## SENATE BILL 5226

State of Washington 58th Legislature 2003 Regular Session

By Senators Hale, Deccio, Thibaudeau, Keiser, Oke and Franklin

Read first time 01/20/2003. Referred to Committee on Health & Long-Term Care.

AN ACT Relating to authorizing optometrists to use and prescribe approved drugs for diagnostic or therapeutic purposes without limitation upon the methods of delivery in the practice of optometry; and amending RCW 18.53.010, 18.53.140, 69.41.030, and 69.50.101.

5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

6 **Sec. 1.** RCW 18.53.010 and 1989 c 36 s 1 are each amended to read 7 as follows:

8 (1) The practice of optometry is defined as the examination of the 9 human eye, the examination and ascertaining any defects of the human 10 vision system and the analysis of the process of vision. The practice 11 of optometry may include, but not necessarily be limited to, the 12 following:

(a) The employment of any objective or subjective means or method, including the use of drugs ((topically applied to the eye)), for diagnostic and therapeutic purposes by those licensed under this chapter and who meet the requirements of subsections (2) and (3) of this section, and the use of any diagnostic instruments or devices for the examination or analysis of the human vision system, the measurement 1 of the powers or range of human vision, or the determination of the 2 refractive powers of the human eye or its functions in general; and

3 (b) The prescription and fitting of lenses, prisms, therapeutic or 4 refractive contact lenses and the adaption or adjustment of frames and 5 lenses used in connection therewith; and

6 (c) The prescription and provision of visual therapy, therapeutic 7 aids, and other optical devices((, and the treatment with topically 8 applied drugs by those licensed under this chapter and who meet the 9 requirements of subsections (2) and (3) of this section)); and

10 (d) The ascertainment of the perceptive, neural, muscular, or 11 pathological condition of the visual system; and

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(e) The adaptation of prosthetic eyes.

13 (2)(a) Those persons using drugs for diagnostic purposes in the 14 practice of optometry shall have a minimum of sixty hours of didactic and clinical instruction in general and ocular pharmacology as applied 15 16 to optometry, ((and for therapeutic purposes, an additional minimum of seventy-five hours of didactic and clinical instruction)) 17 as established by the board, and certification from an institution of 18 higher learning, accredited by those agencies recognized by the United 19 of education or council 20 States office the on postsecondary 21 accreditation to qualify for certification by the optometry board of 22 Washington to use drugs for diagnostic and therapeutic purposes.

(b) Those persons using or prescribing topical drugs for 23 24 therapeutic purposes in the practice of optometry must be certified under (a) of this subsection, and must have an additional minimum of 25 26 seventy-five hours of didactic and clinical instruction as established 27 by the board, and certification from an institution of higher learning, accredited by those agencies recognized by the United States office of 28 education or the council on postsecondary accreditation to qualify for 29 30 certification by the optometry board of Washington to use drugs for 31 therapeutic purposes.

32 (c) Those persons using or prescribing drugs administered orally 33 for therapeutic purposes in the practice of optometry shall be 34 certified under (b) of this subsection, and shall have an additional 35 minimum of sixteen hours of didactic and eight hours of supervised 36 clinical instruction as established by the board, and certification 37 from an institution of higher learning, accredited by those agencies 38 recognized by the United States office of education or the council on postsecondary accreditation to qualify for certification by the optometry board of Washington to administer, dispense, or prescribe oral drugs for therapeutic purposes.

4 (d) Those persons administering epinephrine by injection for treatment of anaphylactic shock in the practice of optometry must be 5 certified under (b) of this subsection and must have an additional б minimum of four hours of didactic and supervised clinical instruction, 7 as established by the board, and certification from an institution of 8 higher learning, accredited by those agencies recognized by the United 9 States office of education or the council on postsecondary 10 accreditation to qualify for certification by the optometry board to 11 12 administer epinephrine by injection.

13 <u>(e)</u> Such course or courses shall be the fiscal responsibility of 14 the participating and attending optometrist.

(3) The board shall establish a schedule of drugs for diagnostic and treatment purposes limited to the practice of optometry, and no person licensed pursuant to this chapter shall prescribe, dispense, purchase, possess, or administer drugs except as authorized and to the extent permitted by the board.

(4) The board must establish a list of Schedule III through V
 controlled substances, after consultation with the board of pharmacy,
 and no person licensed under this chapter may use, prescribe, dispense,
 purchase, possess, or administer these drugs except as authorized and
 to the extent permitted by the board.

(a) The board, in consultation with the board of pharmacy, must establish, by rule, specific guidelines for the prescription and administration of drugs by optometrists, so that licensed optometrists and persons filling their prescriptions have a clear understanding of which drugs and which dosages or forms are included in the authority granted by this section.

31 (b) An optometrist may not prescribe, dispense, or administer a 32 controlled substance for more than seven days in treating a particular 33 patient for a single trauma, episode, or condition or for pain 34 associated with or related to the trauma, episode, or condition.

35 (c) The prescription or administration of drugs as authorized in 36 this section is specifically limited to those drugs appropriate to 37 treatment of diseases or conditions of the human eye and the adnexa 1 that are within the scope of practice of optometry. The prescription 2 or administration of drugs for any other purpose is not authorized by 3 this section.

4 (5) The board shall develop a means of identification and 5 verification of optometrists certified to use therapeutic drugs for the 6 purpose of issuing prescriptions as authorized by this section.

7 (6) Nothing in this chapter may be construed to authorize retinal 8 repair surgery or laser in situ keratomileusis surgery, nor the use, 9 prescription, dispensing, purchase, possession, or administration of 10 any Schedule I controlled substance. The provisions of this subsection 11 must be strictly construed.

12 **Sec. 2.** RCW 18.53.140 and 1991 c 3 s 138 are each amended to read 13 as follows:

14 It shall be unlawful for any person:

15 (1) To sell or barter, or offer to sell or barter any license 16 issued by the secretary; or

17 (2) To purchase or procure by barter any license with the intent to 18 use the same as evidence of the holder's qualification to practice 19 optometry; or

20 (3) To alter with fraudulent intent in any material regard such 21 license; or

(4) To use or attempt to use any such license which has been purchased, fraudulently issued, counterfeited or materially altered as a valid license; or

(5) To practice optometry under a false or assumed name, or as a 25 26 representative or agent of any person, firm or corporation with which 27 the licensee has no connection: PROVIDED, Nothing in this chapter nor in the optometry law shall make it unlawful for any lawfully licensed 28 optometrist or association of lawfully licensed optometrists to 29 practice optometry under the name of any lawfully licensed optometrist 30 31 who may transfer by inheritance or otherwise the right to use such name; or 32

33 (6) To practice optometry in this state either for him or herself 34 or any other individual, corporation, partnership, group, public or 35 private entity, or any member of the licensed healing arts without 36 having at the time of so doing a valid license issued by the secretary 37 of health; or

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1 (7) To in any manner barter or give away as premiums either on his 2 <u>or her</u> own account or as agent or representative for any other purpose, 3 firm or corporation, any eyeglasses, spectacles, lenses or frames; or

4 (8) To use drugs in the practice of optometry, except ((those
5 topically applied for diagnostic or therapeutic purposes)) as
6 authorized under RCW 18.53.010; or

7 (9) To use advertising whether printed, radio, display, or of any 8 other nature, which is misleading or inaccurate in any material 9 particular, nor shall any such person in any way misrepresent any goods 10 or services (including but without limitation, its use, trademark, 11 grade, quality, size, origin, substance, character, nature, finish, 12 material, content, or preparation) or credit terms, values, policies, 13 services, or the nature or form of the business conducted; or

14 (10) To advertise the "free examination of eyes," "free 15 consultation," "consultation without obligation," "free advice," or any 16 words or phrases of similar import which convey the impression to the 17 public that eyes are examined free or of a character tending to deceive 18 or mislead the public, or in the nature of "bait advertising;" or

(11) To use an advertisement of a frame or mounting which is not 19 20 truthful in describing the frame or mounting and all its component 21 parts. Or advertise a frame or mounting at a price, unless it shall be 22 depicted in the advertisement without lenses inserted, and in addition the advertisement must contain a statement immediately following, or 23 24 adjacent to the advertised price, that the price is for frame or 25 mounting only, and does not include lenses, eye examination and professional services, which statement shall appear in type as large as 26 27 that used for the price, or advertise lenses or complete glasses, viz.: frame or mounting with lenses included, at a price either alone or in 28 conjunction with professional services; or 29

30 (12) To use advertising, whether printed, radio, display, or of any 31 other nature, which inaccurately lays claim to a policy or continuing 32 practice of generally underselling competitors; or

33 (13) To use advertising, whether printed, radio, display or of any 34 other nature which refers inaccurately in any material particular to 35 any competitors or their goods, prices, values, credit terms, policies 36 or services; or

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(14) To use advertising whether printed, radio, display, or of any

other nature, which states any definite amount of money as "down payment" and any definite amount of money as a subsequent payment, be it daily, weekly, monthly, or at the end of any period of time.

4 **Sec. 3.** RCW 69.41.030 and 1996 c 178 s 17 are each amended to read 5 as follows:

6 It shall be unlawful for any person to sell, deliver, or possess 7 any legend drug except upon the order or prescription of a physician under chapter 18.71 RCW, an osteopathic physician and surgeon under 8 9 chapter 18.57 RCW, an optometrist licensed under chapter 18.53 RCW who 10 is certified by the optometry board under RCW 18.53.010, a dentist under chapter 18.32 RCW, a podiatric physician and surgeon under 11 12 18.22 RCW, a veterinarian under chapter 18.92 RCW, chapter а commissioned medical or dental officer in the United States armed 13 forces or public health service in the discharge of his or her official 14 duties, a duly licensed physician or dentist employed by the veterans 15 16 administration in the discharge of his or her official duties, a 17 registered nurse or advanced registered nurse practitioner under chapter 18.79 RCW when authorized by the nursing care quality assurance 18 commission, an osteopathic physician assistant under chapter 18.57A RCW 19 20 when authorized by the board of osteopathic medicine and surgery, a 21 physician assistant under chapter 18.71A RCW when authorized by the medical quality assurance commission, a physician licensed to practice 22 23 medicine and surgery or a physician licensed to practice osteopathic 24 medicine and surgery, a dentist licensed to practice dentistry, a 25 podiatric physician and surgeon licensed to practice podiatric medicine 26 and surgery, or a veterinarian licensed to practice veterinary 27 medicine, in any province of Canada which shares a common border with the state of Washington or in any state of the United States: 28 29 PROVIDED, HOWEVER, That the above provisions shall not apply to sale, 30 delivery, or possession by drug wholesalers or drug manufacturers, or 31 their agents or employees, or to any practitioner acting within the scope of his or her license, or to a common or contract carrier or 32 33 warehouseman, or any employee thereof, whose possession of any legend 34 drug is in the usual course of business or employment: PROVIDED 35 FURTHER, That nothing in this chapter or chapter 18.64 RCW shall 36 prevent a family planning clinic that is under contract with the

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department of social and health services from selling, delivering,
 possessing, and dispensing commercially prepackaged oral contraceptives
 prescribed by authorized, licensed health care practitioners.

4 **Sec. 4.** RCW 69.50.101 and 1998 c 222 s 3 are each amended to read 5 as follows:

6 Unless the context clearly requires otherwise, definitions of terms 7 shall be as indicated where used in this chapter:

8 (a) "Administer" means to apply a controlled substance, whether by 9 injection, inhalation, ingestion, or any other means, directly to the 10 body of a patient or research subject by:

11 (1) a practitioner authorized to prescribe (or, by the 12 practitioner's authorized agent); or

13 (2) the patient or research subject at the direction and in the 14 presence of the practitioner.

(b) "Agent" means an authorized person who acts on behalf of or at the direction of a manufacturer, distributor, or dispenser. It does not include a common or contract carrier, public warehouseperson, or employee of the carrier or warehouseperson.

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(c) "Board" means the state board of pharmacy.

20 (d) "Controlled substance" means a drug, substance, or immediate 21 precursor included in Schedules I through V as set forth in federal or 22 state laws, or federal or board rules.

(e)(1) "Controlled substance analog" means a substance the chemical structure of which is substantially similar to the chemical structure of a controlled substance in Schedule I or II and:

(i) that has a stimulant, depressant, or hallucinogenic effect on
the central nervous system substantially similar to the stimulant,
depressant, or hallucinogenic effect on the central nervous system of
a controlled substance included in Schedule I or II; or

30 (ii) with respect to a particular individual, that the individual 31 represents or intends to have a stimulant, depressant, or 32 hallucinogenic effect on the central nervous system substantially 33 similar to the stimulant, depressant, or hallucinogenic effect on the 34 central nervous system of a controlled substance included in Schedule 35 I or II.

36 (2) The term does not include:

37 (i) a controlled substance;

1 (ii) a substance for which there is an approved new drug
2 application;

3 (iii) a substance with respect to which an exemption is in effect 4 for investigational use by a particular person under Section 505 of the 5 federal Food, Drug and Cosmetic Act, 21 U.S.C. Sec. 355, to the extent 6 conduct with respect to the substance is pursuant to the exemption; or

7 (iv) any substance to the extent not intended for human consumption
8 before an exemption takes effect with respect to the substance.

9 (f) "Deliver" or "delivery," means the actual or constructive 10 transfer from one person to another of a substance, whether or not 11 there is an agency relationship.

12 (g) "Department" means the department of health.

(h) "Dispense" means the interpretation of a prescription or order for a controlled substance and, pursuant to that prescription or order, the proper selection, measuring, compounding, labeling, or packaging necessary to prepare that prescription or order for delivery.

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(i) "Dispenser" means a practitioner who dispenses.

18 (j) "Distribute" means to deliver other than by administering or 19 dispensing a controlled substance.

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(k) "Distributor" means a person who distributes.

21 (1) "Drug" means (1) a controlled substance recognized as a drug in 22 the official United States pharmacopoeia/national formulary or the 23 official homeopathic pharmacopoeia of the United States, or any 24 supplement to them; (2) controlled substances intended for use in the 25 diagnosis, cure, mitigation, treatment, or prevention of disease in individuals or animals; (3) controlled substances (other than food) 26 27 intended to affect the structure or any function of the body of individuals or animals; and (4) controlled substances intended for use 28 as a component of any article specified in (1), (2), or (3) of this 29 30 subsection. The term does not include devices or their components, 31 parts, or accessories.

32 (m) "Drug enforcement administration" means the drug enforcement 33 administration in the United States Department of Justice, or its 34 successor agency.

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(n) "Immediate precursor" means a substance:

36 (1) that the state board of pharmacy has found to be and by rule 37 designates as being the principal compound commonly used, or produced 38 primarily for use, in the manufacture of a controlled substance; (2) that is an immediate chemical intermediary used or likely to be
 used in the manufacture of a controlled substance; and

3 (3) the control of which is necessary to prevent, curtail, or limit4 the manufacture of the controlled substance.

5 (o) "Isomer" means an optical isomer, but in RCW 69.50.101(r)(5), 6 69.50.204(a) (12) and (34), and 69.50.206(a)(4), the term includes any 7 geometrical isomer; in RCW 69.50.204(a) (8) and (42), and 69.50.210(c) 8 the term includes any positional isomer; and in RCW 69.50.204(a)(35), 9 69.50.204(c), and 69.50.208(a) the term includes any positional or 10 geometric isomer.

(p) "Manufacture" means the production, preparation, propagation, 11 compounding, conversion, or processing of a controlled substance, 12 13 either directly or indirectly or by extraction from substances of 14 natural origin, or independently by means of chemical synthesis, or by a combination of extraction and chemical synthesis, and includes any 15 16 packaging or repackaging of the substance or labeling or relabeling of 17 its container. The term does not include the preparation, compounding, packaging, repackaging, labeling, or relabeling of a controlled 18 substance: 19

20 (1) by a practitioner as an incident to the practitioner's 21 administering or dispensing of a controlled substance in the course of 22 the practitioner's professional practice; or

(2) by a practitioner, or by the practitioner's authorized agent
 under the practitioner's supervision, for the purpose of, or as an
 incident to, research, teaching, or chemical analysis and not for sale.

(q) "Marijuana" or "marihuana" means all parts of the plant 26 27 Cannabis, whether growing or not; the seeds thereof; the resin extracted from any part of the plant; and every compound, manufacture, 28 salt, derivative, mixture, or preparation of the plant, its seeds or 29 resin. The term does not include the mature stalks of the plant, fiber 30 31 produced from the stalks, oil or cake made from the seeds of the plant, 32 any other compound, manufacture, salt, derivative, mixture, or preparation of the mature stalks (except the resin extracted 33 therefrom), fiber, oil, or cake, or the sterilized seed of the plant 34 which is incapable of germination. 35

36 (r) "Narcotic drug" means any of the following, whether produced 37 directly or indirectly by extraction from substances of vegetable

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1 origin, or independently by means of chemical synthesis, or by a 2 combination of extraction and chemical synthesis:

(1) Opium, opium derivative, and any derivative of opium or opium
derivative, including their salts, isomers, and salts of isomers,
whenever the existence of the salts, isomers, and salts of isomers is
possible within the specific chemical designation. The term does not
include the isoquinoline alkaloids of opium.

8 (2) Synthetic opiate and any derivative of synthetic opiate, 9 including their isomers, esters, ethers, salts, and salts of isomers, 10 esters, and ethers, whenever the existence of the isomers, esters, 11 ethers, and salts is possible within the specific chemical designation. 12 (3) Poppy straw and concentrate of poppy straw.

13 (4) Coca leaves, except coca leaves and extracts of coca leaves 14 from which cocaine, ecgonine, and derivatives or ecgonine or their 15 salts have been removed.

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(5) Cocaine, or any salt, isomer, or salt of isomer thereof.

17 (6) Cocaine base.

18 (7) Ecgonine, or any derivative, salt, isomer, or salt of isomer 19 thereof.

(8) Any compound, mixture, or preparation containing any quantity
of any substance referred to in subparagraphs (1) through (7).

22 (s) "Opiate" means any substance having an addiction-forming or addiction-sustaining liability similar to morphine or being capable of 23 24 conversion into a drug having addiction-forming or addiction-sustaining 25 liability. The term includes opium, substances derived from opium (opium derivatives), and synthetic opiates. The term does not include, 26 27 unless specifically designated as controlled under RCW 69.50.201, the dextrorotatory isomer of 3-methoxy-n-methylmorphinan and its salts 28 (dextromethorphan). The term includes the racemic and levorotatory 29 30 forms of dextromethorphan.

(t) "Opium poppy" means the plant of the species Papaver somniferumL., except its seeds.

33 (u) "Person" means individual, corporation, business trust, estate, 34 trust, partnership, association, joint venture, government, 35 governmental subdivision or agency, or any other legal or commercial 36 entity.

37 (v) "Poppy straw" means all parts, except the seeds, of the opium 38 poppy, after mowing.

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- (w) "Practitioner" means:

2 (1) A physician under chapter 18.71 RCW, a physician assistant under chapter 18.71A RCW, an osteopathic physician and surgeon under 3 chapter 18.57 RCW, an optometrist licensed under chapter 18.53 RCW who 4 is certified by the optometry board under RCW 18.53.010 subject to any 5 limitations in RCW 18.53.010, a dentist under chapter 18.32 RCW, a 6 7 podiatric physician and surgeon under chapter 18.22 RCW, a veterinarian under chapter 18.92 RCW, a registered nurse, advanced registered nurse 8 practitioner, or licensed practical nurse under chapter 18.79 RCW, a 9 pharmacist under chapter 18.64 RCW or a scientific investigator under 10 this chapter, licensed, registered or otherwise permitted insofar as is 11 12 consistent with those licensing laws to distribute, dispense, conduct 13 research with respect to or administer a controlled substance in the 14 course of their professional practice or research in this state.

15 (2) A pharmacy, hospital or other institution licensed, registered, 16 or otherwise permitted to distribute, dispense, conduct research with 17 respect to or to administer a controlled substance in the course of 18 professional practice or research in this state.

19 (3) A physician licensed to practice medicine and surgery, a 20 physician licensed to practice osteopathic medicine and surgery, a 21 dentist licensed to practice dentistry, a podiatric physician and 22 surgeon licensed to practice podiatric medicine and surgery, or a 23 veterinarian licensed to practice veterinary medicine in any state of 24 the United States.

(x) "Prescription" means an order for controlled substances issued
by a practitioner duly authorized by law or rule in the state of
Washington to prescribe controlled substances within the scope of his
or her professional practice for a legitimate medical purpose.

(y) "Production" includes the manufacturing, planting, cultivating,growing, or harvesting of a controlled substance.

31 (z) "Secretary" means the secretary of health or the secretary's 32 designee.

33 (aa) "State," unless the context otherwise requires, means a state 34 of the United States, the District of Columbia, the Commonwealth of 35 Puerto Rico, or a territory or insular possession subject to the 36 jurisdiction of the United States.

37 (bb) "Ultimate user" means an individual who lawfully possesses a

controlled substance for the individual's own use or for the use of a
 member of the individual's household or for administering to an animal
 owned by the individual or by a member of the individual's household.

(cc) "Electronic communication of prescription information" means 4 5 the communication of prescription information by computer, or the transmission of an exact visual image of a prescription by facsimile, 6 7 or other electronic means for original prescription information or prescription refill information for a Schedule III-V controlled 8 9 substance between an authorized practitioner and a pharmacy or the 10 transfer of prescription information for a controlled substance from one pharmacy to another pharmacy. 11

12 <u>NEW SECTION.</u> Sec. 5. If any provision of this act or its 13 application to any person or circumstance is held invalid, the 14 remainder of the act or the application of the provision to other 15 persons or circumstances is not affected.

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