter 18.225 RCW; adding a new 5 6 section to chapter 18.205 RCW; creating new sections; and providing an 7 effective date.

8 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

9 Sec. 1. RCW 18.19.020 and 2001 c 251 s 18 are each amended to read 10 as follows: 11 ((Unless the context clearly requires otherwise,)) The definitions 12 in this section apply throughout this chapter <u>unless the context</u> 13 <u>clearly requires otherwise</u>. 14 (1) <u>"Agency" means an agency or facility operated, licensed, or</u> 15 <u>certified by the state of Washington.</u>

16 (2) "Agency affiliated counselor" means a person registered under 17 this chapter who is engaged in counseling and employed by an agency.

18 (3) "Certified counselor" means a person certified under this 19 chapter who is engaged in private practice counseling. (4) "Client" means an individual who receives or participates in
 counseling or group counseling.

3 $((\frac{2}{2}))$ (5) "Counseling" means employing any therapeutic techniques, including but not limited to social work, mental health 4 counseling, marriage and family therapy, and hypnotherapy, for a fee 5 that offer, assist or attempt to assist an individual or individuals in 6 7 the amelioration or adjustment of mental, emotional, or behavioral problems, and includes therapeutic techniques to achieve sensitivity 8 and awareness of self and others and the development of human 9 10 potential. For the purposes of this chapter, nothing may be construed to imply that the practice of hypnotherapy is necessarily limited to 11 12 counseling.

13 (((3))) <u>(6)</u> "Counselor" means an individual, practitioner, 14 therapist, or analyst who engages in the practice of counseling to the 15 public for a fee, including for the purposes of this chapter, 16 hypnotherapists.

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(((4))) <u>(7)</u> "Department" means the department of health.

18 (((5))) <u>(8) "Hypnotherapist" means a person registered under this</u> 19 <u>chapter who is practicing hypnosis as a modality.</u>

20 (9)"Mental disorder" means, for the purposes of this chapter, a
21 score of sixty or lower on the global assessment of functioning scale
22 as set forth in the 1994 edition of the diagnostic and statistical
23 manual of mental disorders, 4th edition.

(10) "Private practice counseling" means the practice of counseling 24 by a certified counselor and is limited to: (a) Appropriate screening 25 of the client's condition. Recognition of a mental or physical 26 27 disorder requires that the certification holder recommend that the client seek diagnosis and treatment from an appropriate health care 28 professional; and (b) counseling and guiding clients in adjusting to 29 life situations, developing new skills, and making desired changes, in 30 accordance with the theories and techniques of a specific counseling 31 method and established practice standards. 32

33 (11) "Psychotherapy" means the practice of counseling through the 34 diagnosis of mental illness according to the diagnostic and statistical 35 manual of mental disorders, 4th edition, text revision and 36 international classification of diseases codes, and the development of 37 treatment plans for counseling based on a diagnosis in accordance with 38 established practice standards. 1 <u>(12)</u> "Secretary" means the secretary of the department or the 2 secretary's designee.

3 Sec. 2. RCW 18.19.030 and 2001 c 251 s 19 are each amended to read 4 as follows:

5 ((No)) <u>A</u> person may <u>not</u>, ((for a fee or)) as a part of his or her 6 position as an employee of a state agency, practice counseling without 7 being registered to practice <u>as an agency affiliated counselor</u> by the 8 department under this chapter unless exempt under RCW 18.19.040.

9 <u>NEW SECTION.</u> Sec. 3. A new section is added to chapter 18.19 RCW 10 to read as follows:

11 A person may not, for a fee or as a part of his or her position as 12 an employee of a state agency, practice hypnotherapy without being 13 registered to practice as a hypnotherapist by the department under this 14 chapter unless exempt under RCW 18.19.040.

15 **Sec. 4.** RCW 18.19.040 and 2001 c 251 s 20 are each amended to read 16 as follows:

17 Nothing in this chapter may be construed to prohibit or restrict:

(1) The practice of a profession by a person who is either registered, certified, licensed, or similarly regulated under the laws of this state and who is performing services within the person's authorized scope of practice, including any attorney admitted to practice law in this state when providing counseling incidental to and in the course of providing legal counsel;

(2) The practice of counseling by an employee or trainee of any federal agency, or the practice of counseling by a student of a college or university, if the employee, trainee, or student is practicing solely under the supervision of and accountable to the agency, college, or university, through which he or she performs such functions as part of his or her position for no additional fee other than ordinary compensation;

31 (3) The practice of counseling by a person ((without a mandatory 32 charge)) for no compensation;

(4) The practice of counseling by persons offering services forpublic and private nonprofit organizations or charities not primarily

1 engaged in counseling for a fee when approved by the organizations or 2 agencies for whom they render their services;

3 (5) Evaluation, consultation, planning, policy-making, research, or
4 related services conducted by social scientists for private
5 corporations or public agencies;

6 (6) The practice of counseling by a person under the auspices of a 7 religious denomination, church, or organization, or the practice of 8 religion itself;

9 (7) The practice of counseling by peer counselors who use their own 10 experience to encourage and support people with similar conditions;

11 (8) Counselors ((whose residency is not)) who reside outside 12 Washington state from providing up to ten days per quarter of training 13 or workshops in the state, as long as they ((don't)) do not hold 14 themselves out to be registered or certified in Washington state.

15 Sec. 5. RCW 18.19.050 and 2001 c 251 s 21 are each amended to read 16 as follows:

17 (1) In addition to any other authority provided by law, the18 secretary has the following authority:

(a) To adopt rules, in accordance with chapter 34.05 RCW, necessaryto implement this chapter;

(b) To set all registration, certification, and renewal fees in
 accordance with RCW 43.70.250 and to collect and deposit all such fees
 in the health professions account established under RCW 43.70.320;

24 (c) To establish forms and procedures necessary to administer this 25 chapter;

26 (d) To hire clerical, administrative, and investigative staff as27 needed to implement this chapter;

(e) To issue a registration <u>or certification</u> to any applicant who
has met the requirements for registration <u>or certification</u>; and

30 (f) To ((develop a dictionary of recognized professions and 31 occupations providing counseling services to the public included under 32 this chapter)) establish education equivalency, examination, 33 supervisory, consultation, and continuing education requirements for 34 certified counselors.

35 (2) The uniform disciplinary act, chapter 18.130 RCW, governs the 36 issuance and denial of registrations <u>and certifications</u> and the 37 discipline of registrants under this chapter. The secretary shall be

the disciplining authority under this chapter. ((The absence of educational or training requirements for counselors registered under this chapter or the counselor's use of nontraditional nonabusive therapeutic techniques shall not, in and of itself, give the secretary authority to unilaterally determine the training and competence or to define or restrict the scope of practice of such individuals.))

7 (3) The department shall publish and disseminate information ((inorder)) to educate the public about the responsibilities of counselors, 8 9 the types of counselors, and the rights and responsibilities of clients 10 established under this chapter. ((Solely for the purposes of administering this education requirement,)) The secretary ((shall)) may 11 12 assess an additional fee for each application and renewal((, equal to five percent of the fee. The revenue collected from the assessment fee 13 14 may be appropriated by the legislature for the department's use in 15 educating consumers pursuant to this section. The authority to charge 16 the assessment fee shall terminate on June 30, 1994)) to fund public education efforts under this section. 17

18 Sec. 6. RCW 18.19.060 and 2001 c 251 s 22 are each amended to read 19 as follows:

20 ((Persons registered under this chapter)) Certified counselors 21 shall provide clients at the commencement of any program of treatment with accurate disclosure information concerning their practice, in 22 23 accordance with guidelines developed by the department, that will 24 inform clients of the purposes of and resources available under this chapter, including the right of clients to refuse treatment, the 25 26 responsibility of clients for choosing the provider and treatment 27 modality which best suits their needs, the and extent of confidentiality provided by this chapter, the department, another 28 29 agency, or other jurisdiction. The disclosure statement must inform the client of the certified counselor's supervisory or consultation 30 arrangement as defined in rules adopted by the secretary. 31 The disclosure information provided by the certified counselor, the receipt 32 of which shall be acknowledged in writing by the certified counselor 33 34 and client, shall include any relevant education and training, the therapeutic orientation of the practice, the proposed course of 35 36 treatment where known, any financial requirements, referral resources, 37 and such other information as the department may require by rule. The

information shall also include a 1 disclosure statement that 2 ((registration)) the certification of an individual under this chapter does not include a recognition of any practice standards, nor 3 4 necessarily imply the effectiveness of any treatment. Certified counselors must also disclose that they are not credentialed to 5 б diagnose or treat mental disorders or to conduct psychotherapy. The client is not liable for any fees or charges for services rendered 7 prior to receipt of the disclosure statement. 8

9 Sec. 7. RCW 18.19.090 and 1991 c 3 s 24 are each amended to read 10 as follows:

11 ((The secretary shall issue a registration to any applicant who 12 submits, on forms provided by the secretary, the applicant's name, address, occupational title, name and location of business, and other 13 information as determined by the secretary, including information 14 necessary to determine whether there are grounds for denial of 15 registration or issuance of a conditional registration under this 16 17 chapter or chapter 18.130 RCW. Applicants for registration shall 18 register as counselors or may register as hypnotherapists if employing hypnosis as a modality. Applicants shall, in addition, provide in 19 20 their titles a description of their therapeutic orientation, discipline, theory, or technique.)) (1) Application for agency 21 affiliated counselor, certified counselor, or hypnotherapist must be 22 23 made on forms approved by the secretary. The secretary may require information necessary to determine whether applicants meet the 24 25 qualifications for the credential and whether there are any grounds for denial of the credential, or for issuance of a conditional credential, 26 under this chapter or chapter 18.130 RCW. The application for agency 27 affiliated counselor or certified counselor must include a description 28 of the applicant's orientation, discipline, theory, or technique. Each 29 30 applicant shall pay a fee determined by the secretary as provided in RCW 43.70.250, which shall accompany the application. 31

32 (2) Applicants for agency affiliated counselor must provide 33 satisfactory documentation that they are employed by an agency or have 34 an offer of employment from an agency.

35 (3) Applicants for certified counselor prior to July 1, 2009, who
 36 are currently registered counselors are required to:

37 (a) Have been registered for no less than five years;

1 (b) Have a registration that is in good standing and be in 2 compliance with any disciplinary process and orders;

3 (c) Show evidence of having completed course work in risk 4 assessment, ethics, appropriate screening and referral, and Washington 5 state law and other subjects identified by the secretary;

(d) Pass an examination in risk assessment, ethics, appropriate
 screening and referral, and Washington state law, and other subjects as
 determined by the secretary; and

9 <u>(e) Have a written consultation agreement with a credential holder</u> 10 who meets the qualifications established by the secretary.

11 (4) Unless eligible for certification under subsection (3) of this 12 section, applicants for certified counselor are required to:

13 (a) Have a bachelors degree in a counseling related field, or the 14 equivalent in education and supervised experience, that may, among 15 other things, include an associate degree in a counseling-related field 16 plus a supervised internship, to be determined by the secretary;

17 (b) Pass an examination in risk assessment, ethics, appropriate 18 screening and referral, and Washington state law, and other subjects as 19 determined by the secretary; and

20 (c) Have a written supervisory agreement with a supervisor who 21 meets the qualifications established by the secretary.

(5) Each applicant shall include payment of the fee determined by
 the secretary as provided in RCW 43.70.250.

24 <u>NEW SECTION.</u> **Sec. 8.** A new section is added to chapter 18.19 RCW 25 to read as follows:

Agency affiliated counselors shall notify the department if they are either no longer employed by the agency identified on their application or are now employed with another agency, or both. Agency affiliated counselors may not engage in the practice of counseling unless they are currently affiliated with an agency.

31 **Sec. 9.** RCW 18.19.100 and 1996 c 191 s 5 are each amended to read 32 as follows:

33 The secretary shall establish administrative procedures, 34 administrative requirements, <u>continuing education</u>, and fees for renewal 35 of ((registrations)) <u>credentials</u> as provided in RCW 43.70.250 and 36 43.70.280. <u>When establishing continuing education requirements for</u>

1 agency affiliated counselors, the secretary shall consult with the

<u>appropriate</u> state agency director responsible for licensing,
certifying, or operating the relevant agency practice setting.

4 **Sec. 10.** RCW 18.225.010 and 2001 c 251 s 1 are each amended to 5 read as follows:

6 ((Unless the context clearly requires otherwise,)) The definitions
7 in this section apply throughout this chapter <u>unless the context</u>
8 <u>clearly requires otherwise</u>.

9 (1) "Advanced social work" means the application of social work 10 theory and methods including emotional and biopsychosocial assessment, 11 psychotherapy under the supervision of a licensed independent clinical 12 social worker, case management, consultation, advocacy, counseling, and 13 community organization.

14 (2) "Applicant" means a person who completes the required
15 application, pays the required fee, is at least eighteen years of age,
16 and meets any background check requirements and uniform disciplinary
17 act requirements.

18 (3) <u>"Associate" means a prelicensure candidate who has a graduate</u> 19 degree in a mental health field under RCW 18.225.090 and is gaining the 20 supervision and supervised experience necessary to become a licensed 21 independent clinical social worker, a licensed advanced social worker, 22 a licensed mental health counselor, or a licensed marriage and family 23 therapist.

24 <u>(4)</u> "Committee" means the Washington state mental health 25 counselors, marriage and family therapists, and social workers advisory 26 committee.

27 28 (((++))) (5) "Department" means the department of health.

(((5))) <u>(6)</u> "Disciplining authority" means the department.

(((+6))) (7) "Independent clinical social work" means the diagnosis and treatment of emotional and mental disorders based on knowledge of human development, the causation and treatment of psychopathology, psychotherapeutic treatment practices, and social work practice as defined in advanced social work. Treatment modalities include but are not limited to diagnosis and treatment of individuals, couples, families, groups, or organizations.

36 (((7))) (8) "Marriage and family therapy" means the diagnosis and 37 treatment of mental and emotional disorders, whether cognitive,

affective, or behavioral, within the context of relationships, 1 2 including marriage and family systems. Marriage and family therapy involves the professional application of psychotherapeutic and family 3 systems theories and techniques in the delivery of services to 4 individuals, couples, and families for the purpose of treating such 5 diagnosed nervous and mental disorders. The practice of marriage and б 7 family therapy means the rendering of professional marriage and family therapy services to individuals, couples, and families, singly or in 8 9 groups, whether such services are offered directly to the general 10 public or through organizations, either public or private, for a fee, monetary or otherwise. 11

12 (((+))) (9) "Mental health counseling" means the application of 13 principles of human development, learning theory, psychotherapy, group 14 dynamics, and etiology of mental illness and dysfunctional behavior to individuals, couples, families, groups, and organizations, for the 15 purpose of treatment of mental disorders and promoting optimal mental 16 17 health and functionality. Mental health counseling also includes, but is not limited to, the assessment, diagnosis, and treatment of mental 18 19 and emotional disorders, as well as the application of a wellness model of mental health. 20

21 (((-9))) (10) "Secretary" means the secretary of health or the 22 secretary's designee.

23 **Sec. 11.** RCW 18.225.020 and 2001 c 251 s 2 are each amended to 24 read as follows:

A person must not represent himself or herself as a licensed advanced social worker, <u>a</u> licensed independent clinical social worker, <u>a</u> licensed mental health counselor, ((or)) <u>a</u> licensed marriage and family therapist, <u>a licensed social work associate--advanced</u>, <u>a</u> <u>licensed social work associate--independent clinical</u>, <u>a licensed mental</u> <u>health counselor associate</u>, or <u>a licensed marriage and family therapist</u> <u>associate</u>, without being licensed by the department.

32 <u>NEW SECTION.</u> Sec. 12. A new section is added to chapter 18.225 33 RCW to read as follows:

34 (1) The secretary shall issue an associate license to any applicant35 who demonstrates to the satisfaction of the secretary that the

1 applicant meets the following requirements for the applicant's practice 2 area and submits a declaration that the applicant is working toward 3 full licensure in that category:

4 (a) Licensed social worker associate--advanced or licensed social
5 worker associate--independent clinical: Graduation from a master's
6 degree or doctoral degree educational program in social work accredited
7 by the council on social work education and approved by the secretary
8 based upon nationally recognized standards.

9 (b) Licensed mental health counselor associate: Graduation from a 10 master's degree or doctoral degree educational program in mental health 11 counseling or a related discipline from a college or university 12 approved by the secretary based upon nationally recognized standards.

(c) Licensed marriage and family therapist associate: Graduation from a master's degree or doctoral degree educational program in marriage and family therapy or graduation from an educational program in an allied field equivalent to a master's degree or doctoral degree in marriage and family therapy approved by the secretary based upon nationally recognized standards.

19 (2) Associates may not provide independent social work, mental 20 health counseling, or marriage and family therapy for a fee, monetary 21 or otherwise. Associates must work under the supervision of an 22 approved supervisor.

(3) Associates shall provide each client or patient, during the
first professional contact, with a disclosure form according to RCW
18.225.100, disclosing that he or she is an associate under the
supervision of an approved supervisor.

(4) The department shall adopt by rule what constitutes adequateproof of compliance with the requirements of this section.

(5) Applicants are subject to the denial of a license or issuance
 of a conditional license for the reasons set forth in chapter 18.130
 RCW.

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(6) An associate license may be renewed no more than four times.

33 **Sec. 13.** RCW 18.225.150 and 2001 c 251 s 15 are each amended to 34 read as follows:

The secretary shall establish by rule the procedural requirements and fees for renewal of a license <u>or associate license</u>. Failure to renew shall invalidate the license <u>or associate license</u> and all

privileges granted by the license. If an associate license has lapsed, 1 2 the person shall submit an updated declaration, in accordance with rules adopted by the department, that the person is working toward full 3 <u>licensure.</u> If a license has lapsed for a period longer than three 4 5 years, the person shall demonstrate competence to the satisfaction of the secretary by taking continuing education courses, or meeting other 6 7 standards determined by the secretary. If an associate license has lapsed, the person shall submit an updated declaration, in accordance 8 with rules adopted by the department, that the person is working toward 9 full licensure. 10

11 **Sec. 14.** RCW 18.205.020 and 1998 c 243 s 2 are each amended to 12 read as follows:

13 ((Unless the context clearly requires otherwise,)) The definitions 14 in this section apply throughout this chapter <u>unless the context</u> 15 <u>clearly requires otherwise</u>.

16 (1) "Certification" means a voluntary process recognizing an 17 individual who qualifies by examination and meets established 18 educational prerequisites, and which protects the title of practice.

19 (2) "Certified chemical dependency professional" means an 20 individual certified in chemical dependency counseling, under this 21 chapter.

22 (3) <u>"Certified chemical dependency professional trainee" means an</u> 23 <u>individual working toward the education and experience requirements for</u> 24 <u>certification as a chemical dependency professional.</u>

25 (4) "Chemical dependency counseling" means employing the core 26 competencies of chemical dependency counseling to assist or attempt to 27 assist an alcohol or drug addicted person to develop and maintain 28 abstinence from alcohol and other mood-altering drugs.

29 (((++))) (5) "Committee" means the chemical dependency certification 30 advisory committee established under this chapter.

31 (((5))) (6) "Core competencies of chemical dependency counseling" means competency in the nationally recognized knowledge, skills, and 32 attitudes of professional practice, including assessment and diagnosis 33 34 of chemical dependency, chemical dependency treatment planning and referral, patient and family education in the disease of chemical 35 36 dependency, individual and group counseling with alcoholic and drug 37 addicted individuals, relapse prevention counseling, and case

1 management, all oriented to assist alcoholic and drug addicted patients 2 to achieve and maintain abstinence from mood-altering substances and 3 develop independent support systems.

4 (((-6))) (7) "Department" means the department of health.

5 ((((7))) <u>(8)</u> "Health profession" means a profession providing health
6 services regulated under the laws of this state.

7 (((+8))) (9) "Secretary" means the secretary of health or the 8 secretary's designee.

9 Sec. 15. RCW 18.205.030 and 2000 c 171 s 41 are each amended to 10 read as follows:

11 No person may represent oneself as a certified chemical dependency 12 professional <u>or certified chemical dependency professional trainee</u> or 13 use any title or description of services of a certified chemical 14 dependency professional <u>or certified chemical dependency professional</u> 15 <u>trainee</u> without applying for certification, meeting the required 16 qualifications, and being certified by the department of health, unless 17 otherwise exempted by this chapter.

18 Sec. 16. RCW 18.205.040 and 1998 c 243 s 4 are each amended to 19 read as follows:

Nothing in this chapter shall be construed to authorize the use of the title "certified chemical dependency professional" <u>or "certified</u> <u>chemical dependency professional trainee"</u> when treating patients in settings other than programs approved under chapter 70.96A RCW.

24 <u>NEW SECTION.</u> Sec. 17. A new section is added to chapter 18.205 25 RCW to read as follows:

(1) The secretary shall issue a trainee certificate to any
applicant who demonstrates to the satisfaction of the secretary that he
or she is working toward the education and experience requirements in
RCW 18.205.090.

30 (2) A trainee certified under this section shall submit to the 31 secretary for approval a declaration, in accordance with rules adopted 32 by the department, that he or she is enrolled in an approved education 33 program and actively pursuing the experience requirements in RCW 34 18.205.090. This declaration must be updated with the trainee's annual 35 renewal.

(3) A trainee certified under this section may practice only under 1 2 the supervision of a certified chemical dependency professional. The first fifty hours of any face-to-face client contact must be under 3 direct observation. All remaining experience must be under supervision 4 5 in accordance with rules adopted by the department.

(4) A certified chemical dependency professional trainee provides 6 chemical dependency assessments, counseling, and case management with 7 a state regulated agency and can provide clinical services to patients 8 consistent with his or her education, training, and experience as 9 approved by his or her supervisor. 10

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(5) A trainee certification may only be renewed four times.

(6) Applicants are subject to denial of a certificate or issuance 12 13 of a conditional certificate for the reasons set forth in chapter 14 18.130 RCW.

15 NEW SECTION. Sec. 18. A new section is added to chapter 18.19 RCW 16 to read as follows:

17 The Washington state certified counselors and hypnotherapist advisory committee is established. 18

(1) The committee is comprised of seven members. Two committee 19 20 members must be certified counselors. Two committee members must be 21 hypnotherapists. Three committee members must be consumers and 22 represent the public at large and may not hold any mental health care provider license, certification, or registration. 23

24 (2) Two committee members must be appointed for a term of one year, two committee members must be appointed for a term of two years, and 25 26 three committee members must be appointed for a term of three years. Subsequent committee members must be appointed for terms of three 27 28 years. A person may not serve as a committee member for more than two 29 consecutive terms.

30 (3)(a) Each committee member must be a resident of the state of 31 Washington.

(b) A committee member may not hold an office in a professional 32 association for their profession. 33

(c) Advisory committee members may not be employed by the state of 34 35 Washington.

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(d) Each professional committee member must have been actively

engaged in their profession for five years immediately preceding
 appointment.

3 (e) The consumer committee members must represent the general
4 public and be unaffiliated directly or indirectly with the professions
5 credentialed under this chapter.

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(4) The secretary shall appoint the committee members.

7 (5) Committee members are immune from suit in an action, civil or
8 criminal, based on the department's disciplinary proceedings or other
9 official acts performed in good faith.

10 (6) Committee members must be compensated in accordance with RCW 11 43.03.240, including travel expenses in carrying out his or her 12 authorized duties in accordance with RCW 43.03.050 and 43.03.060.

13 (7) The committee shall elect a chair and vice-chair.

<u>NEW SECTION.</u> Sec. 19. To practice counseling, all registered
 counselors must obtain another health profession credential by July 1,
 2010. The registered counselor credential is abolished July 1, 2010.

17 <u>NEW SECTION.</u> **Sec. 20.** Sections 1, 2, 6 through 8, and 10 through 18 18 of this act take effect July 1, 2009.

19 <u>NEW SECTION.</u> Sec. 21. The department of health may not issue any 20 new registered counselor credentials after July 1, 2009.

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