## SUBSTITUTE HOUSE BILL 2160

State of Washington 63rd Legislature 2014 Regular Session

**By** House Health Care & Wellness (originally sponsored by Representatives Jinkins, Pollet, Appleton, S. Hunt, Buys, Haler, Warnick, Pettigrew, Manweller, Goodman, Clibborn, Santos, Harris, and Kagi)

READ FIRST TIME 02/05/14.

AN ACT Relating to allowing physical therapists to perform spinal manipulation; amending RCW 18.74.---, 18.74.010, 18.74.035, and 18.74.085; adding a new section to chapter 18.74 RCW; and providing effective dates.

5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

6 <u>NEW SECTION.</u> Sec. 1. A new section is added to chapter 18.74 RCW 7 to read as follows:

8 (1) Subject to the limitations of this section, a physical 9 therapist, who has at least one year of full-time, orthopedic, 10 postgraduate practice experience that consists of direct patient care 11 and averages at least thirty-six hours a week, may perform spinal 12 manipulation only after providing evidence in a manner acceptable to 13 the board of all of the following additional requirements:

(a) Training in differential diagnosis of no less than one hundredhours outlined within a course curriculum;

(b) Didactic and practical training related to the delivery of
 spinal manipulative procedures of no less than two hundred fifty hours
 clearly delineated and outlined in a course curriculum;

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(c) Specific training in spinal diagnostic imaging of no less than
 one hundred fifty hours outlined in a course curriculum; and

3 (d) At least three hundred hours of supervised clinical practical
4 experience in spinal manipulative procedures. The supervised clinical
5 practical experience must:

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(i) Be supervised by a clinical supervisor who:

7 (A) Is authorized to perform spinal manipulation under this8 section;

9 (B) Is a licensed chiropractor or osteopathic physician and 10 surgeon; or

(C) Holds an endorsement or advanced certification the training requirements for which are commensurate with the training requirements in this section;

14 (ii) Be under the close supervision of the clinical supervisor for 15 a minimum of the first one hundred fifty hours of the supervised 16 clinical practical experience, after which the supervised clinical 17 practical experience must be under the direct supervision of the 18 clinical supervisor;

19 (iii) Be completed within eighteen months of completing the 20 educational requirements in (a) through (c) of this subsection, unless 21 the physical therapist has completed the educational requirements in 22 (a) through (c) of this subsection prior to the effective date of this 23 section, in which case the supervised clinical practical experience 24 must be completed by January 1, 2017.

(2) A physical therapist authorized to perform spinal manipulation under subsection (1) of this section shall consult with a health care practitioner, other than a physical therapist, authorized to perform spinal manipulation if spinal manipulative procedures are required beyond six treatments.

30 (3) A physical therapist authorized to perform spinal manipulation 31 under subsection (1) of this section may not:

32 (a) Have a practice in which spinal manipulation constitutes the33 majority of the services provided;

34 (b) Practice or utilize chiropractic manipulative therapy in any 35 form;

36 (c) Delegate spinal manipulation; or

37 (d) Bill a health carrier for spinal manipulation separately from,38 or in addition to, other physical therapy procedures.

1 (4) A physical therapist authorized to perform spinal manipulation 2 under this section shall complete at least ten hours of continuing 3 education per continuing competency reporting period directly related 4 to spinal manipulation. At least five hours of the training required 5 under this subsection must be related to procedural technique and 6 application of spinal manipulation.

7 (5) If a physical therapist is intending to perform spinal 8 manipulation on a patient who the physical therapist knows is being 9 treated by a chiropractor for the same diagnosis, the physical 10 therapist shall make reasonable efforts to coordinate patient care with 11 the chiropractor to prevent conflict or duplication of services.

12 (6) By November 15, 2019, the board shall report to the legislature 13 any disciplinary actions taken against physical therapists whose performance of spinal manipulation and manipulative mobilization of the 14 spine and its immediate articulations resulted in physical harm to a 15 Prior to finalizing the report required under 16 patient. this subsection, the board shall consult with the chiropractic quality 17 18 assurance commission.

19 Sec. 2. RCW 18.74.--- and 2014 c ... s 1 (section 1 of this act) 20 are each amended to read as follows:

(1) Subject to the limitations of this section, a physical therapist, who has at least one year of full-time, orthopedic, postgraduate practice experience that consists of direct patient care and averages at least thirty-six hours a week, may perform spinal manipulation only after providing evidence in a manner acceptable to the board of all of the following additional requirements:

(a) Training in differential diagnosis of no less than one hundredhours outlined within a course curriculum;

(b) Didactic and practical training related to the delivery of
spinal manipulative procedures of no less than two hundred fifty hours
clearly delineated and outlined in a course curriculum;

32 (c) Specific training in spinal diagnostic imaging of no less than33 one hundred fifty hours outlined in a course curriculum; and

34 (d) At least three hundred hours of supervised clinical practical 35 experience in spinal manipulative procedures. The supervised clinical 36 practical experience must:

37

(i) Be supervised by a clinical supervisor who:

(A) Is authorized to perform spinal manipulation under this
 section; or

3 (B) Is a licensed chiropractor or osteopathic physician and 4 surgeon((; or

5 (C) Holds an endorsement or advanced certification the training 6 requirements for which are commensurate with the training requirements 7 in this section));

8 (ii) Be under the close supervision of the clinical supervisor for 9 a minimum of the first one hundred fifty hours of the supervised 10 clinical practical experience, after which the supervised clinical 11 practical experience must be under the direct supervision of the 12 clinical supervisor;

(iii) Be completed within eighteen months of completing the educational requirements in (a) through (c) of this subsection, unless the physical therapist has completed the educational requirements in (a) through (c) of this subsection prior to the effective date of this section, in which case the supervised clinical practical experience must be completed by January 1, 2017.

19 (2) A physical therapist authorized to perform spinal manipulation 20 under subsection (1) of this section shall consult with a health care 21 practitioner, other than a physical therapist, authorized to perform 22 spinal manipulation if spinal manipulative procedures are required 23 beyond six treatments.

(3) A physical therapist authorized to perform spinal manipulationunder subsection (1) of this section may not:

26 (a) Have a practice in which spinal manipulation constitutes the27 majority of the services provided;

(b) Practice or utilize chiropractic manipulative therapy in anyform;

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(c) Delegate spinal manipulation; or

(d) Bill a health carrier for spinal manipulation separately from,or in addition to, other physical therapy procedures.

(4) A physical therapist authorized to perform spinal manipulation under this section shall complete at least ten hours of continuing education per continuing competency reporting period directly related to spinal manipulation. At least five hours of the training required under this subsection must be related to procedural technique and application of spinal manipulation.

1 (5) If a physical therapist is intending to perform spinal 2 manipulation on a patient who the physical therapist knows is being 3 treated by a chiropractor for the same diagnosis, the physical 4 therapist shall make reasonable efforts to coordinate patient care with 5 the chiropractor to prevent conflict or duplication of services.

6 (6) By November 15, 2019, the board shall report to the legislature 7 any disciplinary actions taken against physical therapists whose 8 performance of spinal manipulation and manipulative mobilization of the 9 spine and its immediate articulations resulted in physical harm to a 10 patient. Prior to finalizing the report required under this 11 subsection, the board shall consult with the chiropractic quality 12 assurance commission.

13 Sec. 3. RCW 18.74.010 and 2007 c 98 s 1 are each amended to read 14 as follows:

15 The definitions in this section apply throughout this chapter 16 unless the context clearly requires otherwise.

17 (1) "Board" means the board of physical therapy created by RCW18.74.020.

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(2) "Department" means the department of health.

20 (3) "Physical therapy" means the care and services provided by or 21 under the direction and supervision of a physical therapist licensed by the state. Except as provided in section 1 of this act, the use of 22 23 Roentgen rays and radium for diagnostic and therapeutic purposes, the use of electricity for surgical purposes, including cauterization, and 24 25 the use of spinal manipulation, or manipulative mobilization of the 26 spine and its immediate articulations, are not included under the term 27 "physical therapy" as used in this chapter.

28 (4) "Physical therapist" means a person who meets all the 29 requirements of this chapter and is licensed in this state to practice 30 physical therapy.

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(5) "Secretary" means the secretary of health.

(6) Words importing the masculine gender may be applied to females.
 (7) "Authorized health care practitioner" means and includes
 licensed physicians, osteopathic physicians, chiropractors,
 naturopaths, podiatric physicians and surgeons, dentists, and advanced
 registered nurse practitioners: PROVIDED, HOWEVER, That nothing herein

shall be construed as altering the scope of practice of such
 practitioners as defined in their respective licensure laws.

3 (8) "Practice of physical therapy" is based on movement science and 4 means:

5 (a) Examining, evaluating, and testing individuals with mechanical, 6 physiological, and developmental impairments, functional limitations in 7 movement, and disability or other health and movement-related 8 conditions in order to determine a diagnosis, prognosis, plan of 9 therapeutic intervention, and to assess and document the ongoing 10 effects of intervention;

11 (b) Alleviating impairments and functional limitations in movement 12 by designing, implementing, and modifying therapeutic interventions 13 that include therapeutic exercise; functional training related to 14 and movement to facilitate self-care balance, posture, and reintegration into home, community, or work; manual therapy including 15 soft tissue and joint mobilization and manipulation; therapeutic 16 17 massage; assistive, adaptive, protective, and devices related to 18 postural control and mobility except as restricted by (c) of this subsection; airway clearance techniques; physical agents or modalities; 19 20 mechanical and electrotherapeutic modalities; and patient-related 21 instruction;

22 (c) Training for, and the evaluation of, the function of a patient 23 wearing an orthosis or prosthesis as defined in RCW 18.200.010. 24 Physical therapists may provide those direct-formed and prefabricated upper limb, knee, and ankle-foot orthoses, but not fracture orthoses 25 26 except those for hand, wrist, ankle, and foot fractures, and assistive 27 technology devices specified in RCW 18.200.010 as exemptions from the 28 defined scope of licensed orthotic and prosthetic services. It is the 29 intent of the legislature that the unregulated devices specified in RCW 30 18.200.010 are in the public domain to the extent that they may be provided in common with individuals or other health providers, whether 31 32 unregulated or regulated under Title 18 RCW, without regard to any 33 scope of practice;

(d) Performing wound care services that are limited to sharp
 debridement, debridement with other agents, dry dressings, wet
 dressings, topical agents including enzymes, hydrotherapy, electrical
 stimulation, ultrasound, and other similar treatments. Physical

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therapists may not delegate sharp debridement. A physical therapist may perform wound care services only by referral from or after consultation with an authorized health care practitioner;

4 (e) Reducing the risk of injury, impairment, functional limitation,
5 and disability related to movement, including the promotion and
6 maintenance of fitness, health, and quality of life in all age
7 populations; and

8 (f) Engaging in administration, consultation, education, and 9 research.

10 (9)(a) "Physical therapist assistant" means a person who meets all 11 the requirements of this chapter and is licensed as a physical 12 therapist assistant and who performs physical therapy procedures and 13 related tasks that have been selected and delegated only by the 14 supervising physical therapist. However, a physical therapist may not 15 delegate sharp debridement to a physical therapist assistant.

(b) "Physical therapy aide" means a person who is involved in direct physical therapy patient care who does not meet the definition of a physical therapist or physical therapist assistant and receives ongoing on-the-job training.

20 (c) "Other assistive personnel" means other trained or educated 21 health care personnel, not defined in (a) or (b) of this subsection, 22 who perform specific designated tasks related to physical therapy under 23 the supervision of a physical therapist, including but not limited to 24 licensed massage practitioners, athletic trainers, and exercise physiologists. At the direction of the supervising physical therapist, 25 26 and if properly credentialed and not prohibited by any other law, other 27 assistive personnel may be identified by the title specific to their 28 training or education.

29 (10) "Direct supervision" means the ((<del>supervising physical</del> 30 therapist)) supervisor must (a) be continuously on-site and present in the department or facility where ((assistive personnel or holders of 31 interim permits are)) the person being supervised is performing 32 services; (b) be immediately available to assist the person being 33 supervised in the services being performed; and (c) maintain continued 34 35 involvement in appropriate aspects of each treatment session in which 36 a component of treatment is delegated to assistive personnel or is required to be directly supervised under section 1 of this act. 37

1 (11) "Indirect supervision" means the supervisor is not on the 2 premises, but has given either written or oral instructions for 3 treatment of the patient and the patient has been examined by the 4 physical therapist at such time as acceptable health care practice 5 requires and consistent with the particular delegated health care task.

б (12) "Sharp debridement" means the removal of devitalized tissue 7 from a wound with scissors, scalpel, and tweezers without anesthesia. 8 "Sharp debridement" does not mean surgical debridement. A physical 9 therapist may perform sharp debridement, to include the use of a 10 scalpel, only upon showing evidence of adequate education and training 11 as established by rule. Until the rules are established, but no later 12 than July 1, 2006, physical therapists licensed under this chapter who 13 perform sharp debridement as of July 24, 2005, shall submit to the secretary an affidavit that includes evidence of adequate education and 14 15 training in sharp debridement, including the use of a scalpel.

16 <u>(13) "Spinal manipulation" includes spinal manipulation, spinal</u> 17 <u>manipulative therapy, high velocity thrust maneuvers, and grade five</u> 18 <u>mobilization of the spine and its immediate articulations.</u>

19 (14) "Close supervision" means that the supervisor has personally 20 diagnosed the condition to be treated and has personally authorized the 21 procedures to be performed. The supervisor is continuously on-site and 22 physically present in the operatory while the procedures are performed 23 and capable of responding immediately in the event of an emergency.

24 **Sec. 4.** RCW 18.74.035 and 2007 c 98 s 4 are each amended to read 25 as follows:

(1) All qualified applicants for a license as a physical therapist 26 27 shall be examined by the board at such time and place as the board may 28 determine. The board may approve an examination prepared or 29 administered by a private testing agency or association of licensing 30 The examination shall embrace the following subjects: authorities. 31 The applied sciences of anatomy, neuroanatomy, kinesiology, physiology, 32 pathology, psychology, physics; physical therapy, as defined in this chapter, applied to medicine, neurology, orthopedics, pediatrics, 33 34 psychiatry, surgery; medical ethics; technical procedures in the 35 practice of physical therapy as defined in this chapter; and such other 36 subjects as the board may deem useful to test the applicant's fitness 37 to practice physical therapy((, but not including the adjustment or

1 manipulation of the spine or use of a thrusting force as 2 mobilization)). Examinations shall be held within the state at least 3 once a year, at such time and place as the board shall determine. An 4 applicant who fails an examination may apply for reexamination upon 5 payment of a reexamination fee determined by the secretary.

6 (2) All qualified applicants for a license as a physical therapist 7 assistant must be examined by the board at such a time and place as the 8 board may determine. The board may approve an examination prepared or 9 administered by a private testing agency or association of licensing 10 authorities.

11 **Sec. 5.** RCW 18.74.085 and 1988 c 185 s 4 are each amended to read 12 as follows:

(1) Physical therapists shall not advertise that they perform spinal manipulation ((or)), manipulative mobilization of the spine, <u>chiropractic adjustment</u>, spinal adjustment, maintenance or wellness <u>manipulation</u>, or chiropractic care of any kind.

17 (2) A violation of this section is unprofessional conduct under18 this chapter and chapter 18.130 RCW.

<u>NEW SECTION.</u> Sec. 6. Except for section 2 of this act, this act
 takes effect July 1, 2015.

21 <u>NEW SECTION.</u> Sec. 7. Section 2 of this act takes effect July 1, 22 2020.

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