

**WAC 388-891A-0769 What is instruction in self-advocacy? (1)**

Self-advocacy instruction provides opportunities for students with disabilities to learn about rights, responsibilities, and how to request accommodations or services and supports needed during the transition from secondary to postsecondary education and employment. Self-advocacy instruction teaches students with disabilities to articulate their needs and make informed decisions about the supports necessary to meet those needs.

(2) Self-advocacy instruction may include peer mentoring from individuals with disabilities working in competitive integrated employment. Examples of self-advocacy instruction include but are not limited to workshops or job clubs in areas such as:

- (a) Developing goals;
- (b) Time management and organization;
- (c) Balanced life planning;
- (d) Peer support;
- (e) Mentoring groups;
- (f) Accessing community resources such as health care, recreation, and social opportunities; and
- (g) Using assistive technology to manage life skills.

[Statutory Authority: RCW 74.29.020(8) and 34 C.F.R., Parts 361, 363, 397. WSR 18-12-035, § 388-891A-0769, filed 5/29/18, effective 6/30/18.]