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## HOUSE BILL 1709

State of Washington 69th Legislature 2025 Regular Session

By Representatives Callan, Steele, Goodman, Reed, and Hill Read first time 01/29/25. Referred to Committee on Education.

- 1 AN ACT Relating to the care of students with adrenal 2 insufficiency by parent-designated adults; adding a new section to
- 3 chapter 28A.210 RCW; and creating a new section.
- 4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
- NEW SECTION. Sec. 1. (1)(a) The legislature recognizes that not every public school has a full-time school nurse and that there are restrictions on who can provide nursing care, including medication administration, to students.
  - (b) The legislature further recognizes that parent-designated adults are volunteers, who may be school employees, and who provide care for the student consistent with the student's individual health plan. Legislation enacted in 2002 authorized parent-designated adults to provide care for students with diabetes. Legislation enacted in 2013 authorized parent-designated adults to provide care for students with seizure disorders, including epilepsy.
- (2) The legislature finds that adrenal insufficiency is a rare condition in which the adrenal glands do not produce enough cortisol. If cortisol levels drop too low, which can happen when a person is stressed, ill, or injured, a person will experience abdominal pain, fatigue, dizziness, and ultimately go into shock. Acute severe adrenal insufficiency is a life-threatening situation that requires

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- 1 emergency treatment with cortisol or similar medication to prevent 2 shock or other severe complications.
- 3 (3) Therefore, the legislature intends to authorize parent-4 designated adults to provide care for students with adrenal 5 insufficiency.
- 6 <u>NEW SECTION.</u> **Sec. 2.** A new section is added to chapter 28A.210 7 RCW to read as follows:
- A parent-designated adult may provide care for students with adrenal insufficiency, if needed. Requirements for parent-designated adult eligibility, limitations on supervision, and related provisions are provided in RCW 28A.210.260(1)(h).

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