

SENATE RESOLUTION

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By Senator Rivers

1 WHEREAS, Cardiovascular disease is the leading cause of death in
2 women, claiming more lives than all forms of cancer combined and yet
3 only 44 percent of women recognize that cardiovascular disease is
4 their greatest health threat; and

5 WHEREAS, Among females 20 years and older, nearly 45 percent are
6 living with some form of cardiovascular disease and less than half of
7 women entering pregnancy in the United States have optimal
8 cardiovascular health; and

9 WHEREAS, Cardiovascular disease is the leading cause of maternal
10 death in the United States, or more simply put, heart disease is the
11 Number One killer of new moms; and

12 WHEREAS, Overall, 10 percent to 20 percent of women will have a
13 health issue during pregnancy, and high blood pressure, preeclampsia,
14 and gestational diabetes during pregnancy greatly increase a woman's
15 risk for developing cardiovascular disease later in life; and

16 WHEREAS, Most cardiac and stroke events can be prevented through
17 education and lifestyle changes, such as moving more, eating smart,
18 and managing blood pressure; and

19 WHEREAS, In 2020, stroke caused the deaths of 90,627 females,
20 approximately 56.5 percent of total stroke deaths; and

21 WHEREAS, Women are often less likely to receive bystander
22 CPR because rescuers often fear accusations of inappropriate
23 touching, sexual assault, or injuring the victim; and

1 WHEREAS, There are significant biological differences between men
2 and women, and clinical trials have not always adequately enrolled
3 women or analyzed sex-specific differences in the data, and, as of
4 2020, only 38 percent of cardiovascular clinical research trial
5 participants are women; and

6 WHEREAS, Since 2004, the American Heart Association's Go Red for
7 Women movement has addressed the awareness and clinical care gaps of
8 women's greatest health threat, cardiovascular disease, and, on the
9 cusp of the American Heart Association's 100th anniversary, continues
10 to make bold moves to save lives and pioneer scientific discoveries;

11 NOW, THEREFORE, BE IT RESOLVED, That the Senate of the State of
12 Washington join the American Heart Association in celebrating Friday,
13 February 2, 2024, as National Wear Red Day to support awareness about
14 cardiovascular disease in women.

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