

WAC 388-97-1120 Meal provision. The nursing home must:

- (1) Provide a minimum of three meals in each twenty-four period, at regular times similar to normal meal times in the community;
- (2) Make fresh fruits and vegetables, in season, available to residents on a daily basis;
- (3) Make reasonable efforts to:
 - (a) Accommodate individual mealtime preferences and portion sizes, as well as preferences for between meal and evening snacks when not medically contraindicated;
 - (b) Offer a late breakfast or an alternative to the regular breakfast for late risers; and
 - (c) Provide food consistent with the cultural and religious needs of the residents.
- (4) Use input from residents and the resident council, if the nursing home has one, in meal planning, scheduling, and the meal selection process.

[Statutory Authority: Chapters 18.51 and 74.42 RCW and 42 C.F.R. 489.52. WSR 08-20-062, § 388-97-1120, filed 9/24/08, effective 11/1/08.]