
ENGROSSED SECOND SUBSTITUTE HOUSE BILL 1901

State of Washington 62nd Legislature 2011 Regular Session

By House Health & Human Services Appropriations & Oversight (originally sponsored by Representatives Cody and Hinkle)

READ FIRST TIME 02/23/11.

- AN ACT Relating to reshaping the delivery of long-term care services; amending RCW 18.20.020, 18.20.030, and 18.52.030; reenacting and amending RCW 70.127.040; adding a new section to chapter 18.20 RCW; adding a new section to chapter 74.42 RCW; and creating new sections.
- 5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
- 6 The legislature has a long history of NEW SECTION. Sec. 1. 7 supporting seniors where they live whether it is at home or in a 8 licensed care facility. It is widely recognized that the consumer of 9 senior services and long-term care of tomorrow will have different 10 demands and expectations for the type and manner of supportive and health care services that they receive. Cost efficiencies must and can 11 12 be achieved within the health care system. Through the use of care 13 coaches, technology-supported health and wellness programs, and by 14 allowing greater flexibility for the specialization and use of nursing 15 facility beds, costly hospitalizations and rehospitalizations can be reduced and the entry to licensed care settings can be delayed. 16
- 17 **Sec. 2.** RCW 18.20.020 and 2006 c 242 s 1 are each amended to read 18 as follows:

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As used in this chapter:

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- 2 (1) "Boarding home" means any home or other institution, however named, which is advertised, announced, or maintained for the express or 3 implied purpose of providing housing, basic services, and assuming 4 5 general responsibility for the safety and well-being of the residents, and may also provide domiciliary care, consistent with chapter 142, 6 7 Laws of 2004, to seven or more residents after July 1, 2000. However, a boarding home that is licensed for three to six residents prior to or 8 on July 1, 2000, may maintain its boarding home license as long as it 9 is continually licensed as a boarding home. "Boarding home" shall not 10 include facilities certified as group training homes pursuant to RCW 11 71A.22.040, nor any home, institution or section thereof which is 12 13 otherwise licensed and regulated under the provisions of state law providing specifically for the licensing and regulation of such home, 14 institution or section thereof. Nor shall it include any independent 15 senior housing, independent living units in continuing care retirement 16 17 communities, or other similar living situations including those subsidized by the department of housing and urban development. 18
 - (2) "Basic services" means housekeeping services, meals, nutritious snacks, laundry, and activities.
 - (3) "Person" means any individual, firm, partnership, corporation, company, association, or joint stock association, and the legal successor thereof.
 - (4) "Secretary" means the secretary of social and health services.
 - (5) "Department" means the state department of social and health services.
 - (6) "Resident's representative" means a person designated voluntarily by a competent resident, in writing, to act in the resident's behalf concerning the care and services provided by the boarding home and to receive information from the boarding home, if there is no legal representative. The resident's competence shall be determined using the criteria in RCW 11.88.010(1)(e). The resident's representative may not be affiliated with the licensee, boarding home, or management company, unless the affiliated person is a family member of the resident. The resident's representative shall not have authority to act on behalf of the resident once the resident is no longer competent.

(7) "Domiciliary care" means: Assistance with activities of daily living provided by the boarding home either directly or indirectly; or health support services, if provided directly or indirectly by the boarding home; or intermittent nursing services, if provided directly or indirectly by the boarding home.

- (8) "General responsibility for the safety and well-being of the resident" means the provision of the following: Prescribed general low sodium diets; prescribed general diabetic diets; prescribed mechanical soft foods; emergency assistance; monitoring of the resident; arranging health care appointments with outside health care providers and reminding residents of such appointments as necessary; coordinating health care services with outside health care providers consistent with RCW 18.20.380; assisting the resident to obtain and maintain glasses, hearing aids, dentures, canes, crutches, walkers, wheelchairs, and assistive communication devices; observation of the resident for changes in overall functioning; blood pressure checks as scheduled; responding appropriately when there are observable or reported changes in the resident's physical, mental, or emotional functioning; or medication assistance as permitted under RCW 69.41.085 and as defined in RCW 69.41.010.
- (9) "Legal representative" means a person or persons identified in RCW 7.70.065 who may act on behalf of the resident pursuant to the scope of their legal authority. The legal representative shall not be affiliated with the licensee, boarding home, or management company, unless the affiliated person is a family member of the resident.
- (10) "Nonresident individual" means a person who resides in independent senior housing, independent living units in continuing care retirement communities, or in other similar living environments or in an unlicensed room located within a boarding home ((and may receive)). Nothing in this chapter prohibits nonresidents from receiving one or more of the services listed in RCW 18.20.030(5) or requires licensure as a boarding home when one or more of the services listed in RCW 18.20.030(5) are provided to nonresidents. A nonresident individual may not receive domiciliary care, as defined in this chapter, directly or indirectly by the boarding home and may not receive the items and services listed in subsection (8) of this section, except during the time the person is receiving adult day services as defined in this section.

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- (11) "Resident" means an individual who is not related by blood or marriage to the operator of the boarding home, and by reason of age or disability, chooses to reside in the boarding home and receives basic services and one or more of the services listed under general responsibility for the safety and well-being of the resident and may receive domiciliary care or respite care provided directly or indirectly by the boarding home and shall be permitted to receive hospice care through an outside service provider when arranged by the resident or the resident's legal representative under RCW 18.20.380.
- (12) "Resident applicant" means an individual who is seeking admission to a licensed boarding home and who has completed and signed an application for admission, or such application for admission has been completed and signed in their behalf by their legal representative if any, and if not, then the designated representative if any.
- (13) "Adult day services" means care and services provided to a nonresident individual by the boarding home on the boarding home premises, for a period of time not to exceed ten continuous hours, and does not involve an overnight stay.
- **Sec. 3.** RCW 18.20.030 and 2004 c 142 s 17 are each amended to read 20 as follows:
 - (1) After January 1, 1958, no person shall operate or maintain a boarding home as defined in this chapter within this state without a license under this chapter.
 - (2) A boarding home license is not required for the housing, or services, that are customarily provided under landlord tenant agreements governed by the residential landlord-tenant act, chapter 59.18 RCW, or when housing nonresident individuals who((,-without ongoing assistance from the boarding home, initiate and arrange for services provided by persons other than) chose to participate in programs or services under subsection (5) of this section, when offered by the boarding home licensee or the licensee's contractor. This subsection does not prohibit the licensee from furnishing written information concerning available community resources to the nonresident individual or the individual's family members or legal representatives. The licensee may not require the use of any particular service provider.

(3) Residents receiving domiciliary care, directly or indirectly by the boarding home, are not considered nonresident individuals for the purposes of this section.

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- (4) A boarding home license is required when any person other than an outside service provider, under RCW 18.20.380, or family member:
- (a) Assumes general responsibility for the safety and well-being of a resident;
- 8 (b) Provides assistance with activities of daily living, either 9 directly or indirectly;
- 10 (c) Provides health support services, either directly or 11 indirectly; or
- 12 (d) Provides intermittent nursing services, either directly or 13 indirectly.
- 14 (5) A boarding home license is not required for one or more of the following services that may, upon the request of the nonresident, be 15 provided to a nonresident individual: 16 (a) Emergency assistance 17 provided on an intermittent or nonroutine basis ((to any nonresident individual)); (b) systems, __including __technology-based __monitoring 18 devices, employed by independent senior housing, or independent living 19 units in continuing care retirement communities, to respond to the 20 21 potential need for emergency services ((for nonresident individuals)); 22 (c) ((infrequent, -voluntary, -and)) scheduled and nonscheduled blood pressure checks ((for nonresident individuals)); (d) ((nurse referral)) 23 24 nursing assessment services ((provided at the request of a nonresident 25 individual)) to determine whether referral to an outside health care provider is recommended; (e) making and reminding the nonresident of 26 27 health care appointments ((at the request of nonresident individuals)); (f) preadmission assessment((-at-the-request-of-the-nonresident 28 individual,)) for the purposes of transitioning to a licensed care 29 setting; ((or)) (g) medication assistance which may include reminding 30 or coaching the nonresident, opening the nonresident's medication 31 container, using an enabler, and prefilling insulin syringes; (h) falls 32 risk assessment; (i) nutrition management and education services; (j) 33 <u>dental services; (k) wellness programs; or (l)</u> services customarily 34 provided under landlord tenant agreements governed by the residential 35 landlord-tenant act, chapter 59.18 RCW. ((The preceding services may 36 37 not include continual care or supervision of a nonresident individual 38 without a boarding home license.))

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- NEW SECTION. **Sec. 4.** A new section is added to chapter 18.20 RCW to read as follows:
 - (1) A boarding home must provide each nonresident a disclosure statement upon admission and at the time that additional services are requested by a nonresident.
 - (2) The disclosure statement shall notify the nonresident that:
- 7 (a) The resident rights of chapter 70.129 RCW do not apply to 8 nonresidents;
- 9 (b) Licensing requirements for boarding homes under this chapter do 10 not apply to nonresident units; and
- 11 (c) The jurisdiction of the long-term care ombudsman does not apply 12 to nonresidents and nonresident units.
- 13 **Sec. 5.** RCW 18.52.030 and 2000 c 93 s 6 are each amended to read 14 as follows:

Nursing homes operating within this state shall be under the 15 16 active, overall administrative charge and supervision of an on-site 17 full-time administrator licensed as provided in this chapter. person acting in any capacity, unless the holder of a nursing home 18 administrator's license issued under this chapter, shall be charged 19 20 with the overall responsibility to make decisions or direct actions 21 involved in managing the internal operation of a nursing home, except as specifically delegated in writing by the administrator to identify 22 23 a responsible person to act on the administrator's behalf when the 24 administrator is absent. The administrator shall review the decisions upon the administrator's return and amend the decisions if necessary. 25 26 The board shall define by rule the parameters for on-site full-time 27 administrators in nursing homes with small resident populations ((and)), nursing homes in rural areas, <u>nursing homes with small</u> 28 resident populations when the nursing home has converted some of its 29 licensed nursing facility bed capacity for use as assisted living or 30 enhanced assisted living services under chapter 74.39A RCW, or 31 separately licensed facilities collocated on the same campus. 32

- 33 **Sec. 6.** RCW 70.127.040 and 2003 c 275 s 3 and 2003 c 140 s 8 are each reenacted and amended to read as follows:
- The following are not subject to regulation for the purposes of this chapter:

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1 (1) A family member providing home health, hospice, or home care 2 services;

- (2) A person who provides only meal services in an individual's permanent or temporary residence;
 - (3) An individual providing home care through a direct agreement with a recipient of care in an individual's permanent or temporary residence;
 - (4) A person furnishing or delivering home medical supplies or equipment that does not involve the provision of services beyond those necessary to deliver, set up, and monitor the proper functioning of the equipment and educate the user on its proper use;
- (5) A person who provides services through a contract with a licensed agency;
- (6) An employee or volunteer of a licensed agency who provides services only as an employee or volunteer;
- (7) Facilities and institutions, including but not limited to nursing homes under chapter 18.51 RCW, hospitals under chapter 70.41 RCW, adult family homes under chapter 70.128 RCW, boarding homes under chapter 18.20 RCW, developmental disability residential programs under chapter 71A.12 RCW, other entities licensed under chapter 71.12 RCW, or other licensed facilities and institutions, only when providing services to persons residing within the facility or institution;
- 23 (8) Local and combined city-county health departments providing 24 services under chapters 70.05 and 70.08 RCW;
 - (9) An individual providing care to ill <u>individuals</u>, ((disabled)) <u>individuals with disabilities</u>, or vulnerable individuals through a contract with the department of social and health services;
 - (10) Nursing homes, hospitals, or other institutions, agencies, organizations, or persons that contract with licensed home health, hospice, or home care agencies for the delivery of services;
 - (11) In-home assessments of an ill <u>individual</u>, ((disabled)) <u>an</u> <u>individual</u> with a <u>disability</u>, or <u>a</u> vulnerable individual that does not result in regular ongoing care at home;
 - (12) Services conducted by and for the adherents of a church or religious denomination that rely upon spiritual means alone through prayer for healing in accordance with the tenets and practices of such church or religious denomination and the bona fide religious beliefs genuinely held by such adherents;

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- 1 (13) A medicare-approved dialysis center operating a medicare-2 approved home dialysis program;
 - (14) A person providing case management services. For the purposes of this subsection, "case management" means the assessment, coordination, authorization, planning, training, and monitoring of home health, hospice, and home care, and does not include the direct provision of care to an individual;
 - (15) Pharmacies licensed under RCW 18.64.043 that deliver prescription drugs and durable medical equipment that does not involve the use of professional services beyond those authorized to be performed by licensed pharmacists pursuant to chapter 18.64 RCW and those necessary to set up and monitor the proper functioning of the equipment and educate the person on its proper use;
- 14 (16) A volunteer hospice complying with the requirements of RCW 15 70.127.050; ((and))
- 16 (17) A person who provides home care services without compensation:
 17 and
- 18 <u>(18) Nursing homes that provide telephone or web-based transitional</u> 19 care management services.
- NEW SECTION. Sec. 7. A new section is added to chapter 74.42 RCW to read as follows:
- 22 (1) Nursing facilities may provide telephone or web-based 23 transitional care management services to persons discharged from the 24 facility to home for up to thirty days postdischarge.
 - (2) When a nursing facility provides transitional care management services, the facility must coordinate postdischarge care and service needs with in-home agencies licensed under chapter 70.127 RCW, and other authorized care providers, to promote evidence-based transition care planning. In-home service agencies and other authorized care providers, including the department, shall, when appropriate, determine resident eligibility for postdischarge care and services and coordinate with nursing facilities to plan a safe transition of the client to the home setting. When a resident is discharged to home and is without in-home care or services due to the resident's refusal of care or their ineligibility for care, the nursing facility may provide telephone or web-based transitional care management services. These services may include care coordination services, review of the discharge plan,

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instructions to promote compliance with the discharge plan, reminders or assistance with scheduling follow-up appointments with other health care professionals consistent with the discharge plan, and promotion of self-management of the client's health condition. Web-based transition care services may include patient education and the provision of services described in this section. They are not intended to include telehealth monitoring.

(3) If the nursing facility identifies concerns in client care that result from telephone or web-based transitional care management services, the nursing facility will notify the client's primary care physician. The nursing facility will also discuss with the client options for care or other services which may include in-home services provided by agencies licensed under chapter 70.127 RCW.

NEW SECTION. Sec. 8. The department of social and health services shall convene a work group of stakeholders to discuss and identify one or more mechanisms to incentivize nursing facilities to close or to eliminate licensed beds from active service. The department shall adopt rules to implement the recommendations of the work group. By September 1, 2011, the department shall report to the governor and the legislature on the recommendations of the work group and the status of the department's rule-making efforts and any statutory impediments to the implementation of any of the recommendations.

NEW SECTION. Sec. 9. If any part of this act is found to be in conflict with federal requirements that are a prescribed condition to the allocation of federal funds to the state, the conflicting part of this act is inoperative solely to the extent of the conflict and with respect to the agencies directly affected, and this finding does not affect the operation of the remainder of this act in its application to the agencies concerned. Rules adopted under this act must meet federal requirements that are a necessary condition to the receipt of federal funds by the state.

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