

HOUSE RESOLUTION NO. 2024-4656, by Representative Thai

1       WHEREAS, More than 877,500 Americans die of heart disease,  
2 stroke, or other cardiovascular diseases every year. Heart disease  
3 and stroke are the first and fifth leading causes of death in the  
4 United States; and

5       WHEREAS, The centers for disease control and prevention (CDC)  
6 estimates that someone in the United States has a heart attack every  
7 40 seconds, but 80 percent of heart attacks are preventable; and

8       WHEREAS, The CDC's Million Hearts Program is a national  
9 initiative to prevent 1,000,000 heart attacks and strokes between  
10 2022 and 2027; and

11       WHEREAS, The CDC views high cholesterol as a modifiable risk  
12 factor for cardiovascular disease, including heart attack and stroke;  
13 and

14       WHEREAS, The American heart association explains that  
15 cardiovascular disease can refer to a number of conditions, including  
16 heart disease, atherosclerosis, heart attack, stroke, heart failure,  
17 arrhythmia, and heart valve problems; and

18       WHEREAS, Among Washington's 35 years of age and older population,  
19 men are hospitalized for heart attacks at nearly twice the rate of  
20 women; and

21       WHEREAS, Heart disease is the second leading cause of death in  
22 Washington; and

1       WHEREAS, One in five women die of heart disease in Washington;  
2 and  
3       WHEREAS, One in four men die of heart disease in Washington; and  
4       WHEREAS, Air pollution is one of many factors that impacts heart  
5 health. Exposure to fine particle pollution contributes to  
6 cardiovascular disease and death. People who breathe in higher levels  
7 of fine particle pollution over a long time have more heart problems,  
8 like heart attacks, than people who breathe in less of this kind of  
9 pollution; and  
10       WHEREAS, Researchers with the family heart foundation found that  
11 despite the availability of effective treatments for high  
12 cholesterol, 71 percent of hypercholesterolemia patients at high risk  
13 for heart attack and stroke never achieve low-density lipoprotein  
14 levels below recommended thresholds; and  
15       WHEREAS, The LDL-C action summit, a consortium of the nation's  
16 leading cardiovascular stakeholder groups, seeks to cut  
17 cardiovascular events in half by 2030; and  
18       WHEREAS, February was first proclaimed national heart health  
19 month by United States president Lyndon B. Johnson in 1964 to focus  
20 on cardiovascular health, raise awareness about the risks of heart  
21 disease, and highlight the possible steps that can be adopted to save  
22 the lives of those countless people and address the unequal burden of  
23 heart disease in overburdened communities;  
24       NOW, THEREFORE, BE IT RESOLVED, That the Washington House of  
25 Representatives urge health care providers to educate the public and  
26 treat all cardiovascular disease patients in accordance with American  
27 college of cardiology treatment guidelines; and  
28       BE IT FURTHER RESOLVED, That the members of this chamber  
29 recognize February as heart health month in Washington state.

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