## HOUSE BILL 1218

State of Washington 56th Legislature 1999 Regular Session

**By** Representatives Cody and Parlette; by request of Department of Health

Read first time 01/19/1999. Referred to Committee on Health Care.

1 AN ACT Relating to department of health recommendations for 2 improving nurse delegation in community settings; amending RCW 3 18.88A.210, 18.88A.230, and 18.79.260; and repealing RCW 18.88A.220 and 4 18.88A.240.

5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

6 Sec. 1. RCW 18.88A.210 and 1998 c 272 s 10 are each amended to 7 read as follows:

8 (1) A ((nurse may delegate specific care tasks to)) nursing 9 assistant((s)) meeting the requirements of this section ((and)) who 10 provides care to individuals in ((community residential programs for the developmentally disabled certified by the department of social and 11 12 health services under chapter 71A.12 RCW, to individuals residing in 13 adult family homes licensed under chapter 70.128 RCW, and to 14 individuals residing in boarding homes licensed under chapter 18.20 RCW 15 contracting with the department of social and health services to 16 provide assisted living services pursuant to RCW 74.39A.010)) 17 community-based care settings, as defined in RCW 18.79.260(3), may <u>accept delegation of nursing care tasks by a registered nurse as</u> 18 provided in RCW 18.79.260(3). 19

1 (2) For the purposes of this section, "nursing assistant" means a 2 nursing assistant-registered or a nursing assistant-certified. Nothing 3 in this section may be construed to affect the authority of nurses to 4 delegate nursing tasks to other persons, including licensed practical 5 nurses, as authorized by law.

(3) Before commencing any specific nursing care tasks authorized б 7 under this chapter, the nursing assistant must (a) provide to the 8 delegating nurse a certificate of completion issued by the department 9 of social and health services indicating the completion of basic core 10 nurse delegation training ((as provided in this section)), (b) be regulated by the department of health pursuant to this chapter, subject 11 to the uniform disciplinary act under chapter 18.130 RCW, and (c) meet 12 13 any additional training requirements identified by the nursing care quality assurance commission ((and authorized by this section)). 14 15 Exceptions to these training requirements must adhere to RCW 16 18.79.260(3)(d)(iii).

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(((4) A nurse may delegate the following care tasks:

18 (a) Oral and topical medications and ointments;

19 (b) Nose, ear, eye drops, and ointments;

20 (c) Dressing changes and catheterization using clean techniques as
 21 defined by the nursing care quality assurance commission;

22 (d) Suppositories, enemas, ostomy care;

23 (e) Blood glucose monitoring;

24 (f) Gastrostomy feedings in established and healed condition.

25 (5) On or before September 1, 1995, the nursing care quality 26 assurance commission, in conjunction with the professional nursing organizations, shall develop rules for nurse delegation protocols and 27 28 by December 5, 1995, identify training beyond the core training that is 29 deemed necessary for the delegation of complex tasks and patient care. 30 (6) Nursing task delegation protocols are not intended to regulate 31 the settings in which delegation may occur but are intended to ensure that nursing care services have a consistent standard of practice upon 32 which the public and profession may rely and to safeguard the authority 33 34 of the nurse to make independent professional decisions regarding the delegation of a task. Protocols shall include at least the following: 35 36 (a) Ensure that determination of the appropriateness of delegation 37 of a nursing task is at the discretion of the nurse; (b) Allow delegation of a nursing care task only for patients who 38

38 (b) Allow delegation of a nursing care task only for patients who 39 have a stable and predictable condition. "Stable and predictable 1 condition" means a situation, as defined by rule by the nursing care 2 quality assurance commission, in which the patient's clinical and 3 behavioral status is known and does not require frequent presence and 4 evaluation of a registered nurse;

5 (c) Assure that the initial delegating nurse obtains written 6 consent to the nurse delegation process from the patient or a person 7 authorized under RCW 7.70.065. Written consent is only necessary at 8 the initial use of the nurse delegation process for each patient and is 9 not necessary for task additions or changes or if a different nurse or 10 nursing assistant will be participating in the process. The written 11 consent must include at a minimum the following:

12 (i) A list of the tasks that could potentially be delegated per RCW 13 18.88A.210; and

14 (ii) A statement that a nursing assistant through the nurse 15 delegation process will be performing a task that would previously have 16 been performed by a registered or licensed practical nurse;

17 (d) Verify that the nursing assistant has completed the core 18 training;

19 (e) Require assessment by the nurse of the ability and willingness 20 of the nursing assistant to perform the delegated nursing task in the 21 absence of direct nurse supervision and to refrain from delegation if 22 the nursing assistant is not able or willing to perform the task;

23 (f) Require the nurse to analyze the complexity of the nursing task 24 that is considered for delegation and determine the appropriate level 25 of training and any need of additional training for the nursing 26 assistant;

27 (g) Require the teaching of the nursing care task to the nursing 28 assistant utilizing one or more of the following: (i) Verification of 29 competency via return demonstration; (ii) other methods for 30 verification of competency to perform the nursing task; or (iii) 31 assurance that the nursing assistant is competent to perform the 32 nursing task as a result of systems in place in the community residential program for the developmentally disabled, adult family 33 34 home, or boarding home providing assisted living services;

35 (h) Require a plan of nursing supervision and reevaluation of the 36 delegated nursing task. "Nursing supervision" means that the 37 registered nurse monitors by direct observation or by whatever means is 38 deemed appropriate by the registered nurse the skill and ability of the 39 nursing assistant to perform delegated nursing tasks. Frequency of

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1 supervision is at the discretion of the registered nurse but shall

2 occur at least every sixty days;

3 (i) Require instruction to the nursing assistant that the delegated
4 nursing task is specific to a patient and is not transferable;

5 (j) Require documentation and written instruction related to the 6 delegated nursing task be provided to the nursing assistant and a copy 7 maintained in the patient record;

8 (k) Ensure that the nursing assistant is prepared to effectively
9 deal with the predictable outcomes of performing the nursing task;

10 (1) Include in the delegation of tasks an awareness of the nature 11 of the condition requiring treatment, risks of the treatment, side 12 effects, and interaction of prescribed medications;

13 (m) Require documentation in the patient's record of the rationale
14 for delegating or not delegating nursing tasks.

15 (7) A basic core training curriculum on providing care for individuals in community residential programs for the developmentally 16 disabled certified by the department of social and health services 17 18 under chapter 71A.12 RCW shall be in addition to the training 19 requirements specified in subsection (5) of this section. Basic core 20 training shall be developed and adopted by rule by the secretary of the department of social and health services. The department of social and 21 22 health services shall appoint an advisory panel to assist in the 23 development of core training comprised of representatives of the 24 following:

25 (a) The division of developmental disabilities;

26 (b) The nursing care quality assurance commission;

27 (c) Professional nursing organizations;

28 (d) A state-wide organization of community residential service 29 providers whose members are programs certified by the department under 30 chapter 71A.12 RCW.

31 (8) A basic core training curriculum on providing care to residents 32 in residential settings licensed under chapter 70.128 RCW, or in assisted living pursuant to RCW 74.39A.010 shall be mandatory for 33 34 nursing assistants prior to assessment by a nurse regarding the ability and willingness to perform a delegated nursing task. Core training 35 36 shall be developed and adopted by rule by the secretary of the 37 department of social and health services, in conjunction with an advisory panel. The advisory panel shall be comprised of 38 39 representatives from, at a minimum, the following:

1 (a) The nursing care quality assurance commission;

2 (b) Professional nurse organizations;

3 (c) A state-wide association of community residential service
4 providers whose members are programs certified by the department under
5 chapter 71A.12 RCW;

6 (d) Aging consumer groups;

7 (e) Associations representing homes licensed under chapters 70.128
8 and 18.20 RCW; and

9 (f) Associations representing home health, hospice, and home care 10 agencies licensed under chapter 70.127 RCW.))

11 **Sec. 2.** RCW 18.88A.230 and 1998 c 272 s 11 are each amended to 12 read as follows:

(1) The ((nurse and)) nursing assistant shall be accountable for their own individual actions in the delegation process. ((Nurses acting within the protocols of their delegation authority shall be immune from liability for any action performed in the course of their delegation duties.)) Nursing assistants following written delegation instructions from registered nurses performed in the course of their accurately written, delegated duties shall be immune from liability.

(2) ((No person may coerce a nurse into compromising patient safety 20 by requiring the nurse to delegate if the nurse determines it is 21 inappropriate to do so. Nurses shall not be subject to any employer 22 23 reprisal or disciplinary action by the Washington nursing care quality 24 assurance commission for refusing to delegate tasks or refusing to provide the required training for delegation if the nurse determines 25 26 delegation may compromise patient safety.)) Nursing assistants shall not be subject to any employer reprisal or disciplinary action by the 27 ((nursing care quality assurance commission)) secretary for refusing to 28 29 accept delegation of a nursing task based on patient safety issues. No 30 ((community residential program, adult family home, or boarding home contracting to provide assisted-living services)) community-based care 31 setting as defined in RCW 18.79.260(3)(d) may discriminate or retaliate 32 33 in any manner against a person because the person made a complaint or 34 cooperated in the investigation of a complaint.

35 (((3) The department of social and health services may impose a 36 civil fine of not less than two hundred fifty dollars nor more than one 37 thousand dollars on a community residential program, adult family home, 38 or boarding home under chapter 18, Laws of 1995 1st sp. sess. that 1 knowingly permits an employee to perform a nursing task except as 2 delegated by a nurse pursuant to chapter 18, Laws of 1995 1st sp. 3 sess.))

4 Sec. 3. RCW 18.79.260 and 1995 1st sp.s. c 18 s 51 are each 5 amended to read as follows:

6 (1) A registered nurse under his or her license may perform for 7 compensation nursing care, as that term is usually understood, of the 8 ill, injured, or infirm((, and in the course thereof, she or he may do 9 the following things that shall not be done by a person not so 10 licensed, except as provided in RCW 18.79.270 and 18.88A.210:)).

(((1))) (2) A registered nurse may, at or under the general 11 12 direction of a licensed physician and surgeon, dentist, osteopathic physician and surgeon, naturopathic physician, podiatric physician and 13 14 surgeon, physician assistant, osteopathic physician assistant, or 15 advanced registered nurse practitioner acting within the scope of his 16 or her license, administer medications, treatments, tests, and inoculations, whether or not the severing or penetrating of tissues is 17 18 involved and whether or not a degree of independent judgment and skill is required. Such direction must be for acts which are within the 19 scope of registered nursing practice((+ 20

21 (2) Delegate to other persons the functions outlined in subsection 22 (1) of this section in accordance with chapter 18.88A  $RCW_{\dot{r}}$ )).

(3) <u>A registered nurse may delegate tasks of nursing care to other</u>
 <u>individuals where the registered nurse determines that it is in the</u>
 <u>best interest of the patient.</u>

26 <u>(a) The delegating nurse shall:</u>

27 <u>(i) Determine the competency of the individual to perform the</u> 28 <u>tasks;</u>

29 <u>(ii) Evaluate the appropriateness of the delegation;</u>

30 (iii) Supervise the actions of the person performing the delegated
31 task; and

32 (iv) Delegate only those tasks that are within the registered
33 nurse's scope of practice.

(b) A registered nurse may not delegate acts requiring substantial
 skill, the administration of medications, or piercing or severing of
 tissues except to registered or certified nursing assistants who

37 provide care to individuals in community-based care settings as

<u>authorized under (d) of this subsection. Acts that require nursing</u>
 <u>judgment shall not be delegated.</u>

3 (c) No person may coerce a nurse into compromising patient safety 4 by requiring the nurse to delegate if the nurse determines that it is 5 inappropriate to do so. Nurses shall not be subject to any employer 6 reprisal or disciplinary action by the nursing care quality assurance 7 commission for refusing to delegate tasks or refusing to provide the 8 required training for delegation if the nurse determines delegation may 9 compromise patient safety.

(d) For <u>delegation in community-based care settings</u>, a registered 10 nurse may delegate nursing care tasks only to registered or certified 11 12 nursing assistants. Simple care tasks such as blood pressure monitoring, personal care service, or other tasks as defined by the 13 14 nursing care quality assurance commission are exempted from this requirement. "Community-based care settings" includes: Community 15 residential programs for the developmentally disabled, certified by the 16 department of social and health services under chapter 71A.12 RCW; 17 18 adult family homes licensed under chapter 70.128 RCW; boarding homes 19 licensed under chapter 18.20 RCW; and other community-based settings as authorized by the nursing care quality assurance commission by rule. 20 Community-based care settings do not include acute care or skilled 21 22 nursing facilities.

(i) Delegation of nursing care tasks in community-based care settings is only allowed for individuals who have a stable and predictable condition. "Stable and predictable condition" means a situation in which the individual's clinical and behavioral status is known and does not require the frequent presence and evaluation of a registered nurse.

29 (ii) The determination of the appropriateness of delegation of a 30 nursing task is at the discretion of the registered nurse. However, 31 the administration of medications by the intravenous or intramuscular 32 route, sterile procedures, and central line maintenance may never be 33 delegated.

(iii) The registered nurse is responsible for ensuring that the nursing assistant has completed the required core nurse delegation training required in chapter 18.88A RCW prior to authorizing delegation. On a case-by-case basis, the registered nurse may delegate tasks to nursing assistants prior to the nursing assistant completing the training if the registered nurse determines that it is appropriate 1 to do so, provides all necessary one-on-one training specific to that 2 task and resident, and ensures that the nursing assistant receives the 3 core delegation training within the first sixty days of the delegation 4 process. The registered nurse shall immediately rescind the delegation 5 process if the nursing assistant has not completed the core training 6 within this time frame.

6 within this time frame.

7 (iv) The nurse is accountable for his or her own individual actions
8 in the delegation process. Nurses acting within the protocols of their
9 delegation authority are immune from liability for any action performed
10 in the course of their delegation duties.

(v) On or before June 30, 2000, the nursing care quality assurance 11 commission, in conjunction with the professional nursing organizations 12 and the department of social and health services, shall make any needed 13 14 revisions or additions to nurse delegation protocols by rule, including 15 standards for nurses to obtain informed consent prior to the delegation of nursing care tasks. Nursing task delegation protocols are not 16 intended to regulate the settings in which delegation may occur, but 17 are intended to ensure that nursing care services have a consistent 18 19 standard of practice upon which the public and the profession may rely, and to safequard the authority of the nurse to make independent 20 professional decisions regarding the delegation of a task. 21

(e) The nursing care quality assurance commission may adopt rules
 to implement this section.

24 (4) Only a person licensed as a registered nurse may instruct 25 nurses in technical subjects pertaining to  $nursing((\div))$ .

26 (((4))) (5) Only a person licensed as a registered nurse may hold 27 herself or himself out to the public or designate herself or himself as 28 a registered nurse.

29 <u>NEW SECTION.</u> Sec. 4. The following acts or parts of acts are each 30 repealed:

31 (1) RCW 18.88A.220 and 1995 1st sp.s. c 18 s 47; and

32 (2) RCW 18.88A.240 and 1995 1st sp.s. c 18 s 49.

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