
HOUSE BILL 1991

State of Washington 60th Legislature 2007 Regular Session

By Representatives Sequist, McDonald, Quall, Campbell, Morrell,
Hunt, Upthegrove and Schual-Berke

Read first time 02/02/2007. Referred to Committee on Health Care &
Wellness.

1 AN ACT Relating to a strategic plan to decrease obesity rates; and
2 creating a new section.

3 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

4 NEW SECTION. **Sec. 1.** (1) By January 1, 2010, the state department
5 of health shall draft a strategic plan to decrease obesity rates in
6 children and adults by ten percent. The department shall consult with
7 physicians, health professionals, school educators, worksite wellness
8 and employee benefits counselors, athletic trainers in schools, and
9 professional athletes and trainers.

10 (2) In developing its strategic plan, the department shall address
11 the following:

12 (a) Identify barriers to effective control of obesity including the
13 impact of diet, exercise, and lifestyle;

14 (b) Review the current health effects of obesity and morbid obesity
15 including rampant diabetes and make recommendations on best practices
16 and appropriate clinical guidelines to manage diabetes mellitus;

17 (c) Review current screening, treatment, and related activities in
18 this state related to diabetes and identify gaps in service;

1 (d) Identify actions to be taken to reduce the morbidity and
2 mortality from obesity and morbid obesity, including diabetes, by
3 September 1, 2009; and

4 (e) Establish a timeline for taking those actions.

5 (3) The department shall, by January 1, 2010, report its findings
6 to the legislature and the governor's office. The report shall also
7 include recommended policy and procedural changes, as well as required
8 funding necessary to achieve the goals of the strategic plan.

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