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## HOUSE BILL 2593

State of Washington 1998 Regular Session 55th Legislature

By Representatives Cody, Dickerson, Conway, H. Sommers, Costa, Kenney, O'Brien, Tokuda, Cole, Mason, Chopp, Wood, Ogden and Murray

Read first time 01/15/98. Referred to Committee on Health Care.

- 1 AN ACT Relating to increasing access for maternity care coverage;
- 2 and amending RCW 48.43.115.

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- 3 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
- 4 Sec. 1. RCW 48.43.115 and 1996 c 281 s 1 are each amended to read 5 as follows:
- 6 (1) The legislature finds that maternity care is one of the most
- fundamental elements of health services. The legislature further finds 7
- that maternity care is an integral, indispensable, and inseparable part 8
- of medical, surgical, or hospital coverage. The legislature further
- 10 finds that all persons, whether male or female, of childbearing age or
- not, benefit from the inclusion of maternity coverage in any policy 11
- which offers hospital, medical, or surgical benefits. 12
- 13 (2) The legislature recognizes the role of health care providers as
- 14 the appropriate authority to determine and establish the delivery of
- 15 quality health care services to maternity patients and their newly born
- It is the intent of the legislature to recognize patient 16 children.
- 17 preference and the clinical sovereignty of providers as they make
- determinations regarding services provided and the length of time 18
- 19 individual patients may need to remain in a health care facility after

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- giving birth. It is not the intent of the legislature to diminish a carrier's ability to utilize managed care strategies but to ensure the clinical judgment of the provider is not undermined by restrictive carrier contracts or utilization review criteria that fail to recognize individual postpartum needs.
- 6  $((\frac{2}{2}))$  (3) Unless otherwise specifically provided, the following 7 definitions apply throughout this section:
- 8 (a) "Attending provider" means a provider who: Has clinical 9 hospital privileges consistent with RCW 70.43.020; is included in a 10 provider network of the carrier that is providing coverage; and is a physician licensed under chapter 18.57 or 18.71 RCW, a certified nurse 11 midwife licensed under chapter 18.79 RCW, a midwife licensed under 12 chapter 18.50 RCW, a physician's assistant licensed under chapter 13 14 18.57A or 18.71A RCW, or an advanced registered nurse practitioner 15 licensed under chapter 18.79 RCW.
- 16 (b) "Health carrier" or "carrier" means disability insurers
  17 regulated under chapter 48.20 or 48.21 RCW, health care services
  18 contractors regulated under chapter 48.44 RCW, health maintenance
  19 organizations regulated under chapter 48.46 RCW, plans operating under
  20 the health care authority under chapter 41.05 RCW, the state health
  21 insurance pool operating under chapter 48.41 RCW, and insuring entities
  22 regulated under this chapter.
  - ((\(\frac{(3)}{3}\))) (4)(a) Every policy issued by a health carrier that provides hospital, surgical, or medical coverage shall provide coverage for maternity care, including hospital, surgical, or medical care under the same terms and conditions that hospital, surgical, or medical coverage is provided for illness or disease under the policy and every health carrier ((that provides coverage for maternity services)) must permit the attending provider, in consultation with the mother, to make decisions on the length of inpatient stay, rather than making such decisions through contracts or agreements between providers, hospitals, and insurers. These decisions must be based on accepted medical practice.
- 34 (b) Covered eligible services may not be denied for inpatient, 35 postdelivery care to a mother and her newly born child after a vaginal 36 delivery or a cesarean section delivery for such care as ordered by the 37 attending provider in consultation with the mother. <u>Maternity care</u> 38 coverage shall also include, at minimum, parent education, assistance,

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- 1 and training in breast or bottle feeding and the performance of any
  2 necessary maternal and newborn clinical assessments.
- 3 (c) At the time of discharge, determination of the type and 4 location of follow-up care((, including in person care,)) must be made 5 by the attending provider in consultation with the mother rather than 6 by contract or agreement between the hospital and the insurer. These 7 decisions must be based on accepted medical practice.

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- (d) Covered eligible services may not be denied for follow-up care, including in-person care, as ordered by the attending provider in consultation with the mother. Coverage for providers of follow-up services must include, but need not be limited to, attending providers as defined in this section, home health agencies licensed under chapter 70.127 RCW, and registered nurses licensed under chapter 18.79 RCW.
- (e) Nothing in this section shall be construed to require attending providers to authorize care they believe to be medically unnecessary.
- (f) Coverage for the newly born child must be no less than the coverage of the child's mother for no less than three weeks, even if there are separate hospital admissions.
  - ((\(\frac{4}{4}\))) (5) No carrier ((\(\text{that provides coverage for maternity services}\)) may deselect, terminate the services of, require additional documentation from, require additional utilization review of, reduce payments to, or otherwise provide financial disincentives to any attending provider or health care facility solely as a result of the attending provider or health care facility ordering care consistent with the provisions of this section. Nothing in this section shall be construed to prevent any insurer from reimbursing an attending provider or health care facility on a capitated, case rate, or other financial incentive basis.
- ((<del>(5)</del>)) (6) Every carrier ((that provides coverage for maternity services)) must provide notice to policyholders regarding the coverage required under this section. The notice must be in writing and must be transmitted at the earliest of the next mailing to the policyholder, the yearly summary of benefits sent to the policyholder, or January 1 of the year following June 6, 1996.
- (((6))) This section is not intended to establish a standard of medical care.
- $((\frac{7}{1}))$  (8) This section shall apply to coverage for maternity services under a contract issued or renewed by a health carrier after

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- 1 June 6, 1996, and shall apply to plans operating under the health care
- 2 authority under chapter 41.05 RCW beginning January 1, 1998.

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