

WAC 36-14-105 Guidelines for martial arts weight classes and weight difference allowance. The following guidelines shall be used for contests unless the department waives the weight difference allowance in writing.

Weight Class		Weight Difference Allowance
Flyweight	up to and including 125 pounds	not more than 5 lbs.
Bantamweight	over 125 to 135 pounds	not more than 10 lbs.
Featherweight	over 135 to 145 pounds	not more than 10 lbs.
Lightweight	over 145 to 155 pounds	not more than 10 lbs.
Welterweight	over 155 to 170 pounds	not more than 15 lbs.
Middleweight	over 170 to 185 pounds	not more than 15 lbs.
Light Heavyweight	over 185 to 205 pounds	not more than 20 lbs.
Heavyweight	over 205 to 265 pounds	not more than 60 lbs.
Super Heavyweight	over 265 pounds	no limit

A one pound allowance for nontitle bouts is acceptable but only if provided for in the written bout contract.

The department may approve catch weight bouts, subject to their review and discretion. For example, the department may still decide to allow the contest if it feels that the contest would still be fair, safe and competitive if a set catch weight is set in advance at 163 pounds, for example.

In addition, if one athlete weighs in at 264 pounds while the opponent weighs in at 267 pounds, the department may still decide to allow the contest if it feels that the contest would still be fair and competitive. This would be despite the fact that the two athletes weighed in at differing weight classes.

[Statutory Authority: RCW 43.24.023, 67.08.015, and 67.08.017. WSR 13-21-149, § 36-14-105, filed 10/23/13, effective 12/1/13. Statutory Authority: RCW 67.08.017, 67.08.105, and 43.24.023. WSR 02-20-094, § 36-14-105, filed 10/1/02, effective 1/1/03.]