
SENATE BILL 6383

State of Washington

63rd Legislature

2014 Regular Session

By Senators Becker, Pedersen, and Kohl-Welles; by request of Governor Inslee

Read first time 01/23/14. Referred to Committee on Health Care .

1 AN ACT Relating to coordinating and expanding efforts with private
2 and public partnerships to help ensure Washington's healthiest next
3 generation; and adding a new chapter to Title 70 RCW.

4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

5 NEW SECTION. **Sec. 1.** The legislature finds that:

6 (1) For the first time in our country's history, children and youth
7 across the country are predicted to have shorter lives than their
8 parents. In order to ensure the next generation is the healthiest ever
9 we need to ensure children and youth have a healthy weight, enjoy
10 active lives, eat well, live in safe and stable homes, and have less
11 contact with environmental toxins. Every child deserves to grow up
12 healthy and enjoy the beauty and benefits of Washington state. The
13 most effective and efficient way to ensure a healthy Washingtonian is
14 to start as early in life as possible. Healthy children are more
15 likely to become healthy adults.

16 (2) Helping children become more healthy is a multistate agency and
17 multisector issue. Much work is underway among state agencies, in
18 health care, early learning, schools, and among many other sectors and
19 organizations across the state, but more needs to be done and the work

1 is not as coordinated as it should be. The legislature therefore
2 intends to establish a governor's council to be accountable, measure
3 and complete a comprehensive coordinated project with private and
4 public organizations that have work underway, and to guide and inform
5 activities and offer small grants to expand effective programs or
6 innovative incentives like rewards for kids in school for meeting
7 physical fitness and healthy eating goals and choices for our children
8 that have demonstrated to work to help children be more active and
9 healthy.

10 NEW SECTION. **Sec. 2.** (1) The governor's council for the
11 healthiest next generation is established to identify policy-related
12 action plans and funding recommendations based on data, best practices,
13 and expert opinion that protect children's health and support
14 community-level changes.

15 (2) The council shall include the following members:

16 (a) The governor, or designee, shall serve as chair of the council;

17 (b) The chairs of legislative health and education committees;

18 (c) Agency heads of department of health, office of the
19 superintendent of public instruction, department of early learning,
20 health care authority, department of agriculture, department of
21 transportation, and the department of social and health services; and

22 (d) Local and state community and business leaders appointed by the
23 governor.

24 (3) The council may create advisory committees on an ad hoc basis
25 for the purpose of obtaining input and supporting working relationships
26 with nutrition and physical activity experts and practitioners, parent
27 and student associations, school and child care administrators and
28 faculty, business and established stakeholder organizations for the
29 purpose of informing their research, policy, and funding
30 recommendations. The council shall maintain a contact list of ad hoc
31 advisory committees to provide notices to stakeholders regarding the
32 purposes of ad hoc advisory committees, timelines for planned work,
33 means for participation, and a statement of desired outcomes.

34 (4) The governor's council shall oversee the work of the strategic
35 work group that includes the existing efforts from and representation
36 by the department of health, the office of the superintendent of public
37 instruction, and the department of early learning. Members must also

1 include representation from local public health and others with
2 expertise in nutrition and physical activity. The strategic work group
3 shall provide expertise and collaborate across the following high-
4 impact focus areas to prevent childhood obesity:

- 5 (a) Breastfeeding-friendly environments;
- 6 (b) Healthy early learning environments; and
- 7 (c) Healthy school environments.

8 (5) The strategic work group shall take the following immediate
9 actions to improve children's health:

- 10 (a) Support comprehensive breastfeeding policies;
- 11 (b) Use existing toolkits for early learning professionals,
12 including child care providers and early childhood education and
13 assistance contractors, which provide recommended strategies to ensure
14 all children are active, eating healthy food, and access to drinking
15 water, to be made available on department of early learning's web site;
- 16 (c) Create a mentoring program to support child care providers in
17 early learning facilities and school staff to implement the toolkits
18 and recommended strategies in this chapter;
- 19 (d) Use research and best practices, to enhance the performance
20 standards for the early childhood education and assistance program
21 described in chapter 43.215 RCW to include best practice standards on
22 healthy eating and physical activity; nutrition education activities in
23 written curriculum plans; and incorporating healthy eating, physical
24 activity, and screen time education into parent education suggested
25 topics;
- 26 (e) Revise statewide guidelines for quality health and fitness
27 education in schools;
- 28 (f) Consider childhood obesity prevention research and best
29 practices when revising rules concerning children's health outcomes;
30 and
- 31 (g) Identify and support other cross-collaboration opportunities
32 between state agencies and other private and public organizations.

33 (6) The governor shall discontinue the council upon a determination
34 of reduced need or resources.

35 NEW SECTION. **Sec. 3.** The strategic work group established in
36 section 2 of this act shall submit their recommendations to ensure

1 better children's health in a report to the governor, the governor's
2 council, and the appropriate committees of the legislature by December
3 31, 2014, which includes the following:

4 (1) Summary of impacts of childhood obesity on short and long-term
5 health outcomes, health care and other costs, academic achievement in
6 early learning, and school settings;

7 (2) Opportunities for partnerships and multisector collaboration;

8 (3) Identification, description, and gap analysis of state and
9 local government and community-based programs using expertise from the
10 governor's council to prevent childhood obesity, including cross-agency
11 efforts such as:

12 (a) Environmental factors;

13 (b) Safe streets;

14 (c) Access to drinking water; and

15 (d) Consideration of all different families and populations;

16 (4) Assessment of feasibility, benefits, and challenges of
17 strategies in each of the high-impact focus areas identified in section
18 2 of this act;

19 (5) Identification of additional policy and funding recommendations
20 including a range of actionable items for consideration by the
21 legislature, including innovative programs to increase physical fitness
22 in schools, healthy food choices, and tobacco and substance use
23 cessation and prevention;

24 (6) Additional action steps and outcomes to reduce childhood
25 obesity, including a focus on reducing health disparities in specific
26 population groups; and

27 (7) Costs and resources required to implement the strategies
28 identified by the strategic work group.

29 NEW SECTION. **Sec. 4.** The council and the strategic work group
30 established in section 2 of this act shall collaborate to identify
31 shared goals and benchmarks such as:

32 (1) Increase the percentage of infants who continue to breastfeed
33 for at least six months. Increase percentage of children ages two
34 through four with a healthy weight; and

35 (2) Increase the percentage of tenth graders with a healthy weight.

1 NEW SECTION. **Sec. 5.** Sections 1 through 4 of this act constitute
2 a new chapter in Title 70 RCW.

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