

**WAC 388-97-1060 Quality of care.** (1) Consistent with resident rights, the nursing home must provide each resident with the necessary care and services to attain or maintain the highest practicable physical, mental and psychosocial well-being, self-care and independence in accordance with his or her comprehensive assessment and plan of care.

(2) Based on the comprehensive assessment of a resident, the nursing home must ensure that:

(a) A resident's abilities in activities of daily living do not decline unless circumstances of the resident's clinical condition demonstrate that the decline was unavoidable. This includes the resident's ability to:

- (i) Bathe, dress, and groom;
- (ii) Transfer and ambulate;
- (iii) Toileting;
- (iv) Eat; and
- (v) Use speech, language, or other functional communication systems.

(b) A resident is given the appropriate treatment and services to maintain or improve the resident's abilities in activities of daily living specified in subsection (2)(a) of this section; and

(c) A resident who is unable to carry out activities of daily living receives the necessary services to maintain good nutrition, grooming, and personal and oral hygiene.

(3) The nursing home must ensure that the appropriate care and services are provided to the resident in the following areas, as applicable in accordance with the resident's individualized assessments and plan of care:

- (a) Vision and hearing;
- (b) Skin;
- (c) Continence;
- (d) Range of motion;
- (e) Mental and psychosocial functioning and adjustment;
- (f) Nasogastric and gastrostomy tubes;
- (g) Accident prevention;
- (h) Nutrition;
- (i) Hydration;
- (j) Special needs, including:
  - (i) Injections;
  - (ii) Parenteral and enteral fluids;
  - (iii) Colostomy, ureterostomy, or ileostomy care;
  - (iv) Tracheostomy care;
  - (v) Tracheal suction;
  - (vi) Respiratory care;
  - (vii) Dental care;
  - (viii) Foot care; and
  - (ix) Prostheses.
- (k) Medications, including freedom from:
  - (i) Unnecessary drugs;
  - (ii) Nursing home error rate of five percent or greater; and
  - (iii) Significant medication errors.
- (l) Self-administration of medication; and
- (m) Independent living skills.

(4) The nursing home must ensure that each resident is monitored for desired responses and undesirable side effects of prescribed drugs.

[Statutory Authority: Chapters 18.51 and 74.42 RCW and 42 C.F.R. 489.52. WSR 08-20-062, § 388-97-1060, filed 9/24/08, effective 11/1/08.]