

SB 5563 - DIGEST

Requires a pilot to have a mandatory rest period: (1) Of at least ten hours with an opportunity for eight hours of uninterrupted sleep after completion of an assignment; or

(2) That mitigates fatigue caused by circadian misalignment after three consecutive night assignments.

Prohibits a pilot trainee from taking a training program trip if he or she is physically or mentally fatigued or has reasonable belief that the training program trip cannot be carried out in a competent and safe manner.