Finds that: (1) Washingtonians sixty-five years of age and older will nearly double in the next twenty years, from eleven percent of our population today to almost twenty percent of our population in 2025. Younger people with disabilities will also require supportive long-term care services. Nationally, young people with a disability account for thirty-seven percent of the total number of people who need long-term care;

- (2) To address this increasing need, the long-term care system should support autonomy and self-determination, support the role of informal caregivers and families, promote personal planning and savings combined with public support, when needed, and include culturally appropriate, high quality information, services, and supports delivered in a cost-effective and efficient manner;
- (3) The long-term care system should utilize evidence-based practices for the prevention and management of chronic disease to improve the general health of Washingtonians over their lifetime and reduce health care and long-term care costs related to ineffective chronic care management; and
- (4) Investments in family caregiver support, aging and disability resource centers, adult day care and chronic care management, have the potential to both improve the quality of life for individuals who require long-term care and also to result in long-term savings through home diversion and reduced emergency room use.

Directs the department of social and health services to contract with area agencies on aging or other appropriate agencies to conduct family caregiver long-term care information and support services to the extent necessary to sufficiently meet demand in each area agency on aging and support nursing home diversion.

Requires the department of social and health services to, within funds appropriated for this specific purpose, develop a challenge grant program to assist communities and organizations in efforts to plan and establish additional adult day service programs throughout the state.

Provides that the act is null and void if appropriations are not approved.