

WAC 110-302-0180 Meal and snack schedule. (1) ONB providers must serve meals and snacks to children in care as follows:

(a) Meals and snacks must be served not less than two hours apart, unless vigorous activity or weather conditions require more frequent serving, and not more than three hours apart unless the child is asleep;

(b) Children in care for five to nine hours:

(i) At least one meal and two snacks; or

(ii) Two meals and one snack;

(c) Children in care for more than nine hours:

(i) Two meals and two snacks; or

(ii) Three snacks and one meal;

(d) A snack or meal must be provided to a child who arrives to the ONB program after school.

(2) For ONB programs that enroll only preschool-age children or both preschool-age and school-age children, ONB providers must offer children the opportunity for developmentally appropriate tooth brushing activities at least once per day.

(a) Tooth brushing activities must be safe, sanitary, and educational.

(b) Toothbrushes used in an ONB program must be stored in a manner that prevents cross contamination.

(c) The parent or guardian of a child may opt out of the daily tooth brushing activities by signing a written form.

[Statutory Authority: RCW 43.216.742. WSR 23-10-059, § 110-302-0180, filed 5/1/23, effective 6/1/23.]