Washington State Register

WSR 23-22-097 PERMANENT RULES DEPARTMENT OF HEALTH

[Filed October 30, 2023, 2:36 p.m., effective January 1, 2024]

Effective Date of Rule: January 1, 2024.

Purpose: Health equity continuing education (CE) rules for the athletic trainer profession. The department of health (department) is adopting an amendment to WAC 246-916-060 to implement ESSB 5229 (chapter 276, Laws of 2021), codified as RCW 43.70.613. The department is adopting the health equity model rules, WAC 246-12-800 through 246-12-830, for the athletic trainer profession to comply with the statute.

RCW 43.70.613 (3) (b) directs the rule-making authority for each health profession licensed under Title 18 RCW that is subject to CE to adopt rules requiring a licensee to complete health equity CE training at least once every four years. The statute also directs the department to create model rules establishing the minimum standards for health equity CE programs. The department filed model rules for health equity CE minimum standards on November 23, 2022, under WSR 22-23-167. Any rules developed for the athletic trainer must meet or exceed the minimum standards in the model rules in WAC 246-12-800 through 246-12-830.

The adopted rule amendments add one hour of health equity education to be completed as part of the current CE requirements every two years. This meets the two hours of health equity education to be completed every four years as required in the model rules. The health equity CE requirement can be counted under existing CE requirements for the profession. No additional topics are being added to the model rules requirements.

Citation of Rules Affected by this Order: Amending WAC 246-916-060.

Statutory Authority for Adoption: RCW 18.130.040, 18.250.020, 43.70.040, and 43.70.613.

Adopted under notice filed as WSR 23-17-150 on August 22, 2023.

A final cost-benefit analysis is available by contacting Allyson McIver, P.O. Box 47877, Olympia, WA 98504-7877, phone 360-236-2878, fax 360-236-2901, TTY 711, email allyson.mciver@doh.wa.gov, website doh.wa.gov.

Number of Sections Adopted in Order to Comply with Federal Statute: New 0, Amended 0, Repealed 0; Federal Rules or Standards: New 0, Amended 0, Repealed 0; or Recently Enacted State Statutes: New 0, Amended 1, Repealed 0.

Number of Sections Adopted at the Request of a Nongovernmental Entity: New 0, Amended 0, Repealed 0.

Number of Sections Adopted on the Agency's own Initiative: New 0, Amended 0, Repealed 0.

Number of Sections Adopted in Order to Clarify, Streamline, or Reform Agency Procedures: New 0, Amended 0, Repealed 0.

Number of Sections Adopted using Negotiated Rule Making: New 0, Amended 0, Repealed 0; Pilot Rule Making: New 0, Amended 0, Repealed 0; or Other Alternative Rule Making: New 0, Amended 1, Repealed 0. Date Adopted: October 30, 2023.

Todd Mountin, PMP
Deputy Chief of Policy
for Umair A. Shah, MD, MPH
Secretary

AMENDATORY SECTION (Amending WSR 16-11-053, filed 5/13/16, effective 6/13/16)

- WAC 246-916-060 Continuing education. The goal of continuing education is to promote continued competence, development of current knowledge and skills, and enhancement of professional skills and judgment. Continuing education activities must focus on increasing knowledge, skills, and abilities related to the practice of athletic training.
- (1) A licensed athletic trainer shall complete a minimum of ((fifty)) 50 hours of continuing education every two years. At least ((ten)) 10 of those hours must include evidence-based practice as outlined in subsection $((\frac{3}{1}))$ of this section. The remaining hours may be in categories listed in subsection $((\frac{4}{1}))$ of this section.
- (2) A licensed athletic trainer must complete one hour of health equity continuing education every two years. The goal of health equity continuing education is to equip health care workers with the skills to recognize and address health inequities in their daily work.

The minimum standards include instruction on skills to address the structural factors, such as bias, racism, and poverty, that manifest as health inequities. These skills include individual level and system-level intervention, and self-reflection to assess how the licensee's social position can influence their relationship with patients and their communities. These skills enable a health care professional to care effectively for patients from diverse cultures, groups, and communities, varying in race, ethnicity, gender identity, sexuality, religion, age, ability, socioeconomic status, and other categories of identity.

- (a) This training must be completed by the end of the first full continuing education reporting period after January 1, 2024, or during the first full continuing education reporting period after initial licensure, whichever is later.
- (b) Training must include content as listed in WAC 246-12-830 and RCW 43.70.613.
- (c) The hours spent completing the training in health equity under this section will count toward meeting applicable continuing education requirements for athletic trainer license renewal.
- (3) A licensed athletic trainer may alternatively meet the requirement of ((fifty)) 50 hours of continuing education if they hold a current certification from the board of certification for the athletic trainer (BOC). The required documentation is proof of certification during the two-year period.
- $((\frac{3}{1}))$ At least $(\frac{10}{10})$ hours of evidence-based practice must be obtained during the two-year reporting period through any of the following activities:
- (a) Complete BOC approved workshops, seminars, conferences, webinars, or home study courses. The required documentation for this activity is a certificate of completion.
- (b) Graduate from a Commission on Accreditation of Athletic Training Education (CAATE) accredited post-professional athletic training graduate program. A maximum of ((ten)) 10 hours may be applied in the two-year period. The required documentation for this activity is an official transcript indicating graduation within the twoyear period.

- (c) Graduate from a PhD, EdD, DSc program if dissertation has a narrow focus of athletic training. A maximum of ((ten)) 10 hours may be applied in the two-year period. The required documentation for this activity is an official transcript indicating graduation within the reporting period and a copy of the dissertation.
- (d) Present a BOC approved evidence-based practice program. A maximum of ((ten)) 10 hours per evidence-based practice topic may be applied in the two-year period. The required documentation for this activity is a letter of acknowledgment that includes the date, title, and intended audience from the conference coordinator.
- (e) Complete a CAATE accredited athletic trainer residency or fellowship. A maximum of ((twenty)) $\underline{20}$ hours per year may be applied in the two-year period. The required documentation for this activity is a letter from the residency or fellowship director.
- (f) Any other evidence-based practice activity as approved by the secretary.
- $((\frac{4}{1}))$ (5) Remaining hours may be obtained through any of the following activities:
- (a) BOC approved workshops, seminars, conferences, webinars, or home study courses. The required documentation for this activity is a certificate of completion.
 - (b) Professional activities.
- (i) Speaker at a conference or seminar for health care providers. A maximum of ((ten)) 10 hours may be applied per topic in the two-year period. The required documentation for this activity is a letter of acknowledgment that includes the date, title, and intended audience from the conference coordinator.
- (ii) Panelist at a conference or seminar for health care providers. A maximum of five hours may be applied per topic in the two-year period. The required documentation for this activity is a letter of acknowledgment that includes the date, title, and intended audience from the conference coordinator.
- (iii) Primary author of an article in a nonrefereed journal. A maximum of five hours may be applied per article in the two-year period. The required documentation for this activity is a copy of the article.
- (iv) Author of an article in a refereed journal. A maximum of ((fifteen)) 15 hours may be applied per article in the two-year period for primary authors. A maximum of ((ten)) 10 hours may be applied per article in the two-year period for secondary authors. The required documentation for this activity is a copy of the article.
- (v) Author of an abstract in a refereed journal. A maximum of ((ten)) 10 hours may be applied per abstract in the two-year period for primary authors. A maximum of five hours may be applied per abstract in the two-year period for secondary authors. The required documentation for this activity is a copy of the abstract.
- (vi) Author of a published textbook. A maximum of (($\frac{\text{forty}}{\text{or}}$)) $\frac{40}{\text{one}}$ hours may be applied per book in the two-year reporting period for primary authors. A maximum of (($\frac{\text{twenty}}{\text{one}}$)) $\frac{20}{\text{one}}$ hours may be applied per book in the two-year reporting period for secondary authors. The required documentation for this activity is a copy of the title page with the publication date.
- (vii) Contributing author of a published textbook. A maximum of ((ten)) 10 hours may be applied per book in the two-year period. The required documentation for this activity is a copy of the title page with the publication date and list of contributors.

- (viii) Author of a peer-reviewed or refereed poster presentation. A maximum of ((ten)) 10 hours may be applied per presentation in the two-year period for primary authors. A maximum of five hours may be applied per presentation in the two-year period for secondary authors. The required documentation for this activity is a letter of acknowledgment that includes the date and title of the presentation from the conference coordinator.
- (ix) Primary author of published multimedia material, including CD, audio, or video. A maximum of ((ten)) 10 hours may be applied per publication in the two-year period. The required documentation for this activity is a copy of the publication.
- (x) Participating member of clinical research study team. A maximum of ((ten)) 10 hours may be applied in the two-year period. The required documentation for this activity is a letter from the principal investigator or a copy of the institutional review board approval with investigators listed.
- (xi) Primary author of a home study course. A maximum of ((ten)) 10 hours may be applied per course in the two-year reporting period. The required documentation for this activity is a letter of approval.
- (xii) Reviewer of a refereed publication. A maximum of five hours may be applied per review, with a limit of ((twenty)) $\underline{20}$ hours applied per two-year period. The required documentation for this activity is a disposition letter.
- (xiii) Exam item writer for BOC exam or other health care professional exams. A maximum of five hours may be applied per year of active item writing. The required documentation for this activity is a letter of acknowledgment from the exam company.
- (c) Post certification college or university course work. A maximum of ((ten)) $\underline{10}$ continuing education hours per credit hour may be applied during the two-year period. The required documentation for this activity is an official transcript from an accredited college or university.
 - (d) Activities by non-BOC approved providers.
- (i) Workshops, seminars, conferences, webinars that are directly related to athletic training. The required documentation for this activity is verification of attendance.
- (ii) Videos, DVDs, audiotapes, multimedia, webinars, home study courses. Each activity must have an examination. The required documentation for this activity is documentation verifying completion.
- $((\frac{(5)}{)}))$ <u>(6)</u> A licensed athletic trainer shall comply with the requirements of $(\frac{(chapter 246-12 WAC, Part 7}{)})$ <u>WAC 246-12-170 through 246-12-240.</u>