

SENATE RESOLUTION

8702

By Senator Cleveland

1       WHEREAS, The perennial concern over seasonal influenza has been  
2 heightened this year by the outbreak of coronavirus; and

3       WHEREAS, The Centers for Disease Control and Prevention has  
4 issued a warning that the United States must be prepared for the  
5 possible spread of coronavirus; and

6       WHEREAS, Flus and other serious respiratory illnesses, like  
7 respiratory syncytial virus (RSV), whooping cough, and severe acute  
8 respiratory syndrome (SARS), are spread by cough, sneezing, or  
9 unclean hands; and

10       WHEREAS, In keeping with our commitment to putting people first,  
11 it is critical that we all do our part as leaders to model best  
12 practices for infection control; and

13       WHEREAS, Model practices include vigilant hand hygiene, proper  
14 cough and sneeze etiquette, annual vaccinations, receiving flu  
15 antiviral drugs, and regular cleaning and disinfection of frequently  
16 touched surfaces at home, work, or school, especially when someone is  
17 ill; and

18       WHEREAS, Healthy practices further include getting plenty of  
19 sleep, being physically active, managing stress, drinking plenty of  
20 fluids, and eating nutritious food; and

21       WHEREAS, Even the best preventive measures cannot completely  
22 eliminate the spread or threat of flus; and

1       WHEREAS, Those who are not sick are advised to avoid close  
2 contact with people who are sick and to wash their hands frequently;  
3 and

4       WHEREAS, Those who are sick are advised to keep their distance  
5 from others to protect them from getting sick too and, where  
6 possible, to stay home from work or school and avoid other public  
7 venues;

8       NOW, THEREFORE, BE IT RESOLVED, That the Senate endorse and  
9 encourage the promotion, sharing, and posting of practices to prevent  
10 or reduce the spread of flu and limit the spread of other contagious  
11 diseases in Washington state.

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