SENATE BILL 6587

State of Washington 59th Legislature 2006 Regular Session

By Senators Kastama, Regala, Keiser, Deccio, Thibaudeau, Rasmussen, McAuliffe, Kohl-Welles and Kline

Read first time 01/16/2006. Referred to Committee on Human Services & Corrections.

AN ACT Relating to creating an office of mental health ombudsman; adding a new chapter to Title 43 RCW; creating a new section; repealing RCW 71.24.350; and providing an effective date.

4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

5 NEW SECTION. Sec. 1. The legislature finds that in order to comply with the community mental health services act, chapter 71.24 6 7 RCW, and the medicaid managed care mental health waiver, and to 8 effectively assist persons with mental illness and consumers of mental health services in the assertion of their civil and human rights, and 9 10 improve the quality of services available and promote the to 11 rehabilitation, recovery, and reintegration of these persons, an 12 independent mental health ombudsman program should be instituted.

13 <u>NEW SECTION.</u> Sec. 2. The definitions in this section apply 14 throughout this chapter unless the context clearly requires otherwise. 15 (1) "Department" means the department of community, trade, and 16 economic development.

17 (2) "Immediate family member," as pertaining to conflicts of

interest, means the spouse, parents, children, and siblings of the
 mental health ombudsman.

3 (3) "Mental health consumer" or "consumer" means any individual who
4 is a current or past client, patient, or resident of a mental health
5 provider or facility, or an applicant for such mental health services.

6 (4) "Mental health ombudsman" or "ombudsman" means the state mental 7 health ombudsman, regional mental health ombudsmen, staff of the state 8 and regional mental health ombudsmen, and certified volunteer mental 9 health ombudsmen. A mental health ombudsman shall not be considered to 10 be a mental health provider.

11 (5) "Mental health provider or facility" means any of the 12 following:

13 (a) An agency, individual, or facility that is part of the 14 community mental health service delivery system, as defined in RCW 15 71.24.025;

16 (b) An evaluation and treatment facility, as defined in RCW 17 71.05.020 or 71.34.020;

(c) A long-term care facility, as defined in RCW 43.190.020, in
which adults or children with mental illness reside;

(d) A state hospital, as defined in RCW 72.23.010; and

(e) A facility or agency that receives funds from the state of
 Washington to provide residential or treatment services to adults or
 children with mental illness.

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(6) "Office" means the office of the state mental health ombudsman.

<u>NEW SECTION.</u> Sec. 3. (1) The office of the state mental health 25 26 ombudsman is hereby created. The office shall be headed by an individual known as the state mental health ombudsman, who shall be 27 selected from among individuals with expertise and experience in the 28 fields of mental health services, policy, and advocacy. 29 The office 30 shall carry out, directly and through the use of mental health 31 ombudsmen, an independent statewide program known as the state mental 32 health ombudsman program.

33 (2) The department shall contract with a private nonprofit 34 organization to operate the office of the state mental health ombudsman 35 and to provide, directly or through subcontracts, mental health 36 ombudsman services as specified under, and consistent with, the 37 medicaid managed care mental health waiver, state law, the goals of the

state, and the needs of its residents. The organization that operates 1 2 the office of the state mental health ombudsman shall select the individual to serve as the state mental health ombudsman, with 3 opportunity for prior stakeholder input, and shall 4 revoke the designation only upon a showing of neglect of duty, misconduct, or 5 inability to perform duties. The department shall ensure that all б 7 program and staff support necessary to enable the mental health ombudsman program to protect the interests of persons with mental 8 illness is provided, directly or through subcontracts, by the 9 organization that operates the office of the state mental health 10 The contracting organization and the office shall not be 11 ombudsman. 12 considered to be state agencies or departments, but instead shall be 13 private entities operating under contract with the state.

14 (3) The department shall designate by a competitive bidding process the organization that will contract to operate the office of the state 15 mental health ombudsman. The selection process shall include direct 16 17 stakeholder participation, including participation from mental health consumers and family members, in the development of the request for 18 proposal, evaluation of bids, and final selection. 19 The department shall ensure that the designated organization is free from conflicts of 20 21 interest and has the demonstrated capacity to ensure that the 22 responsibilities of the office of the state mental health ombudsman are The department shall undertake an annual review of the 23 carried out. 24 designated organization to ensure compliance with the provisions of the 25 The department shall not revoke the designation of the contract. organization operating the office of the state mental health ombudsman 26 27 except upon a showing of neglect of duty, misconduct, or inability to perform duties. Prior to revoking the designation, the department 28 shall provide notice and an opportunity for the organization, the state 29 ombudsman, and the public to comment upon the proposed revocation, and 30 31 shall provide the organization an opportunity to appeal the decision to 32 the director of the department.

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(4) The department shall adopt rules to carry out this chapter.

34 <u>NEW SECTION.</u> **Sec. 4.** The office has the following powers and 35 duties:

36 (1) Establish appropriate procedures: For access by mental health
 37 ombudsmen to all mental health consumers, consistent with section 12 of

1 this act; for ombudsman access to the records of mental health 2 consumers, with provisions to ensure confidentiality, consistent with 3 sections 12 and 13 of this act; and for the protection of the ombudsman 4 program's records and files, consistent with section 13 of this act;

5 (2) Maintain a statewide toll-free telephone number for the receipt 6 of complaints and inquiries;

7 (3) Offer and provide services to assist mental health consumers
8 and their representatives in order to assist in protecting the health,
9 safety, welfare, and rights of mental health consumers;

10 (4) Offer and provide information as appropriate to mental health 11 consumers, family members, guardians and other representatives, 12 employees of mental health providers and facilities, and others 13 regarding the rights of mental health consumers;

14 (5) Identify, investigate, and resolve complaints made by or on 15 behalf of mental health consumers that relate to action, inaction, or 16 decisions which:

17 (a) May adversely affect the rehabilitation, recovery, 18 reintegration, health, safety, welfare, or rights of mental health 19 consumers; and

(b) Involve a mental health provider or facility; a regulatory, governmental, health, or social service agency; a guardian or other representative; a family member; or another mental health consumer, friend, or associate;

(6) Support and encourage mental health consumer participation in treatment planning, delivery, and complaint resolution, both on an individual basis and systemwide, and recruit and support the participation of family members of the mental health consumer, close friends, and guardians and other representatives in the consumer's treatment and complaint resolution, provided the mental health consumer consents to such participation;

31 (7) Represent the interests of mental health consumers before 32 governmental agencies, and seek administrative, legal, and other 33 remedies to protect the health, safety, welfare, and rights of mental 34 health consumers;

(8) Monitor the development and implementation of federal, state,
and local laws, regulations, and policies with respect to mental health
services in this state, and provide information that the office

1 determines to be appropriate to the public, legislators, public and 2 private agencies, and other persons;

3 (9) Provide for the training, certification, and decertification
4 for good cause, of paid and volunteer mental health ombudsmen. Paid
5 mental health ombudsmen may recruit, supervise, and provide ongoing
6 training of certified volunteer mental health ombudsmen, in accordance
7 with the policies and procedures established by the office;

(10) Where necessary to fulfill the purposes of this chapter, 8 subcontract with nonprofit organizations or individuals to perform the 9 functions of mental health ombudsman, provided however, that the state 10 office shall provide services for coordinating the activities of mental 11 12 health ombudsmen throughout the state. The office of mental health 13 ombudsman shall actively recruit mental health consumers to perform the functions of the office, and shall require subcontractors to do the 14 In selecting subcontractors, the office of mental health 15 same. ombudsman shall give preference to individuals and agencies with 16 17 experience and commitment to the support of consumer-directed advocacy;

(11) Establish a statewide uniform reporting system to collect and 18 analyze data relating to complaints, conditions, and service quality 19 provided by mental health providers and facilities, jails, and 20 21 correctional facilities, for the purpose of identifying and resolving 22 significant individual problems and analyzing, developing, and advocating remedies in policy, practice, rule, or legislation for 23 24 systemic problems, with provision for submission of such data to 25 relevant agencies and entities on at least an annual basis, as 26 specified in sections 8 and 9 of this act. This reporting system must 27 be compatible with uniform child and adult consumer service outcomes, where such outcome measures are established; and 28

(12) Carry out such other activities as the department deems
 appropriate. Actively solicit the participation of mental health
 consumers in carrying out the functions identified in this section.

32 <u>NEW SECTION.</u> Sec. 5. All mental health ombudsmen must receive 33 certification by the state mental health ombudsman and have training or 34 experience in the following areas prior to serving as mental health 35 ombudsmen:

36 (1) Mental health programs, other related social services programs,37 and community resources;

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(2) Mental health diagnoses, care, and treatment approaches;

2 (3) Evidence-based practices, and consumer-directed services
3 including peer support and clubhouses;

4 (4) Advocacy and supporting consumer self-advocacy;

5 (5) The legal system; and

6 (6) Dispute resolution techniques, including investigation,7 mediation, and negotiation.

8 <u>NEW SECTION.</u> Sec. 6. (1) All mental health ombudsmen must be free 9 from conflicts of interest, including:

10 (a) No mental health ombudsman shall have been employed by, or 11 participated in the management of, a regional support network or any 12 mental health provider or facility within the past year, except where prior to the effective date of this act he or she has been employed by 13 or volunteered for a regional support network, subcontractor thereof, 14 or a state hospital to provide mental health ombudsman services 15 16 pursuant to the requirements of the federal medicaid managed care 17 mental health waiver, and except where he or she is a mental health The office shall actively recruit persons who provided 18 consumer. ombudsman services through a regional support network, subcontractor 19 20 thereof, or state hospital;

(b) No mental health ombudsman or any member of his or her immediate family may have, or have had within the past year, any significant ownership or investment interest in the provision of mental health services or in a mental health provider or facility;

(c) No mental health ombudsman shall have been employed in a governmental position with direct involvement in the licensing, certification, or regulation of a mental health provider or facility within the past year; and

(d) No mental health ombudsman shall be assigned to a mental health facility in which a member of that ombudsman's immediate family resides.

32 (2) No individual, or immediate family member of such an 33 individual, who is involved in the designation or removal of the state 34 mental health ombudsman, or the designation or revocation of the 35 contractor or subcontractors, or who administers the contractor's or 36 subcontractor's contract, may be an official or employee with responsibility for the licensing, certification, or regulation of
 mental health providers or facilities or may be employed by, own,
 operate, or manage mental health providers or facilities.

<u>NEW SECTION.</u> Sec. 7. (1) Mental health ombudsmen shall act in
accordance with the policies and procedures established by the office,
and shall have the following authority and duties:

7 (a) Offer and provide services to assist mental health consumers
8 and their representatives in order to assist in protecting the health,
9 safety, welfare, and rights of mental health consumers;

(b) Offer and provide information as appropriate to mental health 10 11 consumers, family members of mental health consumers, guardians and 12 other representatives, employees of mental health providers and facilities, and others regarding the rights of mental health consumers. 13 Mental health ombudsmen shall have an outreach plan for reaching mental 14 health consumers, which shall include regular visits to local mental 15 16 health agencies, facilities, clubhouses, and other appropriate 17 locations;

18 (c) Identify, investigate, and resolve complaints made by or on 19 behalf of mental health consumers that relate to action, inaction, or 20 decisions which:

(i) May adversely affect the rehabilitation, recovery, reintegration, health, safety, welfare, or rights of mental health consumers; and

(ii) Involve a mental health provider or facility; a regulatory, governmental, health, or social service agency; a guardian or other representative; a family member; or another mental health consumer, friend, or associate;

(d) Support and encourage mental health consumer participation in treatment planning, delivery, and complaint resolution, both on an individual basis and systemwide, and recruit and support the participation of family members, close friends, guardians, and other representatives in the consumer's treatment and complaint resolution, unless the mental health consumer expressly objects to such participation;

35 (e) Represent the interests of mental health consumers before 36 governmental agencies, and seek administrative, legal, and other

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remedies to protect the health, safety, welfare, and rights of mental
 health consumers; and

3 (f) Perform other duties assigned by the office or its4 subcontractors, consistent with the purposes of this chapter.

5 (2) Mental health ombudsmen shall attempt to resolve complaints 6 informally and at the lowest level possible, using direct discussion 7 with care providers and personnel, complaint and grievance processes, 8 and the fair hearing process if applicable, unless such avenues appear 9 to be futile, not feasible, or not in the interest of the mental health 10 consumer.

11 <u>NEW SECTION.</u> Sec. 8. (1) The office shall provide information 12 relevant to the quality of mental health services, and recommendations 13 for improvements in the quality of mental health services, to regional 14 support networks and the mental health division of the department of 15 social and health services.

16 (2) The mental health division and the regional support networks 17 shall work in cooperation with the office to develop agreements 18 regarding how this quality information will be incorporated into their 19 quality management systems. These agreements must ensure that 20 information related to complaints and grievances conforms to a 21 standardized form.

(3) The office shall ensure that its reports and recommendations 22 are broadly distributed and shall report annually regarding its 23 24 activities, findings, and recommendations to at least the following 25 entities: The mental health division, the mental health advisory 26 board, the state long-term care ombudsman, the state family and children's ombudsman, the state designated protection and advocacy 27 system, the department of community, trade, and economic development, 28 regional support networks, and mental health advocacy groups. 29

30 (4) Regional support networks and the mental health division shall 31 promptly provide the office with demographic information they possess 32 regarding the diversity of individuals applying for, receiving, and 33 being denied services in each region, service utilization information, 34 contract and subcontract requirements, the results of all audits and 35 reviews conducted by the regional support networks or the mental health 36 division, and such other information collected or produced by the

1 regional support networks or the mental health division as may be 2 necessary for mental health ombudsmen in the performance of their 3 duties.

4 (5) Regional support networks and the mental health division shall
5 assist mental health ombudsmen in obtaining entry and meaningful access
6 to mental health providers and facilities, cooperation from their
7 staff, and access to mental health consumers.

8 (6) Regional support networks, state hospitals, and their 9 subcontractors shall respond in writing to all written recommendations 10 regarding quality improvement made by the office within thirty days of 11 issuance, and shall identify what action will be taken in response, and 12 if no action or action other than that which was recommended is taken, 13 the reasons for the variance must be explained in writing.

14 <u>NEW SECTION.</u> Sec. 9. The office shall provide the legislature 15 with an annual report that includes:

16 (1) An identification of the demographic status of those served by 17 the mental health ombudsman program;

18 (2) A description of the issues addressed during the past year and 19 a brief description of case scenarios in a form that does not 20 compromise confidentiality;

(3) An accounting of the monitoring activities by the mental healthombudsman program;

(4) An identification of the results of measurements of consumer
 satisfaction and other outcome measures;

(5) An identification of the numbers of certified volunteer mentalhealth ombudsmen;

(6) An identification of deficiencies in the mental health service
 system and recommendations for remedial action in policy or practice;

29 (7) Recommendations for regulatory action by agencies that would 30 improve the quality of service to individuals with mental illness; and

(8) Recommendations for legislative action that would result in
 improved services to individuals with mental illness.

33 <u>NEW SECTION.</u> **Sec. 10.** Every mental health provider and facility 34 shall post in a conspicuous location a notice providing the office's 35 toll-free number, and the name, address, and phone number of the office 36 of the appropriate local mental health ombudsman if any and a brief

description of the services provided. The form of the notice must be approved by the office. This information must also be distributed to mental health consumers, their legal guardians or representatives, and family members of mental health consumers if appropriate, upon application for mental health provider services and upon admission to a mental health facility.

7 <u>NEW SECTION.</u> **Sec. 11.** (1) The office shall develop referral 8 procedures for mental health ombudsmen to refer appropriate complaints 9 to state or local government agencies, consistent with the 10 confidentiality provisions of this chapter. The state and local 11 agencies shall act promptly on any complaint referred to them by a 12 mental health ombudsman.

13 (2) The department of social and health services shall respond to 14 any complaint against a mental health provider or facility referred to 15 it by a mental health ombudsman and shall forward to that ombudsman a 16 summary of the results of the investigation and action proposed or 17 taken.

18 (3) The office, and its subcontractors if any, shall work in 19 cooperation with the state designated protection and advocacy agency, 20 the long-term care ombudsman program, and the office of children and 21 family ombudsman. The office shall develop and implement working 22 agreements with these advocacy organizations to ensure efficient, 23 coordinated services.

(4) The office shall develop and implement working agreements with
each regional support network, the state psychiatric hospitals, the
mental health division, and such other entities as necessary to
accomplish the purposes of this chapter.

NEW SECTION. Sec. 12. (1) The office shall develop appropriate procedures governing the right of entry of all mental health ombudsmen to mental health providers and facilities, jails, and correctional facilities, for the purpose of carrying out the provisions of this chapter.

33 (2) Mental health ombudsmen shall have private access to all mental 34 health consumers at any time deemed necessary and reasonable by the 35 office to effectively carry out the provisions of this chapter. Mental 36 health ombudsmen shall be provided access to all mental health

consumers receiving or seeking services from mental health providers or 1 2 facilities, and to detainees and inmates of jails and correctional facilities who have a mental illness, with provisions made for privacy, 3 for the purposes of providing information, hearing, investigating, and 4 resolving complaints, and monitoring the quality of mental health 5 services. Access shall be deemed necessary and reasonable during a 6 7 facility's regular visiting hours, other periods the facility or provider is open to the public, and any other time access may be 8 required by the particular complaint or condition to be monitored or 9 10 investigated. Mental health ombudsmen seeking access to jails, juvenile detention facilities, and correctional facilities must 11 successfully pass a criminal history background check as provided by 12 13 chapter 43.43 RCW.

14 (3) Nothing in this chapter restricts any right or privilege of a
15 mental health consumer to receive visitors of his or her choice.
16 Nothing in this chapter restricts, limits, or increases any existing
17 right of an organization or individual not described in subsections (1)
18 and (2) of this section to enter or provide assistance to mental health
19 consumers.

(4) Ombudsmen shall be permitted to review and copy the medical,
 social, legal, and mental health records of a mental health consumer
 if:

(a) The ombudsman has the written permission of the mental healthconsumer or the representative of the consumer;

(b) The mental health consumer is unable to give informed consentto the review and has no representative; or

(c) The representative of an incapacitated mental health consumer refuses to give permission, the ombudsman reasonably believes the representative is not acting in the consumer's best interest, and the ombudsman receives prior written approval from the state mental health ombudsman or his or her designee.

(5) Mental health ombudsmen shall be given prompt and timely access to the mental health consumer's records, which in no case shall be longer than the time period governing the consumer's access to his or her records from the mental health provider or facility. The mental health provider or facility may not refuse access to records to the ombudsman on the basis that it is medically contraindicated or for similar grounds. The identities of other patients, clients, residents, or mental health consumers, if contained in the records of the mental health consumer to which the ombudsman has access, must be redacted prior to review by the ombudsman, if permission is not obtained by the ombudsman from these individuals.

5 (6) The provisions of this section apply to accessing the records 6 of detainees and inmates of jails and correctional facilities who have 7 a mental illness.

8 (7) The office shall have timely access to, and copies when 9 requested of, the licensing, complaint investigation, and certification 10 records maintained by the state with respect to mental health providers 11 and facilities.

12 (8) For any copies obtained under this section, the ombudsman may 13 be charged a reasonable rate, which for public agencies or facilities 14 may not exceed the copying rate adopted under the public disclosure 15 laws, and for private facilities and providers may not exceed the rate 16 charged by commercial copy centers in the community.

17 <u>NEW SECTION.</u> Sec. 13. (1) All records and files, and the 18 information therein, maintained by the mental health ombudsman program 19 shall remain confidential. Any disclosure of ombudsman program records 20 or files is subject to both of the following provisions:

21 (a) No disclosure may be made without the prior approval of the 22 state mental health ombudsman or his or her designee, provided however, 23 that requests to the ombudsman program by mental health consumers or their representatives for assistance in obtaining service or better 24 25 service, or to file a complaint, may be communicated directly by the 26 mental health ombudsman to the mental health provider or facility or oversight entity, without requiring prior approval of the state 27 ombudsman; and 28

(b) No disclosure of the identity or identifying information regarding a mental health consumer, complainant, or witness shall be made unless that individual or his or her representative consents in writing to the disclosure, or disclosure is authorized by court order.

33 (2) Statistics, aggregate data, nonidentifying information and case
 34 studies, and analysis may be disclosed at the discretion of the state
 35 mental health ombudsman or his or her designee.

36 (3) All communications by a mental health ombudsman, if done in 37 good faith and reasonably related to the requirements of the 1 ombudsman's responsibilities under this chapter, are privileged, and 2 that privilege shall serve as a defense to any action in libel or 3 slander.

4 (4) All mental health ombudsmen are exempt from being required to
5 testify in any judicial or administrative proceeding as to any
6 confidential matters or records, except as a court may deem necessary
7 to enforce this chapter.

(5) In monitoring the office and its subcontractors, access to the 8 ombudsman program's files and records, minus identifying information 9 regarding any mental health consumer, complainant, or witness, shall be 10 available to the director or one senior manager of the department or 11 12 the contracting or subcontracting organization in which the state or 13 local ombudsman office is administratively located. The individuals 14 who perform the monitoring function must have no conflict of interest, 15 as provided in section 6 of this act.

16 <u>NEW SECTION.</u> Sec. 14. (1) It is unlawful to willfully interfere 17 with a mental health ombudsman in the performance of his or her duties 18 under this chapter.

(2) No discriminatory, disciplinary, or retaliatory action may be 19 20 taken against an employee of a mental health provider or facility, an 21 employee of a jail or correctional facility, an employee of a public, health, or social service agency, or a mental health consumer or family 22 23 member, for any communication made, or information given or disclosed, 24 to aid a mental health ombudsman in carrying out his or her duties under this chapter. This prohibition does not apply to communications 25 26 or false information provided maliciously or without good faith. This 27 subsection is not intended to infringe on the rights of the employer to supervise, discipline, or terminate an employee for permissible 28 29 reasons.

30 <u>NEW SECTION.</u> Sec. 15. (1) It is the intent of the legislature 31 that the state mental health ombudsman program make reasonable efforts 32 to maintain and improve the current level and quality of mental health 33 ombudsman services, taking into account the transition period from the 34 current system of ombudsman programs within the regional support 35 networks and state hospitals. 1 (2) It is the intent of the legislature that federal medicaid 2 requirements be complied with, and that the department of social and 3 health services no longer provide mental health ombudsman services 4 through the regional support networks effective July 1, 2007.

5 (3) It is the intent of the legislature that commencing July 1, 6 2007, the funds currently expended by the regional support networks 7 through their contracts with the department of social and health 8 services to provide mental health ombudsman services shall be 9 transferred to the department of community, trade, and economic 10 development for use by the office of mental health ombudsman.

NEW SECTION. Sec. 16. Effective July 1, 2007, the department of 11 12 social and health services shall transfer from training funds provided for the ombudsman quality review teams within the mental health 13 division of the department of social and health services for mental 14 15 health ombudsman services through the regional support networks and 16 state hospitals to the department of community, trade, and economic 17 development to provide funding for the office of mental health ombudsman created in this act. 18

19 <u>NEW SECTION.</u> **Sec. 17.** RCW 71.24.350 (Mental health ombudsman 20 office) and 2005 c 504 s 803 are each repealed.

21 <u>NEW SECTION.</u> Sec. 18. If any provision of this act or its 22 application to any person or circumstance is held invalid, the 23 remainder of the act or the application of the provision to other 24 persons or circumstances is not affected.

25 <u>NEW SECTION.</u> Sec. 19. This act takes effect July 1, 2007.

26 <u>NEW SECTION.</u> Sec. 20. Sections 1 through 15 of this act 27 constitute a new chapter in Title 43 RCW.

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