HOUSE RESOLUTION NO. 2026-4696, by Representatives Ryu, Thomas, Street, Parshley, Thai, Stearns, Santos, Timmons, Gregerson, and Zahn

WHEREAS, Kimchi is a traditional Korean dish with a long, rich history beginning over 2,000 years ago during the time of the three kingdoms of Korea; and

WHEREAS, "Kimjang," the process by which kimchi is prepared, has been recognized as an Intangible Cultural Heritage of Humanity by the United Nations Educational, Scientific, and Cultural Organization; and

WHEREAS, Kimchi is found for sale across the United States at major retailers and is becoming an international staple as an excellent source of probiotics, filate, beta-carotene, choline, potassium, calcium, and vitamins A, C, and K, many of which contribute to lower rates of stroke, cancer, and diabetes; and

WHEREAS, The growing interest in and popularity of kimchi as a dish in the United States, as evidenced by an increase in available kimchi-related products, menu items, and interest from non-Korean consumers, represents a positive example of multicultural exchange; and

WHEREAS, South Korea celebrates "National Kimchi Day" on November 22nd, representing the 11 major ingredients and 22 health benefits of the dish; and

WHEREAS, Washington state has the fifth highest concentration of Korean Americans in the United States, and this growing community has greatly contributed to the vibrant, diverse culture of the state;

NOW, THEREFORE, BE IT RESOLVED, That the House of Representatives celebrate November 22nd as Kimchi Day in recognition of the history and importance of a beloved food staple first introduced in Washington state by the Korean American community.

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