SECOND SUBSTITUTE HOUSE BILL 2572

State of Washington 65th Legislature 2018 Regular Session

By House Appropriations (originally sponsored by Representatives Cody, Macri, Jinkins, Kagi, Wylie, Slatter, Tharinger, Ormsby, and Robinson)

READ FIRST TIME 02/06/18.

AN ACT Relating to removing health coverage barriers to accessing substance use disorder treatment services; adding a new section to chapter 41.05 RCW; adding a new section to chapter 48.43 RCW; adding a new section to chapter 71.24 RCW; and creating a new section.

5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

<u>NEW SECTION.</u> Sec. 1. (1) The legislature finds that:
(a) Substance use disorders are on the rise in Washington,
affecting victims, families, and communities throughout the state;
(b) Access to effective treatment is a necessary component to

10 helping individuals recover from substance use disorders; and

(c) When individuals are ready for treatment, they should be ableto obtain it with minimal barriers relating to health care coverage.

13 (2) The legislature therefore intends to ensure that there is no 14 wrong door for individuals accessing substance use disorder treatment 15 services by requiring coverage, and prohibiting prior authorization, 16 for certain substance use disorder treatment services.

17 <u>NEW SECTION.</u> Sec. 2. A new section is added to chapter 41.05 18 RCW to read as follows:

19 (1) To the extent that the following services are covered 20 benefits, a health plan, must cover inpatient hospital

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1 detoxification, residential subacute detoxification, inpatient hospital substance use disorder treatment, residential substance use 2 disorder treatment, partial hospitalization substance use disorder 3 treatment, and intensive outpatient substance use disorder treatment 4 for the first twenty-four hours after an enrollee presents for any of 5 6 these services or is referred for any of these services, without 7 imposing utilization management review limitations on coverage, including prior authorization requirements. 8

9 (a) If located in Washington, the treatment facility or program 10 must be licensed or certified by the department of health to deliver 11 the level of care being sought by the enrollee. If located in other 12 states, the facility or program must be licensed or certified by the 13 state agency with the authority to issue credentials for the level of 14 care being sought by the enrollee.

(b) If an enrollee presents without a referral from a hospital or provider, the treatment facility or program must make a good faith effort to confirm and document that a third party did not induce the enrollee to seek treatment in exchange for payment of goods, nonmedical or mental health services, or moneys, provided either to the enrollee or the third party.

(2) The treatment facility or program must provide an enrollee's health plan with notice of admission as soon as practicable after admitting the enrollee, but not later than twenty-four hours after admission. The time of notification does not reduce the requirements established in subsection (1) of this section.

(a) The facility's initial assessment, basis for referral, andinitial planned services must accompany the notice.

(b) Upon receipt of notice of admission and the passage of the first twenty-four hours, as required under subsection (1) of this section, the health plan may initiate its utilization review of the member's need for services, and the remainder of the enrollee's services may be subject to utilization management, including prior authorization, as required by the enrollee's health coverage.

34 (c) If the treatment facility or program is a contracted facility 35 participating in the health plan's provider network, the health plan 36 must conduct any prior authorization or other utilization management 37 review necessary to determine the covered length of stay and course 38 of treatment, as permitted under the enrollee's health plan, on an 39 urgent, expedited basis within twenty-four hours of receipt of all 40 necessary documentation.

1 (3) If the treatment facility or program is not a contracted 2 facility participating in the health plan's provider network, the 3 health plan must inform the enrollee and the enrollee's attending 4 physician that the facility is not in the health plan's provider 5 network, and whether out-of-network coverage is available. Nothing in 6 this section requires a carrier to include out-of-network coverage in 7 a health plan.

8 (a) If the health plan covers out-of-network services, and the 9 enrollee is admitted to an out-of-network facility or program located 10 in Washington, the health plan must pay for a covered mode of 11 transfer to an in-network facility or program without requiring 12 payment or cost sharing from the enrollee. Transport must be provided 13 by an in-network provider.

(b) A health plan is not required to cover transportation from an out-of-state treatment program or facility if the enrollee elects to transfer to an in-state, in-network treatment program or facility.

17 (4)(a) If a health plan determines that the admission to 18 inpatient substance use disorder treatment was not medically 19 necessary or clinically appropriate, the health plan is not required 20 to pay the facility or program for the services delivered after the 21 initial twenty-four hour admission period, subject to the conclusion 22 of any filed appeals of the adverse benefit determination.

(b) If the patient evaluation and plan of care conducted at the 23 facility under (a) of this subsection and the health plan's 24 25 utilization review process identify a need for services other than 26 those available at the inpatient substance use disorder treatment facility or program, the health plan in collaboration with the 27 facility must fully coordinate the arrangements for assuring that the 28 29 enrollee obtains the proper medically necessary or clinically appropriate care. To fully coordinate these arrangements, a health 30 31 plan may need to identify and contact an available program or 32 facility that offers the medically necessary or clinically appropriate care, assist with arranging the admission or initial 33 appointment between the enrollee and the provider, assist with the 34 transfer of health records including the initial evaluation and plan 35 of care, and conduct other activities to facilitate a seamless 36 transition for the enrollee into the appropriate care. 37

(5) A health plan must use evidence-based criteria for assessing
 the medical necessity and clinical appropriateness of an enrollee's
 need for substance use disorder residential treatment.

1 (6) This section does not restrict the right of enrollees to seek 2 emergency medical care requiring stabilization or acute 3 detoxification services from any emergency room or urgent care center 4 without prior authorization.

5 <u>NEW SECTION.</u> Sec. 3. A new section is added to chapter 48.43 6 RCW to read as follows:

7 (1) To the extent that the following services are covered benefits, a health plan, as defined in RCW 48.43.005, must cover 8 inpatient hospital detoxification, residential subacute 9 10 detoxification, inpatient hospital substance use disorder treatment, 11 residential substance use disorder treatment, partial hospitalization substance use disorder treatment, and intensive outpatient substance 12 use disorder treatment for the first twenty-four hours after an 13 enrollee presents for any of these services or is referred for any of 14 15 these services, without imposing utilization management review 16 limitations on coverage, including prior authorization requirements.

(a) If located in Washington, the treatment facility or program must be licensed or certified by the department of health to deliver the level of care being sought by the enrollee. If located in other states, the facility or program must be licensed or certified by the state agency with the authority to issue credentials for the level of care being sought by the enrollee.

(b) If an enrollee presents without a referral from a hospital or provider, the treatment facility or program must make a good faith effort to confirm and document that a third party did not induce the enrollee to seek treatment in exchange for payment of goods, nonmedical or mental health services, or moneys, provided either to the enrollee or the third party.

(2) The treatment facility or program must provide an enrollee's health plan with notice of admission as soon as practicable after admitting the enrollee, but not later than twenty-four hours after admission. The time of notification does not reduce the requirements established in subsection (1) of this section.

34 (a) The facility's initial assessment, basis for referral, and35 initial planned services must accompany the notice.

36 (b) Upon receipt of notice of admission and the passage of the 37 first twenty-four hours, as required under subsection (1) of this 38 section, the health plan may initiate its utilization review of the 39 member's need for services, and the remainder of the enrollee's

services may be subject to utilization management, including prior
 authorization, as required by the enrollee's health coverage.

3 (c) If the treatment facility or program is a contracted facility 4 participating in the health plan's provider network, the health plan 5 must conduct any prior authorization or other utilization management 6 review necessary to determine the covered length of stay and course 7 of treatment, as permitted under the enrollee's health plan, on an 8 urgent, expedited basis within twenty-four hours of receipt of all 9 necessary documentation.

10 (3) If the treatment facility or program is not a contracted 11 facility participating in the health plan's provider network, the 12 health plan must inform the enrollee and the enrollee's attending 13 physician that the facility is not in the health plan's provider 14 network, and whether out-of-network coverage is available. Nothing in 15 this section requires a carrier to include out-of-network coverage in 16 a health plan.

(a) If the health plan covers out-of-network services, and the enrollee is admitted to an out-of-network facility or program located in Washington, the health plan must pay for a covered mode of transfer to an in-network facility or program without requiring payment or cost sharing from the enrollee. Transport must be provided by an in-network provider.

(b) A health plan is not required to cover transportation from an out-of-state treatment program or facility if the enrollee elects to transfer to an in-state, in-network treatment program or facility.

(4)(a) If a health plan determines that the admission to inpatient substance use disorder treatment was not medically necessary or clinically appropriate, the health plan is not required to pay the facility or program for the services delivered after the initial twenty-four hour admission period, subject to the conclusion of any filed appeals of the adverse benefit determination.

32 (b) If the patient evaluation and plan of care conducted at the facility under (a) of this subsection and the health plan's 33 utilization review process identify a need for services other than 34 those available at the inpatient substance use disorder treatment 35 facility or program, the health plan in collaboration with the 36 facility must fully coordinate the arrangements for assuring that the 37 enrollee obtains the proper medically necessary or clinically 38 39 appropriate care. To fully coordinate these arrangements, a health 40 plan may need to identify and contact an available program or

1 facility that offers the medically necessary or clinically 2 appropriate care, assist with arranging the admission or initial 3 appointment between the enrollee and the provider, assist with the 4 transfer of health records including the initial evaluation and plan 5 of care, and conduct other activities to facilitate a seamless 6 transition for the enrollee into the appropriate care.

7 (5) A health plan must use evidence-based criteria for assessing
8 the medical necessity and clinical appropriateness of an enrollee's
9 need for substance use disorder residential treatment.

10 (6) This section does not restrict the right of enrollees to seek 11 emergency medical care requiring stabilization or acute 12 detoxification services from any emergency room or urgent care center 13 without prior authorization.

14 <u>NEW SECTION.</u> Sec. 4. A new section is added to chapter 71.24 15 RCW to read as follows:

16 (1) To the extent that the following services are covered 17 benefits, a behavioral health organization must cover inpatient 18 hospital detoxification, residential subacute detoxification, inpatient hospital substance use disorder treatment, residential 19 20 substance use disorder treatment, partial hospitalization substance 21 use disorder treatment, and intensive outpatient substance use disorder treatment for the first twenty-four hours after a client 22 presents for any of these services or is referred for any of these 23 24 services, without imposing utilization management review limitations 25 on coverage, including prior authorization requirements.

(a) If located in Washington, the treatment facility or program must be licensed or certified by the department of health to deliver the level of care being sought by the client. If located in other states, the facility or program must be licensed or certified by the state agency with the authority to issue credentials for the level of care being sought by the client.

32 (b) If a client presents without a referral from a hospital or 33 provider, the treatment facility or program must make a good faith 34 effort to confirm and document that a third party did not induce the 35 client to seek treatment in exchange for payment of goods, nonmedical 36 or mental health services, or moneys, provided either to the client 37 or the third party.

38 (2) The treatment facility or program must provide a client's
 39 behavioral health organization with notice of admission as soon as

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1 practicable after admitting the client, but not later than twenty-2 four hours after admission. The time of notification does not reduce 3 the requirements established in subsection (1) of this section.

4 (a) The facility's initial assessment, basis for referral, and 5 initial planned services must accompany the notice.

6 (b) Upon receipt of notice of admission and the passage of the 7 first twenty-four hours, as required under subsection (1) of this initiate section, the behavioral health organization may 8 its utilization review of the client's need for services, and the 9 10 remainder of the client's services may be subject to utilization 11 management, including prior authorization, as required by the 12 client's coverage through the behavioral health organization.

(c) If the treatment facility or program is a contracted facility 13 participating in the behavioral health organization provider network, 14 15 behavioral health organization must conduct the any prior authorization or other utilization management review necessary to 16 17 determine the covered length of stay and course of treatment on an 18 urgent, expedited basis within twenty-four hours of receipt of all 19 necessary documentation.

(3) If the treatment facility or program is not a contracted 20 21 facility participating in the behavioral health organization's provider network, the behavioral health organization must inform the 22 client and the client's attending physician that the facility or 23 program is not in the behavioral health organization's provider 24 25 network, and whether out-of-network coverage is available. Nothing in 26 this section requires a behavioral health organization to include out-of-network coverage. 27

(a) If the behavioral health organization covers out-of-network
services, and the client is admitted to an out-of-network facility or
program located in Washington, the behavioral health organization
must pay for a covered mode of transfer to an in-network facility or
program without requiring payment or cost sharing from the client.
Transport must be provided by an in-network provider.

34 (b) A behavioral health organization is not required to cover 35 transportation from an out-of-state treatment program or facility if 36 the client elects to transfer to an in-state, in-network treatment 37 program or facility.

38 (4)(a) If a behavioral health organization determines that the 39 admission to inpatient substance use disorder treatment was not 40 medically necessary or clinically appropriate, the behavioral health

1 organization is not required to pay the facility or program for the 2 services delivered after the initial twenty-four hour admission 3 period, subject to the conclusion of any filed appeals of the adverse 4 benefit determination.

(b) If the patient evaluation and plan of care conducted at the 5 б facility or program under (a) of this subsection and the behavioral health organization's utilization review process identify a need for 7 services other than those available at the inpatient substance use 8 disorder treatment facility or program, the behavioral health 9 organization in collaboration with the facility or program must fully 10 11 coordinate the arrangements for assuring that the client obtains the 12 proper medically necessary or clinically appropriate care. To fully coordinate these arrangements, a behavioral health organization may 13 need to identify and contact an available program or facility that 14 offers the medically necessary or clinically appropriate care, assist 15 16 with arranging the admission or initial appointment between the 17 client and the provider, assist with the transfer of health records 18 including the initial evaluation and plan of care, and conduct other 19 activities to facilitate a seamless transition for the client into 20 the appropriate care.

(5) A behavioral health organization must use evidence-based criteria for assessing the medical necessity and clinical appropriateness of a client's need for substance use disorder residential treatment.

(6) This section does not restrict the right of clients to seek emergency medical care requiring stabilization or acute detoxification services from any emergency room or urgent care center without prior authorization.

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