

SENATE RESOLUTION

8610

By Senators Harris, Goehner, Torres, Boehnke, and Wagoner

1 WHEREAS, More than 350,000 people experience cardiac arrest
2 outside of a hospital each year and about 70 percent happen at home;
3 and only about 1 in 10 survive; and more than 23,000 children under
4 the age of 18 experience cardiac arrest outside of a hospital each
5 year in the United States and almost 40 percent of these are sports
6 related; and

7 WHEREAS, CPR, especially if performed immediately, can double or
8 triple a person's chance of survival; and only about 46 percent of
9 people who experience cardiac arrest receive CPR from people nearby
10 while waiting for emergency responders to arrive; and

11 WHEREAS, There are effective solutions to this problem -
12 awareness and education to have cardiac emergency response plans in
13 place, CPR education, and automated external defibrillator (AED)
14 training and accessibility; and

15 WHEREAS, Knowing how to properly perform CPR has encouraged more
16 people to act when faced with a cardiac emergency and to save more
17 lives from cardiac arrest outside of a hospital, we must increase the
18 number of people who respond to cardiac arrest by calling 911,
19 delivering high-quality CPR, and using an AED as soon as it is
20 available; and

21 WHEREAS, The American Heart Association has set a goal of
22 doubling the survival from cardiac arrest by 2030 by turning
23 bystanders into lifesavers, so that everyone, everywhere is prepared

1 and empowered to become a vital link in the chain of survival
2 and provide CPR in response to a cardiac emergency; and

3 WHEREAS, In celebration of American Heart Month, we urge
4 every household to join the Nation of Lifesavers and learn CPR;

5 NOW, THEREFORE, BE IT RESOLVED, That the Senate of the state
6 of Washington, in recognition of the importance of the ongoing
7 fight against heart disease and stroke and the effort to double
8 the survival rate from cardiac arrest, do hereby proclaim
9 February 2025 to be American Heart Month.

10 I, Sarah Bannister, Secretary of the Senate,
11 do hereby certify that this is a true and
12 correct copy of Senate Resolution 8610,
13 adopted by the Senate
14 February 24, 2025

15 SARAH BANNISTER
16 Secretary of the Senate