

**WAC 388-106-0300 What services may I receive under community options program entry system (COPES) when I live in my own home?** When you live in your own home, you may be eligible to receive the following services under COPES:

(1) Adult day care if you meet the eligibility requirements under WAC 388-106-0805;

(2) Environmental modifications, if the minor physical adaptations to your home:

(a) Are necessary to ensure your health, welfare, and safety;

(b) Enable you to function with greater independence in the home;

(c) Directly benefit you medically or remedially;

(d) Meet applicable state or local codes; and

(e) Are not adaptations or improvements, which are of general utility or add to the total square footage;

(3) Home delivered meals which provide one nutritionally balanced meal per day if:

(a) You are homebound and live in your own home;

(b) You are unable to prepare the meal;

(c) You don't have a caregiver (paid or unpaid) available to prepare this meal; and

(d) Receiving this meal is more cost-effective than having a paid caregiver;

(4) Community choice guiding are services to help you establish or stabilize your living arrangement in your own home if:

(a) You have frequent institutional contacts;

(b) You have frequent turn-over of caregivers; or

(c) You are in imminent jeopardy of eviction or loss of your current community setting;

(5) Skilled nursing, if the service is:

(a) Provided by a registered nurse or licensed practical nurse under the supervision of a registered nurse; and

(b) Beyond the amount, duration, or scope of medicaid-reimbursed home health services as provided under WAC 182-551-2100;

(6) Specialized medical equipment and supplies under WAC 182-543-1000, if the items:

(a) Are necessary for:

(i) Life support;

(ii) To increase your ability to perform activities of daily living; or

(iii) To perceive, control, or communicate with the environment in which you live; or

(b) Are directly remedially beneficial to you; and

(c) Do not replace any medical equipment or supplies otherwise provided under either medicaid or medicare;

(7) Training needs identified in the CARE assessment which meet a therapeutic goal such as:

(a) Adjusting to a serious impairment;

(b) Managing personal care needs; or

(c) Developing necessary skills to deal with care providers;

(8) Transportation services, when the service:

(a) Provides access to community services and resources to meet a therapeutic goal;

(b) Is not diverting in nature; and

(c) Does not replace the medicaid-brokered transportation or transportation services available in the community;

(9) Nursing services from a registered nurse based on your individual need as determined by your CARE assessment, when you are not

already receiving this type of service from another resource, which may include any of the following activities:

- (a) Nursing assessment/reassessment;
- (b) Instruction to you and your providers;
- (c) Care coordination and referral to other health care providers;
- (d) Skilled treatment, in the event of an emergency, which requires authorization, prescription, and supervision by an authorized practitioner prior to its provision by a nurse, for example, medication administration or wound care such as debridement;

- (e) File review; or
- (f) Evaluation of health-related care needs affecting service plan and delivery;

(10) Adult day health services as described in WAC 388-71-0706 when you are:

- (a) Assessed as having an unmet need for skilled nursing under WAC 388-71-0712 or skilled rehabilitative therapy under WAC 388-71-0714 and:

- (i) There is a reasonable expectation that these services will improve, restore, or maintain your health status, or in the case of a progressive disabling condition, will either restore or slow the decline of your health and functional status or ease related pain or suffering;

- (ii) You are at risk for deteriorating health, deteriorating functional ability, or institutionalization; and

- (iii) You have a chronic or acute health condition that you are not able to safely manage due to a cognitive, physical, or other functional impairment;

- (b) Assessed as having needs for personal care or other core services, whether or not those needs are otherwise met; however

- (c) You are not eligible for adult day health if you:

- (i) Can independently perform or obtain the services provided at an adult day health center; or

- (ii) Have referred care needs that:

- (A) Exceed the scope of authorized services that the adult day health center is able to provide;

- (B) Do not need to be provided or supervised by a licensed nurse or therapist;

- (C) Can be met in a less structured care setting;

- (D) In the case of skilled care needs, are being met by paid or unpaid caregivers;

- (E) Live in a nursing home or other institutional facility; or

- (F) Are not capable of participating safely in a group care setting;

(11) Wellness education, as identified in your person centered service plan to address an assessed need or condition; and

(12) Community support: Goods and services are nonrecurring set-up items and services to assist with expenses if you choose to move from a residential setting to an in-home setting and may include:

- (a) Security deposits that are required to lease an apartment or home;

- (b) Activities to assess need, arrange for, and obtain needed resources, including essential household furnishings;

- (c) Set-up fees or deposits for utility or services access, including telephone, electricity, heating, water, and garbage;

- (d) Services necessary for your health and safety such as pest eradication, and one-time cleaning prior to occupancy;

- (e) Moving expenses; and
- (f) Necessary home accessibility adaptations.

[Statutory Authority: RCW 74.08.090 and 74.09.520. WSR 19-15-029, § 388-106-0300, filed 7/10/19, effective 8/10/19; WSR 15-11-049, § 388-106-0300, filed 5/15/15, effective 7/1/15; WSR 15-03-038, § 388-106-0300, filed 1/12/15, effective 2/12/15. Statutory Authority: RCW 74.08.090, 74.09.520, and 2012 2nd sp.s. c 7. WSR 12-15-087, § 388-106-0300, filed 7/18/12, effective 8/18/12. Statutory Authority: RCW 74.08.090, 74.09.520. WSR 07-24-026, § 388-106-0300, filed 11/28/07, effective 1/1/08. Statutory Authority: RCW 74.08.090, 74.09.520, 74.39A.010 and 74.39A.020. WSR 06-05-022, § 388-106-0300, filed 2/6/06, effective 3/9/06. Statutory Authority: RCW 74.08.090, 74.09.520. WSR 05-11-082, § 388-106-0300, filed 5/17/05, effective 6/17/05.]