

# HOUSE BILL REPORT

## HB 1134

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**As Reported by House Committee On:**  
Health Care & Wellness

**Title:** An act relating to scope of practice for certified counselors and advisers.

**Brief Description:** Concerning scope of practice for certified counselors and advisers.

**Sponsors:** Representatives Moeller and Harris; by request of Department of Health.

**Brief History:**

**Committee Activity:**

Health Care & Wellness: 1/27/15, 1/30/15 [DP].

**Brief Summary of Bill**

- Replaces references to the previous version of the Diagnostic and Statistical Manual of Mental Disorders with generic language about mental, emotional, or behavioral problems.
- Replaces the specific list of professionals to or from whom a certified adviser or certified counselor may give or accept referrals with a list of professionals defined by the Secretary of Health in rule.
- Specifically prohibits a person from practicing as a certified adviser or certified counselor unless he or she is certified a certified adviser or certified counselor.

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**HOUSE COMMITTEE ON HEALTH CARE & WELLNESS**

**Majority Report:** Do pass. Signed by 13 members: Representatives Cody, Chair; Riccelli, Vice Chair; Schmick, Ranking Minority Member; Harris, Assistant Ranking Minority Member; Caldier, Clibborn, Jinkins, Johnson, Moeller, Robinson, Rodne, Short and Tharinger.

**Minority Report:** Do not pass. Signed by 1 member: Representative DeBolt.

**Staff:** Jim Morishima (786-7191).

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*This analysis was prepared by non-partisan legislative staff for the use of legislative members in their deliberations. This analysis is not a part of the legislation nor does it constitute a statement of legislative intent.*

## **Background:**

In 2008 legislation was passed dealing with the practice of counseling. The legislation eliminated the credential of registered counselor and created eight new credentials, including certified advisers and certified counselors.

The Global Assessment of Functioning (GAF) in the Diagnostic and Statistical Manual of Mental Disorders, fourth edition (DSM-IV) is used when describing the scope of practice of certified counselors and certified advisers. The GAF is a numeric scale used by mental health professionals to evaluate a person's level of functional impairment. The lower the score, the more severe the person's level of functional impairment. For example, a score of 1-10 indicates persistent danger of severely hurting self or others, persistent inability to maintain personal hygiene, or a serious suicidal act. A score of 51-60 indicates moderate symptoms or some difficulty in social, occupational, or school functioning. A score of 91-100 indicates superior functioning in a wide range of activities with no symptoms. The GAF was eliminated from the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders.

The GAF is used when describing the scope of practice for certified advisers and certified counselors in the following ways:

- A certified adviser or certified counselor may use the GAF to screen a client's level of functional impairment—if the client has a score of 60 or less, the certified adviser or certified counselor must refer the client to a physician, osteopathic physician, psychiatric advanced registered nurse practitioner (ARNP), or a licensed mental health practitioner defined by the Secretary of Health (Secretary).
- Certified advisers and certified counselors may counsel and guide a client with a score greater than 60 in adjusting to life situations, developing new skills, and making desired changes, in accordance with the theories and techniques of a specific counseling method and established practice standards.
- Certified counselors (but not certified advisers) may work with clients with a GAF score of 60 or less if:
  - the client has been referred to the certified counselor by a physician, osteopathic physician, psychiatric ARNP, or other licensed mental health care practitioner specified by the Secretary and care is provided as part of a plan of treatment developed by the referring practitioner who is actively treating the client (the certified counselor must also adhere to any conditions related to the certified counselor's role as specified in the plan of care); or
  - the certified counselor referred the client to a physician, osteopathic physician, psychiatric ARNP, or licensed mental health practitioner defined by the Secretary and the client refused in writing to the referral.
- A certified counselor may not be the sole treatment provider for a client with a GAF score of less than 50.

Persons who are not certified advisers or certified counselors are not explicitly prohibited from practicing as certified advisers or certified counselors. However, it has been the policy of the Department of Health to prohibit such unlicensed practice.

## Summary of Bill:

References to the GAF and the DSM-IV are eliminated. Instead, the client's mental, emotional, or behavioral problems will be assessed pursuant to rules adopted by the Secretary.

- A certified adviser or certified counselor may perform a risk assessment or screening of a client's mental, emotional, or behavioral problems using rules adopted by the Secretary—if the client has severe mental, emotional, or behavioral problems, the certified adviser or certified counselor must refer the client to a licensed health care practitioner defined by the Secretary in rule (instead of to a physician, osteopathic physician, psychiatric ARNP, or other mental health practitioner defined by the Secretary).
- Certified advisers and certified counselors may counsel and guide a client with absent or mild mental, emotional, or behavioral problems in adjusting to life situations, developing new skills, and making desired changes, in accordance with the theories and techniques of a specific counseling method and established practice standards.
- Certified counselors may work with clients with moderate mental, emotional, or behavioral problems.
- A certified counselor may not be the sole treatment provider for a client with severe mental, emotional, or behavioral problems. When the client has been referred to the certified counselor by a licensed health care practitioner defined by the Secretary in rule (instead of a physician, osteopathic physician, psychiatric ARNP, or other mental health practitioner defined by the Secretary) and care is provided as part of a plan of treatment developed by the referring practitioner, the certified counselor may work with the client and must adhere to any conditions related to the certified counselor's role as specified in the plan of care.
- The ability of a certified counselor to work alone with clients who refused referrals to other practitioners is eliminated.

Persons who are not certified advisers or certified counselors are explicitly prohibited from practicing as certified advisers or certified counselors.

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**Appropriation:** None.

**Fiscal Note:** Available.

**Effective Date:** The bill takes effect 90 days after adjournment of the session in which the bill is passed.

## Staff Summary of Public Testimony:

(In support) This bill removes obsolete references to the GAF and the DSM-IV. Certified counselors and certified advisers are currently required to use an obsolete tool, which no longer conforms to modern practice standards. This bill allows the scope of practice for these professions to be updated to keep pace with current and future standards. The bill also allows the scope of practice to be updated in collaboration with stakeholders.

(Opposed) None.

**Persons Testifying:** Representative Moeller, prime sponsor; and Martin Mueller, Department of Health.

**Persons Signed In To Testify But Not Testifying:** None.