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HOUSE BILL 1262

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State of Washington                      54th Legislature                      1995 Regular Session

By Representatives Dyer, Backlund, Hymes, Casada and Cooke

Read first time 01/19/95. Referred to Committee on Health Care.

1            AN ACT Relating to health care reform; adding new sections to  
2 chapter 48.43 RCW; adding a new section to chapter 41.05 RCW; adding a  
3 new section to chapter 44.44 RCW; adding a new section to chapter 48.20  
4 RCW; adding a new section to chapter 48.21 RCW; adding a new section to  
5 chapter 48.36A RCW; adding a new section to chapter 48.44 RCW; adding  
6 a new section to chapter 48.46 RCW; adding a new section to chapter  
7 48.41 RCW; adding new sections to chapter 48.70 RCW; adding new  
8 sections to chapter 48.85 RCW; adding a new section to chapter 70.47  
9 RCW; creating new sections; and repealing RCW 43.72.020.

10 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

11            NEW SECTION.    **Sec. 1.** A new section is added to chapter 48.43 RCW  
12 to read as follows:

13            (1) The legislature intends that state government policy stabilize  
14 health services costs, reform the health insurance market, actively  
15 address the health care needs of all citizens of the state, improve the  
16 public's health, and reduce unwarranted health services costs to  
17 preserve the viability of nonhealth care businesses.

18            (2) The legislature intends that:

1 (a) State residents be enrolled in the health care plan of their  
2 choice that meets state standards regarding affordability,  
3 accessibility, cost-effectiveness, and clinical quality;

4 (b) State residents be able to choose health services from the full  
5 range of health care providers, in a manner consistent with good health  
6 services management, quality assurance, and cost-effectiveness;

7 (c) Individuals and businesses have the option to purchase any  
8 health services they may choose in addition to those included in the  
9 standard benefits package;

10 (d) These goals be accomplished within a reformed system using  
11 health service providers and facilities in a way that allows consumers  
12 to choose among competing plans operating within regulations that  
13 promote the public good; and

14 (e) A policy of coordinating the delivery, purchase, and provision  
15 of health services among the federal, state, local, and tribal  
16 governments be encouraged and accomplished by chapter 492, Laws of  
17 1993, as amended.

18 NEW SECTION. **Sec. 2.** A new section is added to chapter 48.43 RCW  
19 to read as follows:

20 HEALTH REFORM IMPROVEMENT. The legislature finds that our health  
21 and financial security are at risk as a result of certain aspects of  
22 our health insurance and health service delivery system. Correcting  
23 these problems can only be accomplished successfully through  
24 incremental changes that provide access to essential health care  
25 services, freedom of choice of providers and insurance plans, and  
26 choice of affordable financing mechanisms for individual and group  
27 purchasers. This must be accomplished within a reformed and efficient  
28 system acceptable to individual purchasers, employers, insurance, and  
29 providers of health care.

30 The legislature finds that encouraging the individual and small  
31 group insurance market, maintaining effective price competition,  
32 creating provider incentives for cost reductions, and pooling small  
33 businesses and individuals through purchasing arrangements where prices  
34 can be negotiated are effective means for making health insurance more  
35 available and affordable for small businesses and individuals.

36 NEW SECTION. **Sec. 3.** A new section is added to chapter 48.43 RCW  
37 to read as follows:

1 In this chapter, unless the context otherwise requires:

2 (1) "Health carrier" or "carrier" means a disability insurer  
3 regulated under chapter 48.20 or 48.21 RCW, fraternal benefit societies  
4 regulated under chapter 48.36A RCW, a health care service contractor as  
5 defined in RCW 48.44.010 or a health maintenance organization as  
6 defined in RCW 48.46.020.

7 (2) "Standardized rate" means the rating method used to establish  
8 the premium for the standard benefits package adjusted to reflect  
9 actuarially demonstrated differences in utilization or cost  
10 attributable to geographic region, age, family size, and employer use  
11 of wellness programs as determined by the commissioner under section 16  
12 of this act.

13 (3) "Continuous quality improvement and total quality management"  
14 means a continuous process to improve health services while reducing  
15 costs.

16 (4) "Employee" means a resident who is in the employment of an  
17 employer, as defined by chapter 50.04 RCW.

18 (5) "Enrollee" means any person who is a Washington resident  
19 enrolled with a health carrier.

20 (6) "Enrollee point of service cost-sharing" means amounts paid to  
21 a health carrier directly providing services, health care providers, or  
22 health care facilities by enrollees for receipt of specific standard  
23 benefits package services, and may include copayments, coinsurance, or  
24 deductibles.

25 (7) "Enrollee premium sharing" means that portion of the premium  
26 that is paid by enrollees or their family members.

27 (8) "Federal poverty level" means the federal poverty guidelines  
28 determined annually by the United States department of health and human  
29 services or successor agency.

30 (9) "Health care facility" or "facility" means hospices licensed  
31 under chapter 70.127 RCW, hospitals licensed under chapter 70.41 RCW,  
32 rural health care facilities as defined in RCW 70.175.020, psychiatric  
33 hospitals licensed under chapter 71.12 RCW, nursing homes licensed  
34 under chapter 18.51 RCW, community mental health centers licensed under  
35 chapter 71.05 or 71.24 RCW, kidney disease treatment centers licensed  
36 under chapter 70.41 RCW, ambulatory diagnostic, treatment or surgical  
37 facilities licensed under chapter 70.41 RCW, drug and alcohol treatment  
38 facilities licensed under chapter 70.96A RCW, and home health agencies  
39 licensed under chapter 70.127 RCW, and includes such facilities if

1 owned and operated by a political subdivision or instrumentality of the  
2 state and such other facilities as required by federal law and  
3 implementing regulations, but does not include Christian Science  
4 sanatoriums operated, listed, or certified by the First Church of  
5 Christ Scientist, Boston, Massachusetts.

6 (10) "Health care provider" or "provider" means:

7 (a) A person regulated under Title 18 RCW and chapter 70.127 RCW,  
8 to practice health or health-related services or otherwise practicing  
9 health care services in this state consistent with state law; or

10 (b) An employee or agent of a person described in (a) of this  
11 subsection, acting in the course and scope of his or her employment.

12 (11) "Subscriber-purchasing group" means a member-owned and  
13 governed nonprofit organization certified in accordance with chapter  
14 48.43 RCW.

15 (12) "Health care service" means that service offered or provided  
16 by health care facilities and health care providers relating to the  
17 prevention, cure, or treatment of illness, injury, or disease including  
18 but not limited to medical, surgical, chiropractic, physical therapy,  
19 speech and hearing services, speech pathology, audiology, mental  
20 health, dental, hospital, and vision care.

21 (13) "Health plan" means any policy, contract, or agreement offered  
22 by a health carrier to provide, arrange, reimburse, or pay for health  
23 care service except the following:

24 (a) Long-term care insurance governed by chapter 48.84 RCW;

25 (b) Medicare supplemental health insurance governed by chapter  
26 48.66 RCW;

27 (c) Limited health care service offered by limited health care  
28 service contractors in accordance with RCW 48.44.035;

29 (d) Disability income;

30 (e) Coverage incidental to a property/casualty liability insurance  
31 policy such as automobile personal injury protection coverage and  
32 homeowner guest medical;

33 (f) Workers' compensation coverage unless workers' compensation  
34 coverage is provided under an employer's election permitted by chapter  
35 51.16 RCW;

36 (g) Accident only coverage; and

37 (h) Specified disease, hospital confinement indemnity, or limited  
38 benefit health insurance, where such policies are not offered or

1 marketed to groups or individuals who are covered by a standard  
2 benefits package.

3 (14) "Long-term care" means institutional, residential, outpatient,  
4 or community-based services that meet the individual needs of persons  
5 of all ages who are limited in their functional capacities or have  
6 disabilities and require assistance with performing two or more  
7 activities of daily living for an extended or indefinite period of  
8 time. These services include case management, protective supervision,  
9 in-home care, nursing services, convalescent, custodial, chronic, and  
10 terminally ill care.

11 (15) "Premium" means all sums charged, received, or deposited by a  
12 health carrier as consideration for a health plan or the continuance of  
13 a health plan. Any assessment or any "membership," "policy,"  
14 "contract," "service," or similar fee or charge made by a health  
15 carrier in consideration for a health plan is deemed part of the  
16 premium. "Premium" shall not include amounts paid as enrollee point of  
17 service cost-sharing.

18 (16) "Standard benefits package" or "package" means those health  
19 services determined under section 13 of this act.

20 (17) "Wellness program" means an explicit program of activity  
21 consistent with department of health guidelines, such as smoking  
22 cessation, injury and accident prevention, reduction of alcohol misuse,  
23 appropriate weight reduction, exercise, automobile and motorcycle  
24 safety, blood cholesterol reduction, and nutrition education for the  
25 purpose of improving enrollee health status and reducing health service  
26 costs.

27 NEW SECTION. **Sec. 4.** WASHINGTON HEALTH SERVICES COMMISSION--  
28 TRANSFERRED POWERS AND DUTIES. The Washington health services  
29 commission is terminated on January 1, 1996. The commission's powers  
30 and duties are transferred pursuant to sections 5 through 8 of this  
31 act. The powers and duties of the Washington health services  
32 commission not repealed by chapter . . . , Laws of 1995 (this act), are  
33 transferred as follows:

34 (1) To the Washington health care authority:

35 (a) Standard benefits package provisions, under section 13 of this  
36 act;

37 (b) Standard point-of-service cost-sharing provisions.

38 (2) To the department of health:

- 1 (a) Health data provisions;
- 2 (b) Quality assurance provisions;
- 3 (c) Credentialing provisions;
- 4 (d) Conflict of interest by health care providers provisions;
- 5 (e) Provision relating to funding of medical research and health
- 6 professions training activities;
- 7 (f) Duty to evaluate the effect of reforms under chapter . . . ,
- 8 Laws of 1995 (this act) on access to appropriate care in rural
- 9 areas.

10 (3) To the office of insurance commissioner:

- 11 (a) Health carrier provisions and related insurance provisions;
- 12 (b) Antitrust provisions;
- 13 (c) Standardized rating provisions.

14 (4) To the joint committee on health systems oversight:

15 (a) Provisions relating to the general oversight of the

16 implementation of chapter . . . , Laws of 1995 (this act);

17 (b) Provisions relating to monitoring the actual growth in total

18 annual health services costs.

19 NEW SECTION. **Sec. 5.** TRANSFER OF RECORDS, EQUIPMENT, FUNDS. All

20 reports, documents, surveys, books, records, files, papers, or written

21 material in the possession of the Washington health services commission

22 shall be allocated in a manner prescribed by the office of financial

23 management. All cabinets, furniture, office equipment, motor vehicles,

24 and other tangible property used by the Washington health services

25 commission shall be allocated in a manner prescribed by the office of

26 financial management. All funds, credits, or other assets held by the

27 Washington health services commission shall be allocated in a manner

28 prescribed by the office of financial management.

29 Any appropriations made to the Washington health services

30 commission shall, on the effective date of this section, be allocated

31 in a manner prescribed by the legislature.

32 Whenever any question arises as to the transfer of any personnel,

33 funds, books, documents, records, papers, files, equipment, or other

34 tangible property used or held in the exercise of the powers and the

35 performance of the duties and functions transferred, the director of

36 financial management shall make a determination as to the proper

37 allocation and certify the same to the state agencies concerned.

1        NEW SECTION.    **Sec. 6.**    TRANSFER OF EMPLOYEES.    All employees of the  
2    Washington health services commission are transferred in the manner  
3    prescribed by the office of financial management.

4        NEW SECTION.    **Sec. 7.**    RULES AND BUSINESS.    All rules and all  
5    pending business before the Washington health services commission shall  
6    be continued consistent with the authority transferred.    All existing  
7    contracts and obligations shall remain in full force and shall be  
8    performed by the agency to which the related authority was transferred.

9        NEW SECTION.    **Sec. 8.**    VALIDITY OF PRIOR ACTS.    The transfer of the  
10    powers, duties, functions, and personnel of the Washington health  
11    services commission shall not affect the validity of any act performed  
12    prior to the effective date of this section.

13       NEW SECTION.    **Sec. 9.**    A new section is added to chapter 41.05 RCW  
14    to read as follows:

15              The administrator of the health care authority shall appoint a  
16    seasonal employment advisory committee composed of equal numbers of  
17    seasonal employee and employer representatives to assist the  
18    administrator in development of mechanisms to facilitate coverage for  
19    seasonal employees.

20              Members of the committee shall serve without compensation for their  
21    services but shall be reimbursed for their expenses while attending  
22    meetings on behalf of the administrator in accordance with RCW  
23    43.03.050 and 43.03.060.

24       NEW SECTION.    **Sec. 10.**    A new section is added to chapter 44.44 RCW  
25    to read as follows:

26              JOINT COMMITTEE ON HEALTH SYSTEMS OVERSIGHT--MEMBERSHIP, TERMS,  
27    LEADERSHIP.    (1) There is hereby created a joint committee on health  
28    systems oversight.    The committee shall consist of:    (a) Four members  
29    of the senate appointed by the president of the senate, two of whom  
30    shall be members of the majority party and two of whom shall be members  
31    of the minority party; and (b) four members of the house of  
32    representatives appointed by the speaker of the house of  
33    representatives, two of whom shall be members of the majority party and  
34    two of whom shall be members of the minority party.    Members of the

1 committee shall be appointed before the close of each regular session  
2 during an odd-numbered year.

3 (2) Each member's term of office shall run from the close of the  
4 session in which the member was appointed until the close of the next  
5 regular session held in an odd-numbered year. If a successor is not  
6 appointed during a session, the member's term shall continue until the  
7 member is reappointed or a successor is appointed. The term of office  
8 for a committee member who does not continue as a member of the senate  
9 or house of representatives shall cease upon the convening of the next  
10 session of the legislature during an odd-numbered year after the  
11 member's appointment, or upon the member's resignation, whichever is  
12 earlier. Vacancies on the committee shall be filled by appointment in  
13 the same manner as described in subsection (1) of this section. All  
14 such vacancies shall be filled from the same political party and from  
15 the same house as the member whose seat was vacated.

16 (3) The committee shall elect a chair and a vice-chair. The chair  
17 shall be a member of the senate in even-numbered years and a member of  
18 the house of representatives in odd-numbered years.

19 (4) The committee shall have the following powers and duties:

20 (a) Oversee the implementation of chapter . . . , Laws of 1995 (this  
21 act) and related chapters of the Revised Code of Washington;

22 (b) Periodically make recommendations to the appropriate committees  
23 of the legislature and the governor regarding the standard benefits  
24 package;

25 (c) Comply with other specified provisions of chapter . . . , Laws  
26 of 1995 (this act);

27 (d) Consistent with funds appropriated from the health services  
28 account established by RCW 43.72.902: Hire staff, who shall have  
29 extensive experience in health reform activities in Washington state;  
30 conduct or cause to be conducted appropriate studies and review; and  
31 make necessary recommendations to the legislature;

32 (e) Administer oaths, issue subpoenas, and compel the attendance of  
33 witnesses and the production of materials relevant to the committee's  
34 duties; and

35 (f) Review rules prepared by the insurance commissioner, health  
36 care authority, and department of health where appropriate to ensure  
37 consistency with the policies of this act.

38 (5) In January 1998 the legislative budget committee shall commence  
39 a study of the necessity of the existence of the committee and report



1 its recommendation to the appropriate committee of the legislature by  
2 December 1, 1998.

3 NEW SECTION. **Sec. 11.** A new section is added to chapter 48.43 RCW  
4 to read as follows:

5 On and after January 1, 1996, every health carrier offering health  
6 plans must offer the standard benefits package to residents of this  
7 state as the minimum level of coverage.

8 NEW SECTION. **Sec. 12.** A new section is added to chapter 48.43 RCW  
9 to read as follows:

10 Beginning January 1, 1996, a health carrier offering health plans  
11 shall:

12 (1) Provide the benefits included in the standard benefits package  
13 to enrolled Washington residents on a standardized rate basis;

14 (2) Accept for enrollment any state resident within the carrier's  
15 service area and provide or assure the provision of all services within  
16 the standard benefits package regardless of age, sex, family structure,  
17 ethnicity, race, health condition, geographic location, employment  
18 status, socioeconomic status, other condition or situation, or the  
19 provisions of RCW 49.60.174(2). The insurance commissioner may grant  
20 a temporary exemption from this subsection, if, upon application by a  
21 health carrier, the commissioner finds that continued enrollment of  
22 additional, eligible individuals would exceed the clinical, financial,  
23 or administrative capacity of the carrier;

24 (3) If the health carrier provides benefits through contracts with,  
25 ownership of, or management of health care facilities and contracts  
26 with or employs health care providers, demonstrate to the satisfaction  
27 of the insurance commissioner in consultation with the department of  
28 health that its facilities and personnel are adequate to provide the  
29 benefits prescribed in the health plans to enrolled Washington  
30 residents, and that it is financially capable of providing such  
31 residents with, or has made adequate contractual arrangements with  
32 health care providers and facilities to provide enrollees with such  
33 benefits;

34 (4) Provide all enrollees with standardized and uniform  
35 instructions and informational materials, designed by the department of  
36 health by January 1, 1996, to increase individual and family awareness  
37 of injury and illness prevention; encourage assumption of personal

1 responsibility for protecting personal health; and stimulate discussion  
2 about the use and limits of medical care in improving the health of  
3 individuals and communities;

4 (5) Disclose to enrollees the charity care requirements under  
5 chapter 70.170 RCW;

6 (6) Include in all of its contracts with health care providers and  
7 health care facilities a provision prohibiting such providers and  
8 facilities from billing enrollees for any amounts in excess of  
9 applicable enrollee point of service cost-sharing obligations for  
10 services covered by the carrier;

11 (7) Include in all of its contracts issued for health plans  
12 coverage a subrogation provision that allows the health carrier to  
13 recover the costs of health plans services incurred to care for an  
14 enrollee injured by a negligent third party. The costs recovered shall  
15 be limited to:

16 (a) If the health carrier has not intervened in the action by an  
17 injured enrollee against a negligent third party, then the amount of  
18 costs the health carrier can recover shall be limited to the excess  
19 remaining after the enrollee has been fully compensated for his or her  
20 loss minus a proportionate share of the enrollee's costs and fees in  
21 bringing the action. The proportionate share shall be determined by:

22 (i) The fees and costs approved by the court in which the action  
23 was initiated; or

24 (ii) The written agreement between the attorney and client that  
25 established fees and costs when fees and costs are not addressed by the  
26 court.

27 When fees and costs have been approved by a court, after notice to  
28 the health carrier, the health carrier shall have the right to be heard  
29 on the matter of attorneys' fees and costs or its proportionate share;

30 (b) If the health carrier has intervened in the action by an  
31 injured enrollee against a negligent third party, then the amount of  
32 costs the health carrier can recover shall be the excess remaining  
33 after the enrollee has been fully compensated for his or her loss or  
34 the amount of the carrier's incurred costs, whichever is less;

35 (8) Establish and maintain a grievance procedure approved by the  
36 commissioner, to provide a reasonable and effective resolution of  
37 complaints initiated by enrollees concerning any matter relating to the  
38 provision of benefits under the health plans, access to health care  
39 services, and quality of services. Each health carrier shall respond

1 to complaints filed with the insurance commissioner within fifteen  
2 working days. The insurance commissioner shall establish standards for  
3 resolution of grievances;

4 (9) Comply with the provisions of chapter 48.30 RCW prohibiting  
5 unfair and deceptive acts and practices to the extent such provisions  
6 are not specifically modified or superseded by the provisions of  
7 chapter 492, Laws of 1993, as amended and be prohibited from offering  
8 or supplying incentives that would have the effect of avoiding the  
9 requirements of subsection (2) of this section;

10 (10) Have standardized and uniform culturally sensitive health  
11 promotion programs, designed by the department of health by January 1,  
12 1996, that include approaches to accommodate different cultural value  
13 systems, gender, and age;

14 (11) Permit every category of health care provider to provide  
15 health services or care for conditions included in the standard  
16 benefits package to the extent that:

17 (a) The provision of such health services or care is within the  
18 health care providers' permitted scope of practice; and

19 (b) The providers agree to abide by standards related to:

20 (i) Provision, utilization review, and cost containment of health  
21 services;

22 (ii) Management and administrative procedures; and

23 (iii) Provision of cost-effective and clinically efficacious health  
24 services;

25 (12) Establish the geographic areas in which they will obligate  
26 themselves to deliver the services required under the standard benefits  
27 package. The commissioner shall review such areas and may disapprove  
28 those that have been clearly designed to be exclusionary;

29 (13) Annually report the names and addresses of all officers,  
30 directors, or trustees of the health carrier during the preceding year,  
31 and the amount of wages, expense reimbursements, or other payments to  
32 such individuals;

33 (14) Annually report the number of residents enrolled and  
34 terminated during the previous year. Additional information regarding  
35 the enrollment and termination pattern for a health carrier may be  
36 required by the commissioner to determine compliance with the open  
37 enrollment and free access requirements of chapter 492, Laws of 1993,  
38 as amended; and

1 (15) Disclose any financial interests held by officers and  
2 directors in any facilities associated with or operated by the health  
3 carrier.

4 NEW SECTION. **Sec. 13.** A new section is added to chapter 48.43 RCW  
5 to read as follows:

6 STANDARD BENEFITS PACKAGE DESIGN. (1) The standard benefits  
7 package shall be the same as the basic health plan, pursuant to chapter  
8 70.47 RCW, and may be modified only by an act of law.

9 (2) Point-of-service cost-sharing shall include deductibles,  
10 copayments, or coinsurance. Deductibles shall be limited to four  
11 thousand dollars per person, per year. There shall be no point-of-  
12 service cost-sharing for preventive services provided in the standard  
13 benefits package. The administrator of the health care authority shall  
14 establish a model standard benefits package with uniform point-of-  
15 service cost-sharing requirements, which all carriers shall offer to  
16 provide consumers information to compare plans.

17 (3) A health carrier that offers the standard benefit package with  
18 deductibles shall offer the standard benefits package with at least two  
19 of the following set of deductible options, using the appropriate  
20 copayment amounts as applied by the basic health plan as of July 1,  
21 1994, and revised annually to account for inflation using the consumer  
22 price index and rounded to the nearest whole dollar:

23 (a) Zero deductible;

24 (b) Two hundred fifty dollars deductible for individuals, seven  
25 hundred fifty dollars deductible for families;

26 (c) Five hundred dollars deductible for individuals, one thousand  
27 dollars deductible for families;

28 (d) One thousand dollars deductible for individuals, two thousand  
29 dollars deductible for families;

30 (e) Two thousand dollars deductible for individuals, four thousand  
31 dollars deductible for families.

32 NEW SECTION. **Sec. 14.** A new section is added to chapter 48.43 RCW  
33 to read as follows:

34 (1) The insurance commissioner shall appoint representatives from  
35 health insurers, health service contractors, and health maintenance  
36 organizations and participate with them in their work to:

1 (a) Using the contract developed under section 36(1) of this act,  
2 prepare various versions of the benefits contract to reflect each of  
3 the various point-of-service cost-sharing options. The representatives  
4 may prepare separate contract forms for each of the different types of  
5 health carriers, such as health insurers, health service contractors,  
6 and health maintenance organizations as the representatives deem  
7 necessary. The benefits contract with its various point-of-service  
8 cost-sharing options are to be submitted to the commissioner not later  
9 than October 1, 1996;

10 (b) Prepare a brochure for the standard benefits plan which will be  
11 used by all health carriers to describe the coverage provided by the  
12 standard benefits plan to potential enrollees. The brochure shall  
13 describe the various point-of-service cost-sharing options. The  
14 representatives may prepare separate brochures for each of the  
15 different types of health carriers, such as health insurers, health  
16 service organizations, and health maintenance contractors as the  
17 representatives deem necessary. The brochure is to be submitted to the  
18 commissioner not later than November 1, 1996;

19 (c) Prepare a claim form for the standard benefits plan which will  
20 be used by all health carriers for enrollees to report claims. The  
21 representative shall consult with the department of health in the  
22 design of the claim form to maximize, to the greatest extent possible,  
23 the inclusion of data collection elements required by the department of  
24 health. The representatives may prepare separate claim forms for each  
25 of the different types of health carriers, such as health insurers,  
26 health service contractors, and health maintenance organizations as the  
27 representatives deem necessary. The claim form is to be submitted to  
28 the commissioner not later than December 1, 1996.

29 (2) If the representatives appointed in subsection (1) of this  
30 section fail to submit the required documents within the time periods  
31 required by subsection (1) of this section, or if the commissioner  
32 finds the documents submitted by the representatives are inadequate to  
33 meet the requirements of chapter . . . , Laws of 1995 (this act), the  
34 commissioner shall either make revisions to the documents submitted by  
35 the representatives or redraft the documents required by subsection (1)  
36 of this section. If the commissioner either makes revisions or  
37 redrafts any of the documents, the commissioner shall, within ten days  
38 of initiating such action, notify the speaker of the house of  
39 representatives, the majority leader of the senate, and each of the

1 members of the joint committee on health systems oversight of his or  
2 her decision to exercise this option and the reasons for exercising  
3 this option.

4 NEW SECTION. **Sec. 15.** A new section is added to chapter 48.43 RCW  
5 to read as follows:

6 No standard benefits package may be offered, delivered, or issued  
7 for delivery to any person in this state unless it otherwise complies  
8 with chapter 492, Laws of 1993, as amended, and complies with the  
9 following:

10 (1) Each health carrier shall submit its contracts and brochures  
11 for the standard benefits plan to the commissioner for approval.

12 (a) Each carrier is encouraged to use the standard contract and  
13 brochure prepared pursuant to section 14 of this act and the use of  
14 such contract and brochure by a carrier shall be deemed approved in  
15 form when submitted.

16 (b) Any health carrier may develop its own contract and brochure  
17 for the standard benefits plan and submit it for approval to the  
18 commissioner. The commissioner shall adopt minimum standards that  
19 define the terms, conditions, limitations, and exclusions. These  
20 terms, conditions, limitations, and exclusions shall not add to or  
21 delete services from the standard benefits plan. No form or document  
22 may be issued, delivered, or issued for delivery unless it has been  
23 filed with and approved by the commissioner.

24 (2) Every filing of forms or documents shall be made not less than  
25 thirty days in advance of any such issuance, delivery, or use. At the  
26 expiration of such thirty days the form or document filed shall be  
27 deemed approved unless affirmatively approved or disapproved by the  
28 commissioner within the thirty-day period. The commissioner may extend  
29 by not more than an additional fifteen days the period within which the  
30 commissioner may review such filing, by notifying the plan of the  
31 extension before expiration of the initial thirty-day period. At the  
32 expiration of any extension period and in the absence of prior  
33 affirmative approval or disapproval, any such form or document shall be  
34 deemed approved. The commissioner may withdraw approval at any time  
35 for cause. By approval of any filing for immediate use, the  
36 commissioner may waive any unexpired portion of the initial thirty-day  
37 waiting period.

1 (3) Whenever the commissioner disapproves a filing or withdraws a  
2 previous approval, the commissioner shall state the grounds for  
3 disapproval and cite the statute or rule used as grounds for  
4 disapproval.

5 (4) The commissioner may exempt from the requirements of this  
6 section any plan document or form that, in the commissioner's opinion,  
7 may not practicably be applied to, or the filing and approval of which  
8 are, in the commissioner's opinion, not desirable or necessary for the  
9 protection of the public.

10 (5) The commissioner shall disapprove any form or document or shall  
11 withdraw any previous approval, only:

12 (a) If it is in any respect in violation of or does not comply with  
13 Title 48 RCW, Title 284 WAC, and this chapter, or any applicable order  
14 of the commissioner;

15 (b) If it does not comply with any controlling filing previously  
16 made and approved;

17 (c) If it contains or incorporates by reference any inconsistent,  
18 ambiguous, or misleading clauses, or exceptions and conditions that  
19 unreasonably or deceptively affect the health services purported to be  
20 offered or provided;

21 (d) If it has any title, heading, or other indication of its  
22 provisions that is misleading;

23 (e) If purchase of health services under the form or document is  
24 being solicited by deceptive advertising; or

25 (f) If the health service benefits provided in the form or document  
26 are unreasonable in relation to the premium charged.

27 NEW SECTION. **Sec. 16.** A new section is added to chapter 48.43 RCW  
28 to read as follows:

29 (1) Premium rates for health plans shall not be excessive or  
30 inadequate, and shall not discriminate in a manner prohibited by  
31 section 12(2) of this act. Premium rates for health plans shall be  
32 developed on a standardized rate basis as determined by the  
33 commissioner.

34 (2) Prior to using, every health carrier shall file with the  
35 commissioner its enrollee point-of-service cost-sharing amounts,  
36 enrollee financial participation amounts, rates, its rating plan, and  
37 any other information used to determine the specific premium to be  
38 charged any enrollee and every modification of any of the foregoing.

1 (3) Every such filing shall indicate the type and extent of the  
2 health services contemplated and must be accompanied by sufficient  
3 information to permit the commissioner to determine whether it meets  
4 the requirements of this chapter. A carrier shall offer in support of  
5 any filing:

6 (a) Any historical data and actuarial projections used to establish  
7 the rate filed;

8 (b) An exhibit detailing the major elements of operating expense  
9 for the types of health services affected by the filing;

10 (c) An explanation of how investment income has been taken into  
11 account in the proposed rates;

12 (d) Any other information that the carrier deems relevant; and

13 (e) Any other information that the commissioner requires by rule.

14 (4) If a carrier has insufficient loss experience to support its  
15 proposed rates, it may submit loss experience for similar exposures of  
16 other carriers within the state.

17 (5) Every health carrier shall use standardized rating, set forth  
18 as follows:

19 (a) Adjustments to the rates for a health plan permitted for age  
20 shall not result in a rate per enrollee of more than four hundred  
21 percent of the lowest rate for any enrollee in 1996, three hundred  
22 percent in 1997, and two hundred percent thereafter. Such age  
23 adjustments shall not use age brackets smaller than five-year  
24 increments, and shall begin with age thirty and end with age sixty-  
25 five.

26 (b) Adjustments to the rates for a health plan permitted for  
27 wellness programs shall be limited to plus or minus twenty percent.

28 (c) The premium charged for a health plan may not be adjusted more  
29 frequently than annually except for rate decreases and, except that  
30 rates may be changed to reflect enrollment changes, changes in family  
31 composition of the enrollee, or benefit changes to the health plan  
32 requested by the employer or enrollee.

33 (d) A health plan that restricts an enrollee to use of a defined  
34 provider network may vary in rate from a plan that does not contain  
35 such a restriction, provided that the restriction of benefits of  
36 network providers results in appropriate reductions in claim costs.

37 (e) Adjustment to the rates are permitted for coverage of one  
38 child.

39 (6) Every filing shall state its proposed effective date.



1 (7) Actuarial formulas, statistics, and assumptions submitted in  
2 support of a rate or form filing by a carrier or submitted to the  
3 commissioner at the commissioner's request shall be withheld from  
4 public inspection in order to preserve trade secrets or prevent unfair  
5 competition.

6 (8) No carrier may make or issue a benefits package except in  
7 accordance with its filing then in effect.

8 (9) The commissioner shall review a filing as soon as reasonably  
9 possible after made, to determine whether it meets the requirements of  
10 this section. The commissioner shall ensure that differences in rates  
11 charged for health plans by health carriers are reasonable and reflect  
12 objective differences in plan design or coverage. The commissioner may  
13 establish rules that prescribe the manner in which geographic areas may  
14 be used by carriers to prevent unfair risk selection.

15 (10)(a) Except for (d) of this subsection, no filing may become  
16 effective within thirty days after the date of filing with the  
17 commissioner, which period may be extended by the commissioner for an  
18 additional period not to exceed fifteen days if the commissioner gives  
19 notice within such waiting period to the carrier that the commissioner  
20 needs additional time to consider the filing.

21 (b) A filing shall be deemed to meet the requirements of this  
22 section unless disapproved by the commissioner within the waiting  
23 period or any extension period.

24 (c) If within the waiting or any extension period, the commissioner  
25 finds that a filing does not meet the requirements of this section, the  
26 commissioner shall disapprove the filing, shall notify the carrier of  
27 the grounds for disapproval, and shall prohibit the use of the  
28 disapproved filing.

29 (d) A rate filing shall be deemed approved upon filing if the  
30 purpose of the filing is to increase rates by no more than the latest  
31 annual consumer price index increase for Washington state as determined  
32 by the office of financial management, provided the rate meets the  
33 other requirements of this section.

34 (11) If at any time after the applicable review period provided in  
35 this section, the commissioner finds that a filing does not meet the  
36 requirements of this section, the commissioner shall, after notice and  
37 hearing, issue an order specifying in what respect the commissioner  
38 finds that such filing fails to meet the requirements of this section,

1 and stating when, within a reasonable period thereafter, the filings  
2 shall be deemed no longer effective.

3 The order shall not affect any benefits package made or issued  
4 prior to the expiration of the period set forth in the order.

5 NEW SECTION. **Sec. 17.** A new section is added to chapter 48.43 RCW  
6 to read as follows:

7 (1) To meet the health needs of the residents of Washington state,  
8 it is critical to finance and provide long-term care and support  
9 services through an integrated, comprehensive system that promotes  
10 human dignity and recognizes the individuality of all functionally  
11 disabled persons. This system shall be available, accessible, and  
12 responsive to all residents based upon an assessment of their  
13 functional disabilities. The governor and the legislature recognize  
14 that families, volunteers, and community organizations are essential  
15 for the delivery of effective and efficient long-term care and support  
16 services, and that this private and public service infrastructure  
17 should be supported and strengthened. Further, it is important to  
18 provide benefits without requiring family or program beneficiary  
19 impoverishment for service eligibility.

20 (2) To realize the need for a strong long-term care system and to  
21 carry out the November 30, 1992, final recommendations of the  
22 Washington health care cost control and access commission, established  
23 under House Concurrent Resolution No. 4443 adopted by the legislature  
24 in 1990, related to long-term care, the joint committee on health  
25 systems oversight shall include in its planning process consideration  
26 of the scope of services to be covered, the cost of and financing of  
27 such coverage, the means through which existing long-term care programs  
28 and delivery systems can be coordinated and integrated, and the means  
29 through which family members can be supported in their role as informal  
30 caregivers for their parents, spouses, or other relatives.

31 (3) The committee shall submit recommendations concerning any  
32 necessary statutory changes or modifications of public policy to the  
33 governor and the legislature by January 1, 1997.

34 (4) The departments of health, retirement systems, revenue, social  
35 and health services, and veterans' affairs, the offices of financial  
36 management and state actuary, along with the health care authority,  
37 shall participate in the review of the long-term care needs enumerated

1 in this section and provide necessary supporting documentation and  
2 staff expertise as requested by the committee.

3 (5) The committee shall include in its planning process, the  
4 development of two social health maintenance organization long-term  
5 care pilot projects. The two pilot projects shall be referred to as  
6 the Washington life care pilot projects. Each life care pilot program  
7 shall be a single-entry system administered by an individual  
8 organization that is responsible for bringing together a full range of  
9 medical and long-term care services. The Washington life care benefits  
10 package shall include, but not be limited to, the following long-term  
11 care services: Case management, intake and assessment, nursing home  
12 care, adult family home care, home health and home health aide care,  
13 hospice, chore services/homemaker/personal care, adult day care,  
14 respite care, and appropriate social services. The pilot project shall  
15 develop assessment and case management protocol that emphasize home and  
16 community-based care long-term care options.

17 (a) In designing the pilot projects, the committee shall address  
18 the following issues: Costs for the long-term care benefits, a  
19 projected case-mix based upon disability, the required federal waiver  
20 package, reimbursement, capitation methodology, marketing and  
21 enrollment, management information systems, identification of the most  
22 appropriate case management models, and provider contracts. The  
23 committee shall also be responsible for establishing the size of the  
24 two membership pools.

25 (b) Each program shall enroll applicants based on their level of  
26 functional disability and personal care needs. The distribution of  
27 these functional level categories and ethnicity within the enrolled  
28 program population shall be representative of their distribution within  
29 the community, using the best available data to estimate the community  
30 distributions.

31 (c) The two sites selected for the Washington life care pilot  
32 programs shall be drawn from the largest urban areas and include one  
33 site in the eastern part of the state and one site in the western part  
34 of the state. The two organizations selected to manage and coordinate  
35 the life care services shall have the proven ability to provide  
36 ambulatory care, personal care/chore services, dental care, case  
37 management and referral services, must be accredited and licensed to  
38 provide long-term care for home health services, and may be licensed to  
39 provide nursing home care.

1 (d) The report on the development and establishment date of the two  
2 social health maintenance organizations shall be submitted to the  
3 governor and appropriate committees of the legislature by September 16,  
4 1994. If the necessary federal waivers cannot be secured by January 1,  
5 1997, the committee may elect to not establish the two pilot programs.

6 NEW SECTION. **Sec. 18.** A new section is added to chapter 48.43 RCW  
7 to read as follows:

8 (1) The commissioner shall determine the state and federal laws  
9 that would need to be repealed, amended, or waived to implement chapter  
10 492, Laws of 1993, as amended, and report its recommendations, with  
11 proposed revisions to the Revised Code of Washington, to the governor,  
12 and appropriate committees of the legislature by July 1, 1994.

13 (2) The governor, in consultation with the commissioner, shall take  
14 the following steps in an effort to receive waivers or exemptions from  
15 federal statutes necessary to fully implement chapter 492, Laws of  
16 1993, as amended to include, but not be limited to:

17 (a) Negotiate with the United States congress and the federal  
18 department of health and human services, health care financing  
19 administration to obtain a statutory or regulatory waiver of the  
20 provisions of the medical assistance statute, Title XIX of the federal  
21 social security act that constitute barriers to allowing payments for  
22 long-term care services even if care or services are provided by family  
23 members or friends;

24 (b) Negotiate with the United States congress and the federal  
25 department of health and human services, health care financing  
26 administration to obtain a statutory or regulatory waiver of provisions  
27 of the medical assistance statute, Title XIX of the federal social  
28 security act that currently constitute barriers to full implementation  
29 of provisions of chapter 492, Laws of 1993, as amended related to  
30 access to health services for low-income residents of Washington state.  
31 Such waivers shall include any waiver needed to require that: (i)  
32 Medical assistance recipients enroll in managed care systems, as  
33 defined in chapter 492, Laws of 1993, as amended; and (ii) enrollee  
34 point of service, cost-sharing levels adopted pursuant to section 13 of  
35 this act be applied to medical assistance recipients. Waived  
36 provisions may include and are not limited to: Categorical eligibility  
37 restrictions related to age, disability, blindness, or family  
38 structure; income and resource limitations tied to financial

1 eligibility requirements of the federal aid to families with dependent  
2 children and supplemental security income programs; administrative  
3 requirements regarding single state agencies, choice of providers, and  
4 fee for service reimbursement; and other limitations on health services  
5 provider payment methods;

6 (c) Request that the United States congress amend the internal  
7 revenue code to treat employee contributions to employee insurance  
8 coverage, such as the basic health plan or the standard benefits  
9 package offered through a health carrier, as fully deductible from  
10 adjusted gross income.

11 (3) On or before December 1, 1995, the commissioner shall report  
12 the status of its efforts to obtain the waivers provided in subsection  
13 (2) of this section.

14 NEW SECTION. Sec. 19. A new section is added to chapter 48.43 RCW  
15 to read as follows:

16 The legislative budget committee shall evaluate the implementation  
17 of the provisions of chapter . . . , Laws of 1995 (this act). The study  
18 shall determine to what extent chapter 492, Laws of 1993, as amended  
19 has been implemented consistent with the principles and elements set  
20 forth in chapter . . . , Laws of 1995 (this act) and shall report its  
21 findings to the governor and appropriate committees of the legislature  
22 by July 1, 2003.

23 NEW SECTION. Sec. 20. A new section is added to chapter 48.43 RCW  
24 to read as follows:

25 Beginning January 1, 1997, the insurance commissioner shall report  
26 annually to the appropriate committees in the legislature on the  
27 implementation of chapter 492, Laws of 1993, as amended.

28 NEW SECTION. Sec. 21. A new section is added to chapter 48.20 RCW  
29 to read as follows:

30 All disability insurance policies that are health plans as defined  
31 in chapter 48.43 RCW, and insurers who provide such policies, shall  
32 comply with the requirements of chapter 48.43 RCW. If there is any  
33 conflict between this chapter and chapter 48.43 RCW, chapter 48.43 RCW  
34 shall govern. The insurance commissioner shall advise the appropriate  
35 committees of the legislature and may issue bulletins or make rules to  
36 clarify conflicts between this chapter and chapter 48.43 RCW.

1        NEW SECTION.    **Sec. 22.**    A new section is added to chapter 48.21 RCW  
2 to read as follows:

3        All group disability insurance policies that are health plans as  
4 defined in chapter 48.43 RCW, and insurers who provide such policies,  
5 shall comply with the requirements of chapter 48.43 RCW. If there is  
6 any conflict between this chapter and chapter 48.43 RCW, chapter 48.43  
7 RCW shall govern. The insurance commissioner shall advise the  
8 appropriate committees of the legislature and may issue bulletins or  
9 make rules to clarify conflicts between this chapter and chapter 48.43  
10 RCW.

11       NEW SECTION.    **Sec. 23.**    A new section is added to chapter 48.36A  
12 RCW to read as follows:

13       All contractual benefits that are health plans as defined in  
14 chapter 48.43 RCW, and the society that provides such benefits, shall  
15 comply with the requirements of chapter 48.43 RCW. If there is any  
16 conflict between this chapter and chapter 48.43 RCW, chapter 48.43 RCW  
17 shall govern. The insurance commissioner shall advise the appropriate  
18 committees of the legislature and may issue bulletins or make rules to  
19 clarify conflicts between this chapter and chapter 48.43 RCW.

20       NEW SECTION.    **Sec. 24.**    A new section is added to chapter 48.44 RCW  
21 to read as follows:

22       All health care services that are health plans as defined in  
23 chapter 48.43 RCW, and the health care service contractor that provides  
24 such benefits, shall comply with the requirements of chapter 48.43 RCW.  
25 If there is any conflict between this chapter and chapter 48.43 RCW,  
26 chapter 48.43 RCW shall govern. The insurance commissioner shall  
27 advise the appropriate committees of the legislature and may issue  
28 bulletins or make rules to clarify conflicts between this chapter and  
29 chapter 48.43 RCW.

30       NEW SECTION.    **Sec. 25.**    A new section is added to chapter 48.46 RCW  
31 to read as follows:

32       All health care services that are health plans as defined in  
33 chapter 48.43 RCW, and the health maintenance organization that  
34 provides such benefits, shall comply with the requirements of chapter  
35 48.43 RCW. If there is any conflict between this chapter and chapter  
36 48.43 RCW, chapter 48.43 RCW shall govern. The insurance commissioner

1 shall advise the appropriate committees of the legislature and may  
2 issue bulletins or make rules to clarify conflicts between this chapter  
3 and chapter 48.43 RCW.

4 NEW SECTION. **Sec. 26.** A new section is added to chapter 48.41 RCW  
5 to read as follows:

6 (1) The administrator shall prepare a brochure outlining the  
7 benefits and exclusions of the pool policy in plain language. After  
8 approval by the board of directors, such brochure shall be made  
9 reasonably available to participants or potential participants. The  
10 health insurance policy issued by the pool shall pay only usual,  
11 customary, and reasonable charges for medically necessary eligible  
12 health care services rendered or furnished for the diagnosis or  
13 treatment of illnesses, injuries, and conditions which are not  
14 otherwise limited or excluded. Eligible expenses are the usual,  
15 customary, and reasonable charges for the health care services and  
16 items for which benefits are extended under the pool policy. Such  
17 benefits shall at minimum include the standard benefits package as  
18 defined in chapter 48.43 RCW.

19 (2) The board shall design and employ cost containment measures and  
20 requirements such as, but not limited to, preadmission certification  
21 and concurrent inpatient review which may make the pool more cost-  
22 effective.

23 (3) The pool benefit policy may contain benefit limitations,  
24 exceptions, and reductions that are generally included in health  
25 insurance plans and are approved by the insurance commissioner;  
26 however, no limitation, exception, or reduction may be approved that  
27 would exclude coverage for any disease, illness, or injury.

28 (4) The insurance commissioner and the administrator for the health  
29 care authority shall develop procedures for transferring enrollees in  
30 the health insurance pool provided by this chapter, to other health  
31 care plans or to the basic health plan by January 1, 1997. The pool  
32 shall discontinue providing health care coverage on December 31, 1996.  
33 All enrollees in the pool on December 31, 1996, shall be transferred to  
34 the coverage provided by the health care authority on December 31,  
35 1996.

36 NEW SECTION. **Sec. 27.** A new section is added to chapter 48.43 RCW  
37 to read as follows:

1 (1) Balancing the need for health care reform and the need to  
2 protect health care providers, as a class and as individual providers,  
3 from improper exclusion presents a problem that can be satisfied with  
4 the creation of a process to ensure fair consideration of the inclusion  
5 of health care providers in health care systems operated by health  
6 carriers. It is therefore the intent of the legislature that the  
7 commissioner in developing rules in accordance with this section and  
8 the attorney general in monitoring the level of competition in the  
9 various geographic markets, balance the need for cost-effective and  
10 quality delivery of health services with the need for inclusion of both  
11 individual health care providers and categories of health care  
12 providers in health care programs developed by health carriers.

13 (2) All licensed health care providers licensed by the state,  
14 irrespective of the type or kind of practice, should be afforded the  
15 opportunity for inclusion by health carriers consistent with the goals  
16 of health care reform.

17 The commissioner shall adopt rules requiring health carriers to  
18 publish general criteria for the plan's selection or termination of  
19 health care providers. Such rules shall not require the disclosure of  
20 criteria deemed by the plan to be of a proprietary or competitive  
21 nature that would hurt the plan's ability to compete or to manage  
22 health services. Disclosure of criteria is proprietary or  
23 anticompetitive if revealing the criteria would have the tendency to  
24 cause health care providers to alter their practice pattern in a manner  
25 that would harm efforts to contain health care costs and is proprietary  
26 if revealing the criteria would cause the plan's competitors to obtain  
27 valuable business information.

28 If a health carrier uses unpublished criteria to judge the quality  
29 and cost-effectiveness of a health care provider's practice under any  
30 specific program within the plan, the plan may not reject or terminate  
31 the provider participating in that program based upon such criteria  
32 until the provider has been informed of the criteria that his or her  
33 practice fails to meet and is given a reasonable opportunity to conform  
34 to such criteria.

35 (3)(a) Whenever a determination is made under (b) of this  
36 subsection that a plan's share of the market reaches a point where the  
37 plan's exclusion of health care providers from a program of the plan  
38 would result in the substantial inability of providers to continue  
39 their practice thereby unreasonably restricting consumer access to



1 needed health services, the health carrier must allow all providers  
2 within the affected market to participate in the programs of the health  
3 carrier. All such providers must meet the published criteria and  
4 requirements of the programs.

5 (b) The attorney general with the assistance of the insurance  
6 commissioner shall periodically analyze the market power of health  
7 carriers to determine when the market share of any program of a health  
8 carrier reaches a point where the plan's exclusion of health service  
9 providers from a program of the plan would result in the substantial  
10 inability of providers to continue their practice thereby unreasonably  
11 restricting consumer access to needed health services. In analyzing  
12 the market power of a health carrier, the attorney general shall  
13 consider:

14 (i) The ease with which providers may obtain contracts with other  
15 plans;

16 (ii) The amount of the private pay and government employer business  
17 that is controlled by the health carrier taking into account the  
18 selling of its provider network to self-insured employer plans;

19 (iii) The difficulty in establishing new competing plans in the  
20 relevant geographic market; and

21 (iv) The sufficiency of the number or type of providers under  
22 contract with the plan available to meet the needs of plan enrollees.

23 Notwithstanding the provisions of this subsection, if the health  
24 carrier demonstrates to the satisfaction of the attorney general and  
25 the commissioner that health service utilization data and similar  
26 information shows that the inclusion of additional health service  
27 providers would substantially lessen the plan's ability to control  
28 health care costs and that the plan's procedures for selection of  
29 providers are not improperly exclusive of providers, the plan need not  
30 include additional providers within the plan's program.

31 (4) The commissioner shall adopt rules for the resolution of  
32 disputes between providers and health carriers including disputes  
33 regarding the decision of a plan not to include the services of a  
34 provider.

35 (5) Nothing contained in this section shall be construed to require  
36 a plan to allow or continue the participation of a provider if the plan  
37 is a federally qualified health maintenance organization and the  
38 participation of the provider or providers would prevent the health

1 maintenance organization from operating as a health maintenance  
2 organization in accordance with 42 U.S.C. Sec. 300e.

3 NEW SECTION. **Sec. 28.** A new section is added to chapter 48.43 RCW  
4 to read as follows:

5 (1) Utilization review processes employed or contracted for by  
6 health carriers shall, among other things, do the following:

7 (a) Be based on written policies and procedures on all review  
8 activities, both delegated and nondelegated, for covered services,  
9 especially regarding adverse review decisions, an appeals procedure,  
10 clinical review criteria, handling emergencies, data collection,  
11 confidentiality, and timeframes for making decisions;

12 (b) Use provider peers in making review decisions on the necessity  
13 and appropriateness of the health care services being reviewed;

14 (c) Provide an appeals process for adverse decisions, using  
15 provider peers other than those peers involved in the original  
16 decision;

17 (d) Issue utilization review decisions in a timely manner; and

18 (e) Document adverse review decisions, and make this documentation,  
19 including the specific clinical or other reason for the adverse  
20 decision, available to the covered person and affected provider or  
21 facility.

22 (2) As used in this section, the following definitions apply unless  
23 the context clearly requires otherwise:

24 (a) "Adverse review decision" or "adverse decision" means a  
25 determination that an admission, continued stay, or other health care  
26 service being reviewed does not meet the clinical requirements for  
27 medical necessity, appropriateness, level of care, or effectiveness.

28 (b) "Appeals procedure" means a formal process whereby a covered  
29 person, attending physician, health care provider, or facility can  
30 appeal an adverse decision.

31 (c) "Clinical review criteria" means the screening procedures,  
32 decision abstracts, clinical protocols, and practice guidelines used by  
33 the health plan to determine necessity and appropriateness of health  
34 care services.

35 (d) "Provider peer" means a health care provider who is qualified  
36 to render a professional opinion on the medical condition, procedure,  
37 or treatment under review.

1 (e) "Utilization review process" means a system or set of formal  
2 techniques designed to monitor and evaluate the clinical necessity,  
3 appropriateness, and efficiency of health care services. Techniques  
4 may include ambulatory review, prospective review, second opinions,  
5 concurrent review, case management, discharge planning, and  
6 retrospective review.

7 (3) The commissioner may adopt necessary rules, standards, and  
8 guidelines regarding utilization review processes.

9 NEW SECTION. **Sec. 29.** A new section is added to chapter 48.70 RCW  
10 to read as follows:

11 (1) By July 1, 1983, the commissioner shall adopt all rules  
12 necessary to ensure that specified disease policies provide a  
13 reasonable level of benefits to policyholders, and that purchasers and  
14 potential purchasers of such policies are fully informed of the level  
15 of benefits provided.

16 (2) The commissioner shall adopt rules prohibiting the offering of  
17 specified disease policies to individuals who are not covered by a  
18 standard benefits package as defined in chapter 48.43 RCW.

19 NEW SECTION. **Sec. 30.** A new section is added to chapter 48.70 RCW  
20 to read as follows:

21 This chapter shall apply to all policies issued on or after July 1,  
22 1983.

23 NEW SECTION. **Sec. 31.** A new section is added to chapter 48.85 RCW  
24 to read as follows:

25 The department of social and health services shall, in conjunction  
26 with the office of the insurance commissioner, coordinate a long-term  
27 care insurance program entitled the Washington long-term care  
28 partnership, whereby private insurance and medicaid funds shall be used  
29 to finance long-term care. For individuals purchasing a long-term care  
30 insurance policy or contract governed by chapter 48.84 RCW and meeting  
31 the criteria prescribed in this chapter, and any other terms as  
32 specified by the office of the insurance commissioner and the  
33 department of social and health services, this program shall allow for  
34 the exclusion of some or all of the individual's assets in  
35 determination of medicaid eligibility as approved by the federal health  
36 care financing administration.

1        NEW SECTION.    **Sec. 32.**    A new section is added to chapter 48.85 RCW  
2 to read as follows:

3        The department of social and health services shall seek approval  
4 and a waiver of appropriate federal medicaid regulations to allow the  
5 protection of an individual's assets as provided in this chapter. The  
6 department shall adopt all rules necessary to implement the Washington  
7 long-term care partnership program, which rules shall permit the  
8 exclusion of all or some of an individual's assets in a manner  
9 specified by the office of the insurance commissioner and the  
10 department of social and health services in a determination of medicaid  
11 eligibility to the extent that private long-term care insurance  
12 provides payment or benefits for services.

13        NEW SECTION.    **Sec. 33.**    A new section is added to chapter 48.85 RCW  
14 to read as follows:

15        (1) The insurance commissioner shall adopt rules defining the  
16 criteria that long-term care insurance policies must meet to satisfy  
17 the requirements of this chapter. The rules shall provide that all  
18 long-term care insurance policies purchased for the purposes of this  
19 chapter:

20        (a) Be guaranteed renewable;

21        (b) Provide coverage for nursing home care;

22        (c) Provide optional coverage for home and community-based  
23 services;

24        (d) Provide automatic compounded inflation protection or similar  
25 coverage to protect the policyholder from future increases in the cost  
26 of long-term care;

27        (e) Not require prior hospitalization or confinement in a nursing  
28 home as a prerequisite to receiving long-term care benefits; and

29        (f) Contain at least a six-month grace period that permits  
30 reinstatement of the policy or contract retroactive to the date of  
31 termination if the policy or contract holder's nonpayment of premiums  
32 arose as a result of a cognitive impairment suffered by the policy or  
33 contract holder as certified by a physician.

34        (2) Insurers offering long-term care policies for the purposes of  
35 this chapter shall demonstrate to the satisfaction of the insurance  
36 commissioner that they:

37        (a) Have procedures to provide notice to each purchaser of the  
38 long-term care consumer education program;

1 (b) Offer case management services;

2 (c) Have procedures that provide for the keeping of individual  
3 policy records and procedures for the explanation of coverage and  
4 benefits identifying those payments or services available under the  
5 policy that meet the purposes of this chapter;

6 (d) Agree to provide the insurance commissioner, on or before  
7 September 1 of each year, an annual report containing information  
8 derived from the long-term care partnership long-term care insurance  
9 uniform data set as specified by the office of the insurance  
10 commissioner.

11 NEW SECTION. **Sec. 34.** A new section is added to chapter 48.85 RCW  
12 to read as follows:

13 The insurance commissioner, in conjunction with the department of  
14 social and health services and members of the long-term care insurance  
15 industry, shall develop a consumer education program designed to  
16 educate consumers as to the need for long-term care, methods for  
17 financing long-term care, the availability of long-term care insurance,  
18 and the availability and eligibility requirements of the asset  
19 protection program provided under this chapter.

20 NEW SECTION. **Sec. 35.** A new section is added to chapter 48.85 RCW  
21 to read as follows:

22 By January 1 of each year until 1998, the insurance commissioner,  
23 in conjunction with the department of social and health services, shall  
24 report to the legislature on the progress of the asset protection  
25 program. The report shall include:

26 (1) The success of the agencies in implementing the program;

27 (2) The number of insurers offering long-term care policies meeting  
28 the criteria for asset protection;

29 (3) The number, age, and financial circumstances of individuals  
30 purchasing long-term care policies meeting the criteria for asset  
31 protection;

32 (4) The number of individuals seeking consumer information  
33 services;

34 (5) The extent and type of benefits paid by insurers offering  
35 policies meeting the criteria for asset protection;

36 (6) Estimates of the impact of the program on present and future  
37 medicaid expenditures;

- 1 (7) The cost-effectiveness of the program; and  
2 (8) A determination regarding the appropriateness of continuing the  
3 program.

4 NEW SECTION. **Sec. 36.** A new section is added to chapter 70.47 RCW  
5 to read as follows:

6 The administrator has the following powers and duties:

7 (1)(a) To administer a schedule of covered health services entitled  
8 the basic health plan, which shall be the physician services, inpatient  
9 and outpatient hospital services, and prescription drugs and  
10 medications that were covered by the basic health plan as of July 1,  
11 1994, with the following additional services: Limited chemical  
12 dependency services and limited mental health services. After the  
13 administrator has made the modifications to the basic health plan that  
14 are necessary to include chemical dependency services and mental health  
15 services, the basic health plan may not be further modified except by  
16 an act of law.

17 (b) All subsidized and nonsubsidized enrollees in any participating  
18 health care system under the Washington basic health plan shall be  
19 entitled to receive services under the basic health plan in return for  
20 premium payments to the plan. The schedule of services shall emphasize  
21 proven preventive and primary health care and shall include all  
22 services necessary for prenatal, postnatal, and well-child care.  
23 However, with respect to coverage for groups of subsidized enrollees  
24 who are eligible to receive prenatal and postnatal services through the  
25 medical assistance program under chapter 74.09 RCW, the administrator  
26 shall not contract for such services except to the extent that such  
27 services are necessary over not more than a one-month period in order  
28 to maintain continuity of care after diagnosis of pregnancy by the  
29 provider. The schedule of services shall also include a separate  
30 schedule of basic health care services for children, eighteen years of  
31 age and younger, for those subsidized or nonsubsidized enrollees who  
32 choose to secure basic coverage through the plan only for their  
33 dependent children;

34 (2)(a) To design and implement a structure of periodic premiums due  
35 the administrator from subsidized enrollees that is based upon gross  
36 family income, giving appropriate consideration to family size and the  
37 ages of all family members. The enrollment of children shall not  
38 require the enrollment of their parent or parents who are eligible for

1 the plan. The structure of periodic premiums shall be applied to  
2 subsidized enrollees entering the plan as individuals pursuant to  
3 subsection (9) of this section and to the share of the cost of the plan  
4 due from subsidized enrollees entering the plan as employees pursuant  
5 to subsection (10) of this section.

6 (b) To determine the periodic premiums due the administrator from  
7 nonsubsidized enrollees. Premiums due from nonsubsidized enrollees  
8 shall be in an amount equal to the cost charged by the health care  
9 system provider to the state for the plan plus the administrative cost  
10 of providing the plan to those enrollees and the premium tax under RCW  
11 48.14.0201.

12 (c) An employer or other financial sponsor may, with the prior  
13 approval of the administrator, pay the premium, rate, or any other  
14 amount on behalf of a subsidized or nonsubsidized enrollee, by  
15 arrangement with the enrollee and through a mechanism acceptable to the  
16 administrator, but in no case shall the payment made on behalf of the  
17 enrollee exceed the total premiums due from the enrollee;

18 (3) To design and implement a structure of copayments due a health  
19 care system from subsidized and nonsubsidized enrollees. The structure  
20 shall discourage inappropriate enrollee utilization of health care  
21 services, but shall not be so costly to enrollees as to constitute a  
22 barrier to appropriate utilization of necessary health care services;

23 (4) To limit enrollment of persons who qualify for subsidies so as  
24 to prevent an overexpenditure of appropriations for such purposes.  
25 Whenever the administrator finds that there is danger of such an  
26 overexpenditure, the administrator shall close enrollment until the  
27 administrator finds the danger no longer exists;

28 (5) To limit the payment of subsidies to subsidized enrollees, as  
29 defined in RCW 70.47.020;

30 (6) To adopt a schedule for the orderly development of the delivery  
31 of services and availability of the plan to residents of the state,  
32 subject to the limitations contained in RCW 70.47.080 or any act  
33 appropriating funds for the plan;

34 (7) To solicit and accept applications from health care systems, as  
35 defined in this chapter, for inclusion as eligible basic health care  
36 providers under the plan. The administrator shall endeavor to assure  
37 that covered basic health care services are available to any enrollee  
38 of the plan from among a selection of two or more participating health  
39 care systems. In adopting any rules or procedures applicable to health

1 care systems and in its dealings with such systems, the administrator  
2 shall consider and make suitable allowance for the need for health care  
3 services and the differences in local availability of health care  
4 resources, along with other resources, within and among the several  
5 areas of the state. Contracts with participating health care systems  
6 shall ensure that basic health plan enrollees who become eligible for  
7 medical assistance may, at their option, continue to receive services  
8 from their existing providers within the health care system if such  
9 providers have entered into provider agreements with the department of  
10 social and health services;

11 (8) To receive periodic premiums from or on behalf of subsidized  
12 and nonsubsidized enrollees, deposit them in the basic health plan  
13 operating account, keep records of enrollee status, and authorize  
14 periodic payments to health care systems on the basis of the number of  
15 enrollees participating in the respective health care systems;

16 (9) To accept applications from individuals residing in areas  
17 served by the plan, on behalf of themselves and their spouses and  
18 dependent children, for enrollment in the Washington basic health plan  
19 as subsidized or nonsubsidized enrollees, to establish appropriate  
20 minimum-enrollment periods for enrollees as may be necessary, and to  
21 determine, upon application and at least semiannually thereafter, or at  
22 the request of any enrollee, eligibility due to current gross family  
23 income for sliding scale premiums. No subsidy may be paid with respect  
24 to any enrollee whose current gross family income exceeds twice the  
25 federal poverty level or, subject to RCW 70.47.110, who is a recipient  
26 of medical assistance or medical care services under chapter 74.09 RCW.  
27 If, as a result of an eligibility review, the administrator determines  
28 that a subsidized enrollee's income exceeds twice the federal poverty  
29 level and that the enrollee knowingly failed to inform the plan of such  
30 increase in income, the administrator may bill the enrollee for the  
31 subsidy paid on the enrollee's behalf during the period of time that  
32 the enrollee's income exceeded twice the federal poverty level. If a  
33 number of enrollees drop their enrollment for no apparent good cause,  
34 the administrator may establish appropriate rules or requirements that  
35 are applicable to such individuals before they will be allowed to re-  
36 enroll in the plan. Enrollees whose income is less than one hundred  
37 twenty-five percent of the federal poverty level shall not pay any  
38 premium share;



1 (10) To accept applications from business owners on behalf of  
2 themselves and their employees, spouses, and dependent children, as  
3 subsidized or nonsubsidized enrollees, who reside in an area served by  
4 the plan. The administrator may require all or the substantial  
5 majority of the eligible employees of such businesses to enroll in the  
6 plan and establish those procedures necessary to facilitate the orderly  
7 enrollment of groups in the plan and into a health care system.  
8 Enrollment is limited to those not eligible for medicare who wish to  
9 enroll in the plan and choose to obtain the basic health care coverage  
10 and services from a care system participating in the plan. The  
11 administrator shall adjust the amount determined to be due on behalf of  
12 or from all such enrollees whenever the amount negotiated by the  
13 administrator with the participating health care system or systems is  
14 modified or the administrative cost of providing the plan to such  
15 enrollees changes;

16 (11) To determine the rate to be paid to each participating health  
17 care system in return for the provision of covered basic health care  
18 services to enrollees in the system. Although the schedule of covered  
19 basic health care services will be the same for similar enrollees, the  
20 rates negotiated with participating health care systems may vary among  
21 the systems. In negotiating rates with participating systems, the  
22 administrator shall consider the characteristics of the populations  
23 served by the respective systems, economic circumstances of the local  
24 area, the need to conserve the resources of the basic health plan trust  
25 account, and other factors the administrator finds relevant;

26 (12) To monitor the provision of covered services to enrollees by  
27 participating health care systems in order to assure enrollee access to  
28 good quality basic health care, to require periodic data reports  
29 concerning the utilization of health care services rendered to  
30 enrollees in order to provide adequate information for evaluation, and  
31 to inspect the books and records of participating health care systems  
32 to assure compliance with the purposes of this chapter. In requiring  
33 reports from participating health care systems, including data on  
34 services rendered enrollees, the administrator shall endeavor to  
35 minimize costs, both to the health care systems and to the plan. The  
36 administrator shall coordinate any such reporting requirements with  
37 other state agencies, such as the insurance commissioner and the  
38 department of health, to minimize duplication of effort;

1 (13) To evaluate the effects this chapter has on private employer-  
2 based health care coverage and to take appropriate measures consistent  
3 with state and federal statutes that will discourage the reduction of  
4 such coverage in the state;

5 (14) To develop a program of proven preventive health measures and  
6 to integrate it into the plan wherever possible and consistent with  
7 this chapter;

8 (15) To provide, consistent with available funding, assistance for  
9 rural residents and underserved populations.

10 NEW SECTION. **Sec. 37.** The legislative budget committee shall  
11 conduct a feasibility study to determine the cost-effectiveness and  
12 logistics of contracting out the administration and delivery of all  
13 juvenile and adult inmate health care services and plan for the  
14 implementation of contracted services. The study shall be submitted to  
15 the appropriate committees of the legislature on or before December 12,  
16 1995.

17 NEW SECTION. **Sec. 38.** Captions as used in this act constitute no  
18 part of the law.

19 NEW SECTION. **Sec. 39.** RCW 43.72.020 and 1994 c 154 s 311 & 1993  
20 c 492 s 403 is repealed.

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