

**WAC 388-101D-0630 What must a group training home consider when providing nutritional services?** (1) The group training home must:

- (a) Serve breakfast, lunch, and dinner each day;
  - (b) Provide twenty-four hour access to snacks and beverages, including nutritious options and options preferred by the client;
  - (c) Provide a special diet, if ordered by a healthcare professional, such as low sodium, general diabetic, and mechanical soft food diets;
  - (d) Provide prescribed nutrient concentrates and supplements when prescribed in writing by a healthcare practitioner; and
  - (e) Maintain a sufficient supply of food at all times.
- (2) The group training home must plan meals that accommodate the client's preferences and support the client's choice.
- (3) The group training home must provide meals, snacks, and beverages that, if applicable, address each client's:
- (a) Nutritional needs;
  - (b) Food allergies and sensitivities; and
  - (c) Need for altered diet due to a risk of choking or aspiration.

[Statutory Authority: RCW 71A.12.030, 71A.12.120, 71A.12.040 and 71A.22.010. WSR 18-23-101, § 388-101D-0630, filed 11/20/18, effective 1/1/19.]