Washington State Register

WSR 23-17-075 PROPOSED RULES DEPARTMENT OF HEALTH

[Filed August 14, 2023, 9:05 p.m.]

Original Notice.

Preproposal statement of inquiry was filed as WSR 18-11-029. Title of Rule and Other Identifying Information: Health equity continuing education (CE) and other rule amendments for mental health counselors, marriage and family therapists, and social workers.

Amending WAC 246-809-095, 246-809-110, 246-809-130, 246-809-210, 246-809-310, 246-809-320, 246-809-330, 246-809-610, 246-809-630, 246-809-632, 246-809-650, and 246-809-730 in chapter 246-809 WAC, Licensure for mental health counselors, marriage and family therapists, and social workers. The department of health (department) is proposing amendments to implement several bills, including: (1) 2SHB 1724 (chapter 425, Laws of 2023), which lowers barriers to entering the behavioral health workforce; (2) ESSB 5229 (chapter 276, Laws of 2021), which requires many health care providers to complete health equity CE; and (3) ESHB 1551 (chapter 76, Laws of 2020), which repealed HIV/AIDS training for health care providers.

Additionally, the department is proposing amendments to remove the limits on distance learning and make other updates and clarifications.

Hearing Location(s): On October 5, 2023, at 2:00 p.m. A virtual public hearing, without a physical meeting space, will be held. Register in advance for this webinar https://us02web.zoom.us/webinar/register/WN_62KxXDBmQ82CdLnYcE-AWA. After registering, you will receive a confirmation email containing information about joining the webinar.

Date of Intended Adoption: October 16, 2023.

Submit Written Comments to: Lana Crawford, Office of Health Professions, P.O. Box 47852, Olympia, WA 98504-7852, https://fortress.wa.gov/doh/policyreview, email lana.crawford@doh.wa.gov, by October 5, 2023.

Assistance for Persons with Disabilities: Contact Lana Crawford, phone 564-669-1455, TTY 711, email lana.crawford@doh.wa.gov, by September 25, 2023.

Purpose of the Proposal and Its Anticipated Effects, Including Any Changes in Existing Rules: Proposed amendments to chapter 246-809 WAC will implement statutory changes made by 2SHB 1724, ESSB 5229, and ESHB 1551. These changes to implement legislation will lower supervised experience requirements for social workers, add social work doctorate programs as qualifying education for social workers, require health equity CE for all licensed counselors, and remove a reference to an obsolete HIV/AIDS training. Additional changes include removing the limit on distance learning hours and clarifying rule language.

Reasons Supporting Proposal: The current language of chapter 246-809 WAC conflicts with statutory changes made by 2SHB 1724, ESSB 5229, and ESHB 1551. Rule making is necessary to align department rules with statutory changes.

Statutory Authority for Adoption: RCW 18.225.040.

Statute Being Implemented: 2SHB 1724 (chapter 425, Laws of 2023), ESSB 5229 (chapter 276, Laws of 2021), ESHB 1551 (chapter 76, Laws of 2020).

Rule is not necessitated by federal law, federal or state court decision.

Name of Proponent: Department of health, governmental.

Name of Agency Personnel Responsible for Drafting, Implementation, and Enforcement: Lana Crawford, 111 Israel Road, S.E. Tumwater, WA 98501, 564-669-1455.

A school district fiscal impact statement is not required under RCW 28A.305.135.

A cost-benefit analysis is required under RCW 34.05.328. A preliminary cost-benefit analysis may be obtained by contacting Lana Crawford, Office of Health Professions, P.O. Box 47852, Olympia, WA 98504-7852, phone 564-669-1455, TTY 711, email lana.crawford@doh.wa.gov.

This rule proposal, or portions of the proposal, is exempt from requirements of the Regulatory Fairness Act because the proposal: Is exempt under RCW 19.85.025(4).

Explanation of exemptions: The proposed amendments impact behavioral health providers, not businesses.

Scope of exemption for rule proposal: Is fully exempt.

August 14, 2023 Kristin Peterson, JD Chief of Policy for Umair A. Shah, MD, MPH Secretary

OTS-4754.1

AMENDATORY SECTION (Amending WSR 20-12-074, filed 6/1/20, effective 7/2/20)

- WAC 246-809-095 Probationary license. (1) The department shall issue a probationary license to out-of-state applicants seeking licensure in Washington state for an advanced social worker, independent clinical social worker, mental health counselor, or marriage and family therapist according to the conditions and restrictions of the reciprocity program established in RCW 18.225.140 and this chapter.
- (2) The out-of-state license must be from a state or territory identified on a list published by the department as eligible for reciprocity for the purposes of a probationary license for the particular behavioral health profession.
- (3) An initial probationary license is valid for one year. To receive an initial probationary license, the applicant must submit to the department a completed application to include:
 - (a) Verification of their out-of-state license; and
 - (b) The fee according to WAC 246-809-990.
- (4) A probationary license may be renewed a single time and is valid for one year after the date of renewal. To renew the probationary license, an applicant must submit to the department a completed application to include:
- (a) Completion of suicide assessment, treatment, and management according to WAC 246-809-615(1) (\div
 - (b) AIDS education according to WAC 246-809-080)); and (((c))) (b) The fee according to WAC 246-809-990.

- (5) Continuing education. With the exception of the requirements of subsection (4) this section, continuing education requirements will apply once a probationary licensee transitions to a full license.
- (6) Approved supervision. If the department determines a probationary licensee must complete supervised hours of experience as a condition for full licensure, the licensee must complete the stated hours under an approved supervisor according to the conditions of this chapter.

AMENDATORY SECTION (Amending WSR 20-12-074, filed 6/1/20, effective 7/2/20)

- WAC 246-809-110 Definitions. The following terms apply to the licensure of marriage and family therapists and marriage and family therapist associates, in WAC 246-809-100 through 246-809-140.
 - (1) "Approved educational program" means:
- (a) Any college or university accredited by a national or regional accrediting body recognized by the Commission on Recognition of Postsecondary Accreditation or its successor; or
- (b) A program accredited by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE), at the time the applicant completed the required education.
- (2) "Approved supervisor" means a licensed marriage and family therapist, or an equally qualified licensed mental health practition-
- (3) "Equally qualified licensed mental health practitioner" means a licensed mental health counselor, licensed clinical social worker, licensed psychologist, licensed physician practicing as a psychiatrist, or licensed psychiatric nurse practitioner, who has completed:
- (a) Three hundred clock hours in graduate or postgraduate marriage and family education, or continuing education in marriage and family therapy or supervision by an approved marriage and family therapist supervisor in marriage and family therapy or any combination of these; and
- (b) Five years of clinical practice that includes the equivalent of one year of clinical practice working with couples and families.
- (4) "Group supervision" means face-to-face supervision with an approved supervisor, involving one supervisor and no more than six licensure candidates.
- (5) "Licensure candidate" means an individual who is accruing supervised clinical experience required for licensure.
- (6) "One-on-one supervision" means face-to-face supervision with an approved supervisor, involving one supervisor and no more than two licensure candidates.
- (7) "Peer" means a coworker who is not the licensure candidate's employer or supervisor.
- (8) "Supervised experience requirement" means experience that is obtained under an approved supervisor who meets the requirements described in WAC 246-809-134.
- (9) "Supervision of supervision" means supervision by an approved supervisor for the purpose of training and qualifying a license holder to act as an approved supervisor for purposes of chapter 18.225 RCW and WAC 246-809-134.

AMENDATORY SECTION (Amending WSR 20-12-074, filed 6/1/20, effective 7/2/20)

- WAC 246-809-130 Supervised postgraduate experience. (1) The experience requirements for the marriage and family therapist applicant's practice area include successful completion of a supervised experience requirement. Applicants who have held an active marriage and family therapy license for the past five consecutive years or more in another state or territory, without a disciplinary record or disqualifying criminal history, are deemed to have met the supervised experience requirements for Washington state licensure in subsection (3) of this section.
- (2) In accordance with RCW 18.225.090 and 18.225.095, for applicants who can demonstrate they have practiced as a substance use disorder professional for at least three years within ((ten)) 10 years from the date their application for a marriage and family therapist license is submitted to the department, the department shall reduce the total required supervised hours from ((three thousand)) 3,000 hours to ((two thousand seven hundred)) 2,700 hours. The requirements in subsection (3)(a) through (e) of this section shall apply regardless of the reduction of total required hours.
- (3) ((The experience requirement consists of a minimum of two calendar years of full-time marriage and family therapy.)) Total experience requirements include a minimum of ((three thousand)) 3,000 hours to include the following:
- (a) One thousand hours of direct client contact with at least ((five hundred)) 500 hours gained in diagnosing and treating couples and families;
- (b) At least ((two hundred)) 200 hours of qualified supervision with an approved supervisor.
- (i) Of the ((two hundred)) 200 hours, ((one hundred)) 100 hours must be with a licensed marriage and family therapist with at least five years of clinical experience; the other ((one hundred)) 100 hours may be with an equally qualified licensed mental health practitioner;
- (ii) At least ((one hundred)) 100 of the ((two hundred)) 200 hours must be one-on-one supervision; and
- (iii) The remaining hours may be in one-on-one or group supervision.
- (c) Applicants who have completed a master's program accredited by the Commission on Accreditation for Marriage and Family Therapy Education of the American Association for Marriage and Family Therapy boards will be credited with ((five hundred)) 500 hours of direct client contact and ((one hundred)) 100 hours of qualified supervision with an approved supervisor;
- (d) Licensed marriage and family therapist associate applicants are not required to have supervised postgraduate experience prior to becoming an associate; and
- (e) Licensed marriage and family therapist associate applicants must declare they are working towards full licensure.

AMENDATORY SECTION (Amending WSR 17-13-082, filed 6/16/17, effective 7/17/17)

- WAC 246-809-210 Definitions. The following definitions apply to the licensure of mental health counselors and mental health counselor associates, in WAC 246-809-200 through 246-809-240.
- (1) "Approved educational program" means any college or university accredited by an accreditation body recognized by the Council for Higher Education Accreditation (CHEA) or United States Department of Education.
- (2) "Approved setting" includes facilities, agencies or private practice where an applicant works with individuals, families, couples or groups under the supervision of an approved supervisor.
- (3) "Approved supervisor" means a qualified licensed mental health counselor or equally qualified licensed mental health practitioner who has been licensed without restrictions for at least two years.
- (4) "Equally qualified licensed mental health practitioner" means a licensed marriage and family therapist, licensed clinical social worker, licensed psychologist, licensed physician practicing as a psychiatrist, or licensed psychiatric nurse practitioner.
- (5) "Group supervision" means face-to-face supervision with an approved supervisor, involving one supervisor and no more than six licensure candidates.
- (6) "Immediate supervision" means a meeting with an approved supervisor, involving one supervisor and no more than two licensure candidates.
- (7) "Licensure candidate" means an individual that is accruing supervised clinical experience required for licensure.
- (8) "Peer" means a co-worker who is not the licensure candidate's employer or supervisor.
- (9) "Supervision of supervision" means supervision by an approved supervisor for the purpose of training and qualifying a licensee to act as an approved supervisor for purposes of chapter 18.225 RCW and WAC 246-809-234.

AMENDATORY SECTION (Amending WSR 17-13-082, filed 6/16/17, effective 7/17/17)

- WAC 246-809-310 Definitions. The following definitions apply to the licensure of independent clinical and advanced social workers and independent clinical and advanced social work associates, in WAC 246-809-300 through 246-809-340.
- (1) "Approved educational program" means a master's or doctoral educational program in social work accredited by the Council on Social Work Education.
- (2) "Approved supervisor" means a licensed independent clinical social worker (LICSW), licensed advanced social worker (LASW) (for LASWs only), or an equally qualified licensed mental health practitioner.
- (3) "Equally qualified licensed mental health practitioner" means a licensed mental health counselor, licensed marriage and family therapist, licensed psychologist, licensed physician practicing as a psychiatrist, or licensed psychiatric nurse practitioner.

- (4) "Group supervision" means face-to-face supervision with an approved supervisor, involving one supervisor and no more than six licensure candidates.
- (5) "Licensure candidate" means an individual that is accruing supervised clinical experience required for licensure.
- (6) "Nationally recognized standards" means the *Educational Policy and Accreditation Standards*, revised October 2004 published by the Council on Social Work Education revised October 2004 or any future revisions.
- (7) "One-on-one supervision" means face-to-face supervision with an approved supervisor, involving one supervisor and one licensure candidate.
- (8) "Peer" means a co-worker who is not the licensure candidate's employer or supervisor.
- (9) "Supervision of supervision" means supervision by an approved supervisor for the purpose of training and qualifying a licensee to become an approved supervisor for purposes of chapter 18.225 RCW and WAC 246-809-334.

AMENDATORY SECTION (Amending WSR 17-13-082, filed 6/16/17, effective 7/17/17)

- WAC 246-809-320 Education requirements. The following are the education requirements for the social worker applicant's practice area:
- (1) Licensed advanced social worker or licensed social worker associate-advanced must have graduated from a master's ((or doctoral)) social work educational program accredited by the Council on Social Work Education or a social work doctorate program at a university accredited by a recognized accrediting organization.
- (2) Licensed independent clinical social worker or licensed social worker associate-independent clinical must have graduated from a master's ((or doctorate)) level social work educational program accredited by the Council on Social Work Education or a social work doctorate program at a university accredited by a recognized accrediting organization.

AMENDATORY SECTION (Amending WSR 21-20-028, filed 9/24/21, effective 10/25/21)

WAC 246-809-330 Supervised postgraduate experience requirements. (1) Licensed advanced social worker.

- (a) Applicants who have held an active advanced social worker license for the past five consecutive years or more in another state or territory, without a disciplinary record or disqualifying criminal history, are deemed to have met the supervised experience requirements for Washington state licensure in subsection (1)(c) of this section.
- (b) In accordance with RCW 18.225.090 and 18.225.095, for applicants who can demonstrate they have practiced as a substance use disorder professional for at least three years within ((ten)) $\underline{10}$ years from the date their application for an advanced social worker license is submitted to the department, the department shall reduce the total required supervised hours from ((three thousand two hundred)) $\underline{3,200}$

- hours to ((two thousand eight hundred eighty)) 2,880 hours. The requirements in subsection (3)(c)(i) through (iii) of this section shall apply regardless of the reduction of total required hours.
- (c) The supervised experience requirement consists of a minimum of ((three thousand two hundred)) 3,000 hours with ((ninety)) 90 hours of supervision by a licensed independent clinical social worker or a licensed advanced social worker who has been licensed or certified for at least two years. Of those hours:
 - (i) Eight hundred hours must be in direct client contact; and
 - (ii) Ninety hours must be in direct supervision ((as follows:
- (A) Fifty hours must include direct supervision by a licensed advanced social worker or licensed independent clinical social worker; these hours may be in one-to-one supervision or group supervision; and
- (B) Forty hours may be with an equally qualified licensed mental health practitioner as defined in WAC 246-809-310(3). These hours must)) under the supervision of a licensed independent clinical social worker, a licensed advanced social worker, or an equally qualified licensed mental health professional. Of those hours of direct supervised experience at least:
 - (A) Forty hours must be in one-to-one supervision; and
 - (B) Fifty hours may be in one-to-one or group supervision.
 - (2) Licensed independent clinical social worker.
- (a) Applicants who have held an active independent clinical social worker license for the past five consecutive years or more in another state or territory, without a disciplinary record or disqualifying criminal history, are deemed to have met the supervised experience requirements for Washington state licensure in (c) of this subsection.
- (c) The experience requirement consists of a minimum of (($\frac{\text{four}}{\text{thousand}}$)) $\frac{3,000}{\text{two}}$ hours of experience, over a period of not less than (($\frac{\text{three}}{\text{thousand}}$)) $\frac{3,000}{\text{two}}$ hours:
- (i) One thousand hours must be direct client contact supervised by a licensed independent clinical social worker;
- (ii) One hundred ($(\frac{\text{thirty}}{\text{thirty}})$) hours of direct supervision as follows:
- (A) Seventy hours must be with an independent clinical social worker;
- (B) (($\frac{\text{Sixty}}{\text{Sixty}}$)) The remaining hours may be with an equally qualified licensed mental health practitioner as defined in WAC 246-809-310(3); and
- (C) Sixty hours of the (($\frac{\text{one hundred thirty}}{\text{one hundred thirty}}$) $\frac{100}{\text{hours of direct}}$ supervision must be in one-to-one supervision. The remaining (($\frac{\text{seven-ty}}{\text{ty}}$)) hours may be in one-to-one supervision or group supervision.
- (3) Licensed social worker associate-advanced and licensed social worker associate-independent clinical applicants are not required to have supervised postgraduate experience prior to becoming an associate.

(4) Licensed social worker associate-advanced and licensed social worker associate-independent clinical applicants must declare they are working toward full licensure.

AMENDATORY SECTION (Amending WSR 17-13-082, filed 6/16/17, effective 7/17/17)

- WAC 246-809-610 Eliqible continuing education activities. The continuing education (CE) program or course for licensed counselors and associates must:
 - (a) Be relevant to the profession; and
- (b) Contribute to the advancement, extension and enhancement of their professional competence.
- (2) Courses or workshops primarily designed to increase practice income or office efficiency are not eligible for CE credit.
- (3) Acceptable CE courses (including distance learning), seminars, workshops and postgraduate institutes are those which are:
- (a) Programs having a featured instructor, speaker(s) or panel approved by an industry-recognized local, state, national, international organization or institution of higher learning; or
- (b) Distance learning programs, approved by an industry-recognized local, state, national or international organization or institution of higher learning. These programs must require tests of comprehension upon completion. ((Distance learning programs are limited to twenty-six hours per reporting period.))
- (4) Training programs sponsored by the agency where a licensed counselor or associate is employed are acceptable but are limited to ((twenty-six)) 26 hours per reporting period.
- (5) Other learning experience, such as serving on a panel, board or council, community service, research, peer consultation, or publishing articles for professional publications are acceptable but are limited to six hours per reporting period.

AMENDATORY SECTION (Amending WSR 21-09-037, filed 4/13/21, effective 5/14/21)

- WAC 246-809-630 Continuing education requirements. (1) An associate must complete ((eighteen)) 18 hours of continuing education as required in WAC 246-809-632.
- (2) Licensed social worker associate advanced and licensed social worker associate independent clinical must complete six hours of suicide assessment, treatment, and management CE as required in WAC 246-809-632.
- (3) A licensed counselor must complete ((thirty-six)) 36 hours of continuing education (CE) every two years.
- (a) At least six of the ((thirty-six)) 36 hours must be in professional ethics and law, which may include topics under RCW 18.130.180.
- (b) All licensed counselors must complete a minimum of two hours in health equity continuing education training every four years. The training content must be consistent with requirements established in WAC 246-12-830.

- (c) Beginning January 1, 2014, at least once every six years a licensed marriage and family therapist, licensed mental health counselor, and licensed social worker must complete at least six hours of training in suicide assessment, treatment, and management.
- (i) The first training must be completed during the first full CE reporting period after January 1, 2014, or the first full CE period after initial licensure, whichever occurs later.
- (ii) Beginning July 1, 2017, a qualifying suicide prevention training must be selected from the department's model list, as required in WAC 246-809-615.
- (iii) Beginning July 1, 2021, a subsequent qualifying training must be selected from the department's model list, as required in WAC 246-809-615.
- (iv) The hours spent completing training in suicide assessment, treatment, and management count toward the total ((thirty-six)) 36 hours of CE.
- (v) An individual applying for initial licensure as a licensed marriage and family therapist, licensed mental health counselor, or licensed social worker on or after January 1, 2014, may delay completion of the first training required for six years after initial licensure if he or she can demonstrate completion of six hours of training
- in suicide assessment, treatment, and management that:

 (A) Was completed no more than six years prior to the application for initial licensure; and
 - (B) Meets the qualifications listed in WAC 246-809-615.

AMENDATORY SECTION (Amending WSR 21-09-037, filed 4/13/21, effective 5/14/21)

- WAC 246-809-632 Licensed associate continuing education. (1) All licensed associates must complete a total of (eighteen) 18 hours of continuing education (CE) every year in order to renew their license. The CEs must be completed in accordance with this chapter. An associate must attest to completing the CE every year during the renewal.
- (2) Professional ethics and law CE for all licensed associates. All licensed associates must include six hours of CE in professional ethics and law every two years. The associates must attest to completing the CE during the second renewal, fourth renewal, and sixth renewal. These six CE hours maybe completed anytime within the two-year period before each of these renewals. The six hours may contribute to the total ((eighteen)) 18 hours of CE for the year in which the CE was completed.
- (3) All licensed associates must complete a minimum of two hours in health equity continuing education training every four years. The training content must be consistent with requirements established in WAC 246-12-830.
- (4) Suicide assessment, treatment, and management CE only for licensed social worker associate advanced and licensed social worker associate independent clinical.
- (a) Licensed social worker associate advanced and licensed social worker associate independent clinical must complete:
- (i) Six hours of suicide assessment, treatment, and management CE after initial licensure and before the first renewal in accordance with WAC 246-809-615 and 246-809-630; and

- (ii) Six hours of subsequent training per WAC 246-809-615 and 246-809-630 in the following six-year period.
- (b) The licensed social worker associate advanced and licensed social worker associate independent clinical may delay completing the first training if he or she can demonstrate completion of the training no more than six years before gaining their initial license.
- (c) The hours spent completing training in suicide assessment, treatment, and management count toward the total ((eighteen)) 18 hours of CE.

((Table 1 Continuing Education Requirements by Licensure Renewal Dates

License Type	Marriage and Family Therapist Associate	Social Worker Associate Advanced
	Mental Health Counselor Associate	Social Worker Associate Independent Clinical
At Initial Licensure	Not applicable for initial licensure	Not applicable for initial licensure
Between Initial Licensure and First	18 Hours Total	18 Hours Total
Renewal		6 hours in suicide assessment, treatment, and management unless obtained 6 years prior to initial licensure
Between First and Second Renewal	18 Hours Total	18 Hours Total
	6 of which must be in professional ethics and law which may be obtained anytime within 2 years before the CE due date	6 of which must be in professional ethics and law which may be obtained anytime within 2 years before the CE due date
Between Second and Third Renewal	18 Hours Total	18 Hours Total
Between Third and Fourth Renewal	18 Hours Total	18 Hours Total
	6 of which must be in professional ethics and law which may be obtained anytime within 2 years before the CE due date	6 of which must be in professional ethics and law which may be obtained anytime within 2 years before the CE due date
Between Fourth and Fifth Renewal	18 Hours Total	18 Hours Total
Between Fifth and Sixth Renewal	18 Hours Total	18 Hours Total
	6 of which must be in professional ethics and law which may be obtained anytime within 2 years before the CE due date	• 6 of which must be in professional ethics and law which may be obtained anytime within 2 years before the CE due date))

AMENDATORY SECTION (Amending WSR 02-11-108, filed 5/20/02, effective 6/20/02

WAC 246-809-650 ((How do I document my courses?)) Coursework <u>documentation</u>. Acceptable documentation <u>for all licenses under this</u> chapter shall include transcripts, letters from course instructors, certificate of completion, or other formal certification, as required in chapter 246-12 WAC($(\frac{1}{2} - \frac{1}{2} + \frac{1}{2})$).

AMENDATORY SECTION (Amending WSR 17-13-082, filed 6/16/17, effective 7/17/17)

- WAC 246-809-730 Retired active credential. (1) To obtain a retired active license a licensed counselor must comply with chapter $246-12 \text{ WAC}((\frac{\text{Part } 5}{\text{Part } 5}))$.
- (2) A licensed counselor with a retired active license may practice no more than ((ninety)) 90 days each year in Washington, or practice only in emergency circumstances such as earthquakes, floods, time of declared war or other states of emergency; and
- (3) A licensed counselor with a retired active license must renew yearly on their birthday, and must report ((eighteen)) 18 hours of continuing education including six hours in professional ethics and law as required under WAC 246-809-630 every two years.