- WAC 296-876-40025 Climbing and descending. (1) You must have both hands free to hold on to the ladder.
 - (2) You must face the ladder when climbing or descending.
- (3) You must keep ladders free of oil, grease, or other slippery materials.
- (4) You must keep the area around the top and bottom of ladders clear.
 - (5) You must make sure single-rail ladders are not used.

[Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050, 49.17.060, and chapter 49.17 RCW. WSR 14-09-095, § 296-876-40025, filed 4/22/14, effective 7/1/14. Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050, 49.17.060. WSR 05-20-068, \$ 296-876-40025, filed 10/4/05, effective 1/1/06.]