

HOUSE RESOLUTION NO. 2025-4633, by Representatives Thai, Callan, Zahn, Walen, Ryu, Thomas, Marshall, Bronoske, Salahuddin, Obras, Fosse, and Scott

1 WHEREAS, An estimated 54 million Americans have osteoporosis or
2 low bone mass, and studies suggest that approximately one in two
3 women and up to one in four men aged 50 and older will break a bone
4 due to osteoporosis; and

5 WHEREAS, Osteoporosis-related bone fractures account for more
6 hospitalizations than heart attacks, strokes, or breast cancer; and

7 WHEREAS, Osteoporosis is often referred to as a "silent disease"
8 because individuals cannot feel their bones weakening; and

9 WHEREAS, Timely bone health screening, diagnosis, and treatment
10 can help prevent fractures that may lead to hospitalizations and
11 long-term nursing home stays; and

12 WHEREAS, Cost-effective postfracture care, which improves care
13 coordination, has been shown to reduce the number of subsequent or
14 repeat fractures; and

15 WHEREAS, Osteoporosis and the associated broken bones are not an
16 inevitable part of aging—building strong bones begins in childhood
17 and remains essential throughout life, with peak bone mass typically
18 reached by early adulthood; and

19 WHEREAS, Optimum bone health and osteoporosis prevention can be
20 achieved through a balanced diet rich in calcium and vitamin D,
21 weight-bearing and muscle-strengthening exercises, and a healthy
22 lifestyle free from smoking and excessive alcohol consumption; and

1 WHEREAS, Raising awareness about bone health among the public,
2 health care professionals, and policymakers is vital to reducing the
3 prevalence and impact of osteoporosis;

4 NOW, THEREFORE, BE IT RESOLVED, That the House of Representatives
5 recognize and appreciate the ideals, goals, and activities of
6 National Bone Health and Osteoporosis Month in May; and

7 BE IT FURTHER RESOLVED, That the House of Representatives
8 encourage the observation of appropriate health programs and
9 activities to promote bone health and the prevention of osteoporosis
10 throughout life.

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12 I hereby certify this to be a true and correct copy of
13 Resolution 4633 adopted by the House of Representatives
14 February 28, 2025
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Bernard Dean, Chief Clerk