# CERTIFICATION OF ENROLLMENT

## ENGROSSED SECOND SUBSTITUTE HOUSE BILL 2439

64th Legislature 2016 Regular Session

Passed by the House March 10, 2016 Yeas 86 Nays 11

Speaker of the House of Representatives

Passed by the Senate March 10, 2016 Yeas 47 Nays 1

#### CERTIFICATE

I, Barbara Baker, Chief Clerk of the House of Representatives of the State of Washington, do hereby certify that the attached is ENGROSSED SECOND SUBSTITUTE HOUSE BILL 2439 as passed by House of Representatives and the Senate on the dates hereon set forth.

Chief Clerk

**President of the Senate** Approved

FILED

Secretary of State State of Washington

Governor of the State of Washington

### ENGROSSED SECOND SUBSTITUTE HOUSE BILL 2439

AS AMENDED BY THE SENATE

Passed Legislature - 2016 Regular Session

# State of Washington 64th Legislature 2016 Regular Session

**By** House Appropriations (originally sponsored by Representatives Kagi, Walsh, Senn, Johnson, Orwall, Dent, McBride, Reykdal, Jinkins, Tharinger, Fey, Tarleton, Stanford, Springer, Frame, Kilduff, Sells, Bergquist, and Goodman)

READ FIRST TIME 02/09/16.

AN ACT Relating to increasing access to adequate and appropriate mental health services for children and youth; amending RCW 28A.310.500; adding a new section to chapter 74.09 RCW; creating new sections; and providing expiration dates.

5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

6 NEW SECTION. Sec. 1. (1) The legislature understands that adverse childhood experiences, such as family mental health issues, 7 substance abuse, serious economic hardship, and domestic violence, 8 all increase the likelihood of developmental delays and later health 9 and mental health problems. The legislature further understands that 10 11 early intervention services for children and families at high risk for 12 adverse childhood experience help build secure parent-child 13 attachment and bonding, which allows young children to thrive and 14 form strong relationships in the future. The legislature finds that early identification and intervention are critical for children 15 16 exhibiting aggressive or depressive behaviors indicative of early 17 mental health problems. The legislature intends to improve access to 18 appropriate, and culturally responsive mental adequate, health services for children and youth. The legislature further intends to 19 20 encourage the use of behavioral health therapies and other therapies

1 that are empirically supported or evidence-based and only prescribe 2 medications for children and youth as a last resort.

3 The legislature finds that nearly half of Washington's (2) children are enrolled in medicaid and have a higher incidence of 4 serious health problems compared to children who have commercial 5 б insurance. The legislature recognizes that disparities also exist in the diagnosis and initiation of treatment services for children of 7 color, with studies demonstrating that children of color are 8 diagnosed and begin receiving early interventions at a later age. The 9 legislature finds that within the current system of care, families 10 face barriers to receiving a full range of services for children 11 12 experiencing behavioral health problems. The legislature intends to identify what network adequacy requirements, if strengthened, would 13 increase access, continuity, and coordination of behavioral health 14 services for children and families. The legislature further intends 15 16 to encourage managed care plans and behavioral health organizations 17 to contract with the same providers that serve children so families 18 are not required to duplicate mental health screenings, and to 19 recommend provider rates for mental health services to children and youth which will ensure an adequate network and access to quality 20 21 based care.

22 (3) legislature recognizes that early The and accurate recognition of behavioral health issues coupled with appropriate and 23 timely intervention enhances health outcomes while minimizing overall 24 25 expenditures. The legislature intends to assure that annual 26 depression screenings are done consistently with the highly vulnerable medicaid population and that children and families benefit 27 28 from earlier access to services.

29 <u>NEW SECTION.</u> Sec. 2. (1) The children's mental health work 30 group is established to identify barriers to accessing mental health 31 services for children and families, and to advise the legislature on 32 statewide mental health services for this population.

include diverse, The shall 33 (2)(a) work group statewide representation from the public and nonprofit and for-profit entities. 34 Its membership shall reflect regional, racial, and cultural diversity 35 to adequately represent the needs of all children and families in the 36 37 state.

38 (b) The work group shall consist of not more than twenty-five 39 members, as follows:

1 (i) The president of the senate shall appoint one member and one 2 alternative member from each of the two largest caucuses of the 3 senate.

4 (ii) The speaker of the house of representatives shall appoint 5 one member and one alternative member from each of the two largest 6 caucuses in the house of representatives.

7 (iii) The governor shall appoint at least one representative from 8 each of the following: The department of early learning, the 9 department of social and health services, the health care authority, 10 the department of health, and a representative of the governor.

(iv) The superintendent of public instruction shall appoint one representative from the office of the superintendent of public instruction.

14 (v) The governor shall request participation by a representative 15 of tribal governments.

16 (vi) The governor shall appoint one representative from each of 17 the following: Behavioral health organizations, community mental 18 health agencies, medicaid managed care organizations, pediatricians or primary care providers, providers that specialize in early 19 childhood mental health, child health advocacy groups, early learning 20 21 and child care providers, the managed health care plan for foster 22 children, the evidence-based practice institute, parents or caregivers who have been a recipient of early childhood mental health 23 services, and foster parents. 24

25 (c) The work group shall seek input and participation from 26 stakeholders interested in the improvement of statewide mental health 27 services for children and families.

(d) The work group shall choose two cochairs, one from among its legislative membership and one representative of a state agency. The representative from the health care authority shall convene the initial meeting of the work group.

32 (3) The children's mental health work group shall review the 33 barriers that exist to identifying and treating mental health issues 34 in children with a particular focus on birth to five and report to 35 the appropriate committees of the legislature. At a minimum the work 36 group must:

37 (a) Review and recommend developmentally, culturally, and
 38 linguistically appropriate assessment tools and diagnostic approaches
 39 that managed care plans and behavioral health organizations should
 40 use as the mechanism to establish eligibility for services;

1 (b) Identify and review billing issues related to serving the 2 parent or caregiver in a treatment dyad and the billing issues 3 related to services that are appropriate for serving children, 4 including children birth to five;

5 (c) Evaluate and identify barriers to billing and payment for 6 behavioral health services provided within primary care settings in 7 an effort to promote and increase the use of behavioral health 8 professionals within primary care settings;

9 (d) Review workforce issues related to serving children and 10 families, including issues specifically related to birth to five;

(e) Recommend strategies for increasing workforce diversity and the number of professionals qualified to provide children's mental health services;

14 (f) Review and make recommendations on the development and 15 adoption of standards for training and endorsement of professionals 16 to become qualified to provide mental health services to children 17 birth to five and their parents or caregivers;

18 (g) Analyze, in consultation with the department of early 19 learning, the health care authority, and the department of social and 20 health services, existing and potential mental health supports for 21 child care providers to reduce expulsions of children in child care 22 and preschool; and

(h) Identify outreach strategies that will successfully disseminate information to parents, providers, schools, and other individuals who work with children and youth on the mental health services offered through the health care plans, including referrals to parenting programs, community providers, and behavioral health organizations.

(4) Legislative members of the work group are reimbursed for travel expenses in accordance with RCW 44.04.120. Nonlegislative members are not entitled to be reimbursed for travel expenses if they are elected officials or are participating on behalf of an employer, governmental entity, or other organization. Any reimbursement for other nonlegislative members is subject to chapter 43.03 RCW.

35 (5) The expenses of the work group must be paid jointly by the 36 senate and the house of representatives. Work group expenditures are 37 subject to approval by the senate facilities and operations committee 38 and the house of representatives executive rules committee, or their 39 successor committees.

1 (6) The work group shall report its findings and recommendations 2 to the appropriate committees of the legislature by December 1, 2016.

3 (7) Staff support for the committee must be provided by the house 4 of representatives office of program research, the senate committee 5 services, and the office of financial management.

6 (8) This section expires December 1, 2017.

7 <u>NEW SECTION.</u> Sec. 3. A new section is added to chapter 74.09 8 RCW to read as follows:

9 To better assure and understand issues related to network adequacy and access to services, the authority and the department 10 shall report to the appropriate committees of the legislature by 11 December 1, 2017, and annually thereafter, on the status of access to 12 behavioral health services for children birth through age seventeen 13 using data collected pursuant to RCW 70.320.050. At a minimum, the 14 15 report must include the following components broken down by age, 16 gender, and race and ethnicity:

(1) The percentage of discharges for patients ages six through seventeen who had a visit to the emergency room with a primary diagnosis of mental health or alcohol or other drug dependence during the measuring year and who had a follow-up visit with any provider with a corresponding primary diagnosis of mental health or alcohol or other drug dependence within thirty days of discharge;

(2) The percentage of health plan members with an identified
 mental health need who received mental health services during the
 reporting period; and

(3) The percentage of children served by behavioral healthorganizations, including the types of services provided.

NEW SECTION. Sec. 4. (1) The joint legislative audit and review committee shall conduct an inventory of the mental health service models available to students in schools, school districts, and educational service districts and report its findings by October 31, 2016. The report must be submitted to the appropriate committees of the house of representatives and the senate, in accordance with RCW 43.01.036.

35 (2) The committee must perform the inventory using data that is 36 already collected by schools, school districts, and educational 37 service districts. The committee must not collect or review student-38 level data and must not include student-level data in the report.

1 (3) The inventory and report must include information on the 2 following:

3 (a) How many students are served by mental health services funded
4 with nonbasic education appropriations in each school, school
5 district, or educational service district;

6 (b) How many of these students are participating in medicaid 7 programs;

8 (c) How the mental health services are funded, including federal,9 state, local, and private sources;

(d) Information on who provides the mental health services,including district employees and contractors; and

(e) Any other available information related to student access andoutcomes.

14 (4) The duties of this section must be carried out within 15 existing appropriations.

16 (5) This section expires July 1, 2017.

17 **Sec. 5.** RCW 28A.310.500 and 2013 c 197 s 6 are each amended to 18 read as follows:

(1) Each educational service district shall develop and maintain 19 20 the capacity to offer training for educators and other school 21 district staff on youth suicide screening and referral, and on recognition, initial screening, and 22 response to emotional or behavioral distress in students, including but not limited to 23 24 indicators of possible substance abuse, violence, and youth suicide. 25 An educational service district may demonstrate capacity by employing staff with sufficient expertise to offer the training or by 26 27 contracting with individuals or organizations to offer the training. Training may be offered on a fee-for-service basis, or at no cost to 28 school districts or educators if funds are appropriated specifically 29 30 for this purpose or made available through grants or other sources.

31 (2)(a) Subject to the availability of amounts appropriated for 32 this specific purpose, Forefront at the University of Washington 33 shall convene a one-day in-person training of student support staff 34 from the educational service districts to deepen the staff's capacity 35 to assist schools in their districts in responding to concerns about 36 suicide. Educational service districts shall send staff members to 37 the one-day in-person training within existing resources.

38 (b) Subject to the availability of amounts appropriated for this 39 specific purpose, after establishing these relationships with the

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educational service districts, Forefront at the University of 1 Washington must continue to meet with the educational service 2 districts via videoconference on a monthly basis to answer questions 3 that arise for the educational service districts, and to assess the 4 feasibility of collaborating with the educational service districts 5 6 to develop a multiyear, statewide rollout of a comprehensive school suicide prevention model involving regional trainings, on-site 7 coaching, and cohorts of participating schools in each educational 8 service district. 9 (c) Subject to the availability of amounts appropriated for this 10 specific purpose, Forefront at the University of Washington must work 11 12 to develop public-private partnerships to support the rollout of a comprehensive school suicide prevention model across Washington's 13 14 middle and high schools. (d) The comprehensive school suicide prevention model must 15 consist of: 16 17 (i) School-specific revisions to safe school plans required under RCW 28A.320.125, to include procedures for suicide prevention, 18 intervention, assessment, referral, reentry, and intervention and 19 recovery after a suicide attempt or death; 20 (ii) Developing, within the school, capacity to train staff, 21 22 teachers, parents, and students in how to recognize and support a student who may be struggling with behavioral health issues; 23 (iii) Improved identification such as screening, and response 24 systems such as family counseling, to support students who are at 25 26 risk; (iv) Enhanced community-based linkages of support; and 27 28 (v) School selection of appropriate curricula and programs to enhance student awareness of behavioral health issues to reduce 29 stiqma, and to promote resilience and coping skills. 30 31 (e) Subject to the availability of amounts appropriated for this specific purpose, and by December 15, 2017, Forefront at the 32 University of Washington shall report to the appropriate committees 33 of the legislature, in accordance with RCW 43.01.036, with the 34 outcomes of the educational service district trainings, any public-35 private partnership developments, and recommendations on ways to work 36 with the educational service districts or others to implement suicide 37 38 prevention.

1 <u>NEW SECTION.</u> Sec. 6. If specific funding for the purposes of 2 this act, with the exception of sections 1, 2, and 3 of this act, 3 referencing this act by bill or chapter number, is not provided by 4 June 30, 2016, in the omnibus appropriations act, this act, except 5 for sections 1, 2, and 3 of this act, is null and void.

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