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## SENATE BILL 6855

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State of Washington 56th Legislature 2000 Regular Session

By Senators Thibaudeau and Costa

Read first time 02/18/2000. Referred to Committee on Health & Long-Term Care.

- 1 AN ACT Relating to insurance coverage for the treatment of social
- 2 anxiety disorder; adding a new section to Title 48 RCW; and creating a
- 3 new section.
- 4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
- 5 <u>NEW SECTION.</u> **Sec. 1.** The legislature finds and declares that:
- 6 (1) Social anxiety disorder is the most common anxiety disorder 7 affecting approximately 7.9 percent of Americans annually with a
- 8 lifetime prevalence of 13.3 percent.
- 9 (2) Patients with social anxiety disorder are at a fourfold
- 10 increased risk of developing depression, and are three times more
- 11 likely to develop panic, and two times more likely to suffer from
- 12 alcoholism, as persons without the disorder.
- 13 (3) Patients with social anxiety disorder are twice as likely to
- 14 attempt suicide as those persons without the disorder.
- 15 (4) Social anxiety disorder has been scientifically linked to
- 16 reduced quality of life, lower education attainment, and impairment of
- 17 professional advancement and wage earning ability.

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- NEW SECTION. Sec. 2. A new section is added to Title 48 RCW to 2 read as follows:
- 3 (1) Every health care service plan contract that provides mental 4 health benefit coverage and that is issued, amended, delivered, or 5 renewed on or after January 1, 2001, must include coverage for 6 medically necessary treatment of social anxiety disorder.
- 7 (2) A provision in any plan contract issued, amended, delivered, or 8 renewed on or after January 1, 2001, that is in conflict with this 9 section is of no force or effect.
- 10 (3) As used in this section, "social anxiety disorder" means a 11 condition that meets the criteria for generalized social phobia set 12 forth in the Diagnostic and Statistical Manual of Mental Disorders, 13 Fourth Edition, of the American psychiatric association.

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